

FORM 7
MONTHLY PROGRESS REPORT

Name of CNQ Issuer: (the "Issuer"). **TRIANGLE MULTI SERVICES CORPORATION**

Trading Symbol: **TTM**

Number of Outstanding Listed Securities: **17,470,003 Class A Shares**

Date: **May 31, 2009**

There is nothing to report for the month.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNQ that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNQ Requirements (as defined in CNQ Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated June 2, 2008

Bruce Lewis

Name of Director or Senior Officer



Signature

President

Official Capacity

Issuer Details		For Month End	Date of Report
Name of Issuer			YY/MM/D
Triangle Multi-Services Corporation		May 2009	2009/06/02
Issuer Address			
20 Eglinton Avenue East, Suite 480			
City/Province/Postal Code	Issuer Fax No	Issuer Telephone No	
Toronto, Ontario M4P 1A9	(416) 667-9091	(416) 667-9017	
Contact Name	Contact Position	Contact Telephone No	
Ronald Haller	CMA	(416) 363-1240	
Contact Email Address		Web Site Address	
Queenfil2004@yahoo.ca		N/A	