FORM 7

MONTHLY PROGRESS REPORT

Name of CNQ Issuer: LA IMPERIAL RESOURCES INC. (the "Issuer").

Trading Symbol: LAI

Number of Outstanding Listed Securities: 12,085,970

Date: October 1, 2013 for September 30, 2013

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNQ Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNQ.ca website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNQ Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

The Company is a reporting issuer in British Columbia, Alberta and Ontario and its shares are listed on the CNQ Stock Exchanges under the symbol LAI. The Company is a Canadian based exploration company that is



currently focused on exploring and developing precious and base metals properties in Mexico

Presently management is concentrating its efforts on listing the Company on the TSX Ventures Exchange and preparations toward carrying out the first phase of the recommended work program on the Property

2. Provide a general overview and discussion of the activities of management.

The Company continues to organize exploration permitting and administrative activities.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None

8. Describe the acquisition of new customers or loss of customers.

Not Applicable

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.



10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

Not Applicable

11. Report on any labour disputes and resolutions of those disputes if applicable.

None

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

A former director has filed a claim against the company for outstanding consulting fees. The company has filed a statement of defense disputing the claim in its entirety.

This claim has been settled.

A former law firm has filed claim for outstanding fees. The company has filed statement of defense disputing the claim.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

The issuer received unsecured loans from shareholders that are non related parties. However, the Issuer in its normal course of business activities may accumulate indebtedness from time to time in the form of fees for services and management fees and operating expenses, as is regularly reported in the Issuer's financial statements. The indebtedness created by the accumulation of service and management fees, operating costs or any type of indebtedness can be settled with the completion of a financing, loan or with benefits of a successful business transaction. The issuer is in the process of trying to reduce its payables.

Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾
None			

(1) State aggregate proceeds and intended allocation of proceeds.



- 14. Provide details of any loans to or by Related Persons.None
- 15. Provide details of any changes in directors, officers or committee members
 .David Ross is no longer a director of the company.
 Tena McEachen appointed Director & CFO December 14, 2011.
- Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.None



Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to CNQ that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNQ Requirements (as defined in CNQ Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: October 1, 2013.

Marilyn Miller Name of Director or Senior Officer

Signature President

Official Capacity

Issuer Details	For Month End	Date of Report	
Name of Issuer		YY/MM/D	
	September 30, 2013		
La Imperial Resources Inc		2013/10/01	
Issuer Address			
Suite 600-666 Burrard Street			
City/Province/Postal Code	Issuer Fax No.	Issuer Telephone No.	
	(604)689-9610	(604) 689-9600	
Vancouver, British Columbia V6C 2X8			
Contact Name	Contact Position	Contact Telephone	
		No.	
Marilyn Miller	Director		
		604-689-9600	



Contact Email Address	Web Site Address	
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