

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **FIRST CHOICE PRODUCTS INC.** (the "Issuer").

Trading Symbol: **FCI**

Number of Outstanding Listed Securities: **22,549,904**

Date: **May 29th, 2009**

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

The Issuer continues to focus its attention on developing and marketing its existing brands while assessing new markets and new products. As well, the Issuer is actively promoting its stock on the CNSX.

2. Provide a general overview and discussion of the activities of management.

Management continues:

- **to seek financing for operations and marketing**
- **aggressive promotions for product lines through existing retail customers**
- **to assess business opportunities through R & D and acquisition.**

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions or any new properties and attach any mineral or oil or gas or other reports required under Ontario securities law.

The Issuer continues work on new products which are still in the research and development stage.

A commercial run of the components for the RIBBON MINI ORGANIZER and the packaging design has been completed. This product is now available for mass market retail sales through the Best Craft Organizer website. Retail stores are being contacted and offered an introductory order. As well, prices have been provided to existing distributors in the UK and Australia so this product can be included in their next shipments.

Major craft distributors in the United States are being approached to negotiate terms of distribution of the RIBBON MINI ORGANIZER.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

The Company has entered into a three month Investor Relations agreement with Doug Kerr for the period May 1 through July 31, 2009.

The Company announced on May 1st, 2009 that due to current economic market conditions the Company will not be proceeding with the non-brokered private placement previously announced in the Form 9 filed on March 13th, 2009.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None.

8. Describe the acquisition of new customers or loss of customers.

The Issuer participated in the following consumer shows in May, 2009:

Scrapbook Expo, San Diego, CA	May 1 & 2, 2009
Great lakes Mega Meet, Novi, MI	May 7 - 9, 2009
Bead Renaissance Show, Grapevine, TX	May 15 - 17, 2009
Bead Renaissance Show, Las Vegas, NV	May 29 - 31, 2009.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

None.

The Company has commenced the application for the National Phase of the PCT Patent and Trademark in the United States and Canada for Extreme Green.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

None.

11. Report on any labour disputes and resolutions of those disputes if applicable.

None.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None.

14. Provide details of any securities issued and options or warrants granted.

None.

15. Provide details of any loans to or by Related Persons.

None.

16. Provide details of any changes in directors, officers or committee members.

None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The downturn in the world economy continues to require increased and aggressive promotions to maintain targeted sales figures.

The exchange rate between the US and Canadian dollar continues to provide revenue for the Issuer however the Canadian dollar has risen during the past month as against the US dollar, resulting in a decrease in the actual dollar amount realized.

The Issuer continues its focus on potential distributors in domestic and international markets including Europe and Asia.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there was no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: May 29, 2009

LINDA PETERS
Director & Corporate Secretary,
FIRST CHOICE PRODUCTS INC.

"Linda Peters"

Signature

Issuer Details FIRST CHOICE PRODUCTS INC.	For Month End May-09	Date of Report 5/29/2009
Issuer Address #6 - 2076 Townline Road		
City/Province/Postal Code Abbotsford, BC V2T 6E5	Issuer Fax Number 604.853.3119	Issuer Telephone Number 604.853.2655
Contact Name Linda Peters	Contact Position Corporate Secretary	Contact Telephone Number 604.853.2655
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