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WINSTON RESOURCES COMPLETES NI43-101 TECHNICAL REPORT ON ETAMAME NICKEL PROJECT

Toronto, Ontario, July 23, 2012 - Winston Resources Inc. (CNSX: WRW) ("Winston") is pleased to announce that it has received a NI43-101 Technical Report (the "Report") on its 100% owned Etamame Nickel Project ("Etamame"). The Report was prepared by the Sibley Basin Group and authored by Alan Aubut P. Geo, and incorporates the VTEM AEM survey conducted by Geotech, and an interpretation report and drilling recommendation analysis by Stephen Balch, consulting geophysicist at Balch Exploration Consulting ("Balch")

The Report recommends that the most significant electromagnetic targets, with a close magnetic association, be tested by drilling. It concurs with the recommendations made by Balch for a minimum diamond drilling program of 1,250 meters with 10 exploration drillhole locations. Further, it recommends a drilling budget of \$600,000. The full report is available for review on Winston's profile on Sedar and on its website www.WinstonResourcesInc.com

"This NI43-101 Report confirms our belief that Etamame represents a highly prospective potential nickel deposit that justifies a drilling program, and we intend to follow the recommendations of the report and plan to drill the project accordingly" said Danny Wettreich, CEO of Winston.

Etamame is located in the Lingman Lake Greenstone belt area about 47 kilometres west of Sachigo Lake in Northwestern Ontario, Canada, and consists of 10 claim blocks totalling 142 claim units that have not previously been drilled. Winston acquired the project on June 27, 2012, as well as the Geotech airborne survey, and commissioned the Report to provide a framework upon which a project development program can be established.

Alan Aubut, P. Geo., the author of the Etamame Technical Report, is the Qualified Person responsible for the scientific and technical work (as defined under National Instrument 43-101) discussed in this press release, and has reviewed and approved the content herein. Mr. Aubut is independent of Winston Resources Inc.

About Winston Resources

Winston is a Toronto based mineral company primarily focused on developing its 100% owned Elmtree Gold Project in New Brunswick, Canada, as well as the acquisition and development of other Canadian natural resource properties from joint ventures.

For more information please see www.WinstonResourcesInc.com or contact Danny Wettreich at (416) 628 9879 or dw@WinstonResourcesInc.com

Forward-Looking Information: This press release may include forward-looking information within the meaning of Canadian securities legislation, concerning the business and trading in the common stock of Winston Resources Inc. The forward-looking information is based on certain key expectations and assumptions made by the company's management. Although the company believes that the expectations and assumptions on which such forward-looking information is based are reasonable, undue reliance should not be placed on the forward-looking information because the company can give no assurance that they will prove to be correct. These forward-looking statements are made as of the date of this press release and the company disclaims any intent or obligation to update publicly any forward-looking information, whether as a result of new information, future events or results or otherwise, other than as required by applicable securities laws.

The CNSX has not reviewed, approved or disapproved the content of this press release