

Form 51-102F3
Material Change Report

Item 1 Name and Address of Company

Alternate Health Corp.
309 - 1485 West 6th Avenue
Vancouver, BC V6H 4G1

Item 2 Date of Material Change

August 9, 2017 and August 4, 2017

Item 3 News Release

A news release was issued by Alternate Health Corp. on August 14, 2017.

Item 4 Summary of Material Change

**ALTERNATE HEALTH CORP. ANNOUNCES
ANNUAL GENERAL MEETING RESULTS**

Toronto, ON, August 14, 2017 – [Alternate Health Corp.](#) (the 'Company') (CSE: AHG) (OTC:AHGIF) is pleased to announce that all of the resolutions put forth at the Company's Annual General Meeting of Shareholders (the 'Meeting') held on August 9, 2017 have been approved. In addition to the standard annual shareholder resolutions which include setting the number of directors, the election of the directors of the Company, and the appointment of BDO Canada, LLP, as auditors for the coming year, the Company's shareholders approved and ratified the Company's 15% rolling stock option plan, as amended and restated on August 4, 2017. A majority of votes cast, by disinterested shareholders, was received on this resolution.

At the Meeting, the following directors were elected; and directly after the meeting the Board of Directors appointed the following Officers:

Directors:

James Tykoliz
Jim Griffiths
Michael Murphy
Bernie Rice
Michael Klipper
Kristin Taylor

Officers:

Michael Murphy, Chief Executive Officer and Chairman
Jim Griffiths, Chief Financial Officer
Marcelin O'Neill, Chief Compliance Officer
Jade Green – Vice President, Sales and Marketing

Stock Options:

In connection with the news release disseminated on August 4, 2017, the Company wishes to update the number of options granted as 330,000 stock options exercisable at \$2.90 per share for 5 years.

Item 5 Full Description of Material Change

See the news release attached as Schedule "A" hereto.

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51 102

Not Applicable.

Item 7 Omitted Information

Not Applicable.

Item 8 Executive Officer

To obtain further information please contact Marcelin O'Neill at 604.569.4969.

ITEM 9. DATE OF REPORT

DATED at Vancouver, BC this 14th day of August, 2017.

 /s/ "Marcelin O'Neill"

Marcelin O'Neill
Chief Compliance Officer



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About Alternate Health Corp.

Alternate Health Corp. (CSE: AHG, OTCQB: AHGIF) is an international medical cannabis company that uses best in class software technology, research, education, production and laboratories to increase the awareness, regulatory compliance, and appropriate usage of cannabinoids in modern medical practices. The company is strategically positioned in all facets of the medical cannabis/CBD value chain through the innovative integration of proprietary technology and know-how, acquisitions and partnerships, deep direct knowledge of and experience with improving patient outcomes, and management expertise.

Alternate Health is well positioned to reinvest internal operating cash flow in its platform over the long term, creating an attractive investment profile for its shareholders. The company is headquartered in Dallas with operations in Los Angeles, San Antonio and Toronto.

For more information about Alternate Health Corp., visit www.alternatehealth.ca

Investor Relations Contact:

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Neither the CSE nor its Regulation Services Provider (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release. Statements included in this announcement, including statements concerning our plans, intentions and expectations, which are not historical in nature are intended to be, and are hereby identified as “forward-looking statements”. Forward-looking statements may be identified by words including “anticipates”, “believes”, “intends”, “estimates”, “expects” and similar expressions. The Company cautions readers that forward-looking statements, including without limitation those relating to the Company’s future operations, business prospects and financing plans, are subject to certain risks and uncertainties that could cause actual results to differ materially from those indicated in the forward looking statements