

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: Shoal Point Energy Ltd. (the "Issuer").

Trading Symbol: SHP

Number of Outstanding Listed Securities: 214,016,103

Date: November 7, 2011

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. **Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.**

During the month operations continued on the Shoal Point 3K-39 well in western Newfoundland.

2. Provide a general overview and discussion of the activities of management.

The Issuer's management was involved with planning, organizing, financing and drilling the 3K-39 drilling operation.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

During the month, Shoal Point Energy Ltd. continued with the evaluation, deepening and testing of the 3K-39 well at Shoal Point, Western Newfoundland.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

See Question #3

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

During the month, the Company closed an agreement with Canadian Imperial Venture Corp ("CIVC") to acquire all of CIVC's interests in the West Newfoundland oil-in-shale project. The purchase includes the 19.25% interest in EL 1070, site of the recently-drilled Shoal Point 3K-39 well, CIVC's interest in the Farmin Agreement regarding EL 1120, and, CIVC's interest in the regional Area of Mutual Interest Agreement which had been signed on April 13, 2011. The completion of this transaction will give Shoal Point a **100%** working interest in the shallow rights covering the approximately 150,000 acres of Green Point shale in EL 1070 and an **80%** working interest in the 67,298 acres of Green Point shale in EL 1120 upon satisfying the terms of the Farmin Agreement with Ptarmigan Energy Ltd., which has been described in earlier press releases. Shoal Point will also be free to acquire other property interests in the area on its own.

The consideration paid to CIVC is 20 million units, one unit consisting of one common share and one-half common share purchase warrant, where a full warrant allows the holder to acquire an additional common share at a price of \$0.40 for 2 years. In addition, Shoal Point will pay to CIVC \$300,000 on closing, a further \$200,000 (or 1 million common shares at

the option of Shoal Point) 6 months after closing. Pursuant to this agreement, the current obligations of approximately \$2.6 million owed by CIVC to Shoal Point in respect of exploration costs related to Well 3K-39 will be cancelled. Shoal Point has also agreed that as part of this transaction, CIVC has the right to nominate one person to the Board of Shoal Point.

6. **Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.**

N/A

7. **Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.**

See #5

8. **Describe the acquisition of new customers or loss of customers.**

N/A

9. **Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.**

None

10. **Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.**

During the month, the Company engaged the services of Russell Compton to be the senior operations manager for the company with responsibility for overseeing all aspects of Shoal Point's drilling and testing operations. Mr. Compton will also assume responsibility for planning future drilling projects, including the planned exploration well on EL 1120 which is scheduled for 2012. He started work at Shoal Point full time effective Oct. 11, 2011.

11. **Report on any labour disputes and resolutions of those disputes if applicable.**

None

12. **Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim,**

the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None

14. Provide details of any securities issued and options or warrants granted.

The consideration paid to CIVC is 20 million units, one unit consisting of one common share and one-half common share purchase warrant, where a full warrant allows the holder to acquire an additional common share at a price of \$0.40 for 2 years. In addition, Shoal Point will pay to CIVC a further \$200,000 (or 1 million common shares at the option of Shoal Point, which has been issued in trust) 6 months after closing.

A first tranche of a 25,000,000-unit placement occurred during the month with 3,125,000 units and 5,556,000 flow through units closing, raising \$1,500,080. Each Unit consisting of one common share in the capital of the Corporation (each, a **"Common Share"**) or one flow through common share, and one-half of one Common Share purchase warrant (each, a **"Warrant"**). Each whole Warrant shall entitle the holder thereof to purchase one Common Share for a period of eighteen (18) months from the Closing Date at a price of CDN \$0.30 per Common Share.

A second tranche of the 25,000,000 unit placement occurred during the month with 3,834,375 units and 2,535,694 flow through units closing, raising \$1,069,925. Each Unit consisting of one common share in the capital of the Corporation (each, a **"Common Share"**) or one flow through common share, and one-half of one Common Share purchase warrant (each, a **"Warrant"**). Each whole Warrant shall entitle the holder thereof to purchase one Common Share for a period of eighteen (18) months from the Closing Date at a price of CDN \$0.30 per Common Share.

A third tranche of the 25,000,000 unit placement occurred during the month with 500,000 units and 1,006,000 flow through units closing, raising \$261,080. Each Unit consisting of one common share in the capital of the Corporation (each, a **"Common Share"**) or one flow through common share, and one-half of one Common Share purchase warrant (each, a **"Warrant"**). Each whole Warrant shall entitle the holder thereof to purchase one Common Share for a period of eighteen (18) months from the Closing Date at a price of CDN \$0.30 per Common Share.

15. Provide details of any loans to or by Related Persons.

None

16. Provide details of any changes in directors, officers or committee members.

None

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Issuer is in the business of exploring and developing oil and gas properties, which is a highly speculative endeavour characterized by a number of significant risks over which the company has no control, such as the price of various commodities, availability of capital, and political risk. At this time commodity prices are volatile and availability of capital from public markets limited.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated November 7, 2011.

George Langdon
Name of Director or Senior
Officer

"George Langdon"
Signature
President
Official Capacity

Issuer Details		For Month End	Date of Report YY/MM/D
Name of Issuer Shoal Point Energy Ltd.		October 31, 2011	2011/11/07
Issuer Address: 65 Queen Street West, Suite 501			
City/Province/Postal Code Suite 501, 65 Queen Street West Toronto, ON M5H 2M5		Issuer Fax No. (647) 438-6246	Issuer Telephone No. (416) 637-2181
Contact Name Brian Murray	Contact Position CFO	Contact Telephone No. (416) 985-7810	
Contact Email Address bmurray@shoalpointenergy.com	Web Site Address www.shoalpointenergy.com		