FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: Magna Resources Ltd. (the "Issuer").

Trading Symbol: MNA

Number of Outstanding Listed Securities: 10,010,000

Date: Month ended October 31, 2009 Date of Report November 5, 2009

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

During October 2009, the Issuer has continued to work to progress the receipt of the prospecting permit applications in Arizona and Utah held by American Potash LLC's ("American Potash") under option from Sweetwater River Resources LLC ("Sweetwater").

2. Provide a general overview and discussion of the activities of management.

During October 2009, Management has continued to work with Confederation Minerals Ltd. ("Confederation") to progress the receipt of the prospecting permit applications in Arizona and Utah held by American Potash under option from Sweetwater. Since announcing the Option Agreement on June 3, 2009, American Potash has received approval for five potash mineral exploration permits and the request for plan of operations for a further eight permits from the Arizona State Land Department. See the Issuer's July 21, 2009 press release.

During the month, Management has also continued to negotiate the terms of the LLC operating agreement for American Potash with Confederation. Further particulars are disclosed in the Issuer's news release dated June 3, 2009.

Describe and provide details of any new products or services developed or offered. For
resource companies, provide details of new drilling, exploration or production programs
and acquisitions of any new properties and attach any mineral or oil and gas or other
reports required under Ontario securities law.

None during this period.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None during this period.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None during this period.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None during this period.

8. Describe the acquisition of new customers or loss of customers.

Not applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

Not applicable.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

Not applicable.

11. Report on any labour disputes and resolutions of those disputes if applicable.

Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not applicable.

14. Provide details of any securities issued and options or warrants granted.

Not applicable.

15. Provide details of any loans to or by Related Persons.

Not applicable.

16. Provide details of any changes in directors, officers or committee members.

Not applicable.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The state of the economy and capital markets may impact on the Issuer's ability to raise the funds necessary to meet its share of the option payments under the Option Agreement and its share of the initial exploration budget on the properties, estimated to be up to US\$2.0 million. If the Issuer cannot raise sufficient funds to

meet these obligations it will not be able to acquire the permits and its interest in American Potash will be diluted or may be lost in its entirety.

The potash market has certain significant structural and market challenges for new entrants. Good deposits that are economical to mine are rare and barriers to entering the industry are high: significant upfront and continuing capital investment and at least seven years are required to bring a new conventional mine to production. However, government involvement in and ownership of the industry are low. If the Issuer exercises the option and acquires the permits with Confederation, there is no assurance that the properties will contain an economically viable deposit or, if the properties do contain an economically viable deposit, that the Issuer will be able to raise sufficient capital to mine the deposit.

The viability and profitability of developing the properties will also depend on, among other factors, continued global demand and a favorable price for potash. Rising prices have encouraged potash producers to increase production through expansion and development projects. If supply increases faster than world consumption, prices could be depressed for a prolonged period. Fluctuations in demand are characteristic of this market and there is no assurance that global demand will continue to increase or that potash prices will continue to be favorable.

Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: November 5, 2009

Darryl Yea

Name of Director or Senior Officer

"Darryl Yea"

Signature

Director

Official Capacity

Issuer Details		Date of Report
Name of Issuer Magna Resources Ltd.	For Month End October 31, 2009	YY/MM/D 2009/11/05

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