

## FORM 7

### MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **First Sahara Energy Inc. (“First Sahara”)**

Trading Symbol: FSE

Number of Outstanding Listed Securities: **10,724,789**

Date: August 6, 2013

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

#### **General Instructions**

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term “Issuer” includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

#### **Report on Business**

1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

#### **During July 2013, the Company:**

- **Continued the process of evaluating international oil and gas opportunities**

- **Announced a proposed private placement financing of up to \$500,000.**
  - **Commenced a re-evaluation of the Company's New Brunswick properties**
2. Provide a general overview and discussion of the activities of management. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

**Management of PetroWorth was involved in the following activities:**

- **Attending meetings with appropriate government officials overseas to continue the process of pursuing international oil & gas opportunities**
  - **Meeting with potential investors for the proposed private placement financing.**
  - **Re-evaluating the New Brunswick properties to determine the viability of getting the oil and gas from the E-08 well to market.**
3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required un Ontario securities law.

**Nothing applicable**

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

**Nothing applicable**

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

**No new business relationships were entered into during this period.**

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

**No contracts or agreements between PetroWorth and any other parties expired or were terminated during this period.**

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or

the disposition was to a Related Person of the Issuer and provide details of the relationship.

**None this period**

8. Describe the acquisition of new customers or loss of customers.

**Not applicable**

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

**Not applicable**

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

**None during this period**

11. Report on any labour disputes and resolutions of those disputes if applicable.

**Not applicable**

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

**First Sahara did not become a party to any legal proceedings during this period.**

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

**No indebtedness occurred during this period**

14. Provide details of any securities issued and options or warrants granted.

**No securities were issue or any options granted during this period.**

15. Provide details of any loans to or by Related Persons.

**No loans were made to or by Related Persons during this period.**

16. Provide details of any changes in directors, officers or committee members.

**No changes in directors, officers or committee members**

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

**The price of oil and particularly natural gas will impact the revenues generated by any production from PetroWorth's properties onshore eastern Canada.**

## Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated August 6, 2013

David Stadnyk

Name of Director or Senior  
Officer

Signed \_\_\_\_\_  
Signature

Director \_\_\_\_\_  
Official Capacity

<b>Issuer Details</b>		For Month	Date of Report
Name of Issuer		End July	07/08/2013
First Sahara Energy Inc.		2013	
Issuer Address			
430-580 Hornby Street			
City/Province/Postal Code		Issuer Fax No.	Issuer Telephone No.
Vancouver, B.C. V6C 3B3			(604) 428-0511
Contact Name		Contact Position	Contact Telephone No.
David Stadnyk		President & CEO	(604) 428-0511

Contact Email Address info@firstsahara.com	Web Site Address www.firstsahara.com	