FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Avarone Metals Inc. (the "Issuer").

Trading Symbol: AVM

Number of Outstanding Listed Securities: 77,445,845

Date: April 1, 2016

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

Avarone Metals controls the Rushton Lake, the McWilliams Lake and the Borys Lake Properties in Saskatchewan. The Company is committed to the exploration and development of precious metal deposits in jurisdictions with favourable mining regulations. The Company's concurrently focused on the exploration and development of the Wildnest and Phantom Lake Gold Properties (Manson Lake Gold Zone) .

On March 8, 2016, the Company entered into an agreement with an arms' length vendor to acquire a 100% interest in the Moab Lithium Project, which covers an area of 3,200 acres of placer claims in the Big Smoky Valley, Nevada, directly adjacent to claims controlled by Ultra Lithium.

2. Provide a general overview and discussion of the activities of management.

Management continues to look for new opportunities to enhance shareholder value.

On March 8, 2016, the Company entered into an agreement with an arms' length vendor to acquire a 100% interest in the Moab Lithium Project, which covers an area of 3200 acres of placer claims in the Big Smoky Valley, Nevada, directly adjacent to claims controlled by Ultra Lithium.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

On March 8, 2016, the Company entered into an agreement with an arms' length vendor to acquire a 100% interest in the Moab Lithium Project, which covers an area of 3200 acres of placer claims in the Big Smoky Valley, Nevada, directly adjacent to claims controlled by Ultra Lithium.

The Company can earn a 100% interest in the Moab Lithium Project by completing the following; issuing 3,000,000 common shares upon Exchange approval, paying cash considerations totaling $200,000 over the next 3 years and completing $1,000,000 in qualified exploration expenditures within 3 years from the date of approval. A 1% gross overriding royalty has also been granted to the vendors, which can be purchased by the company at any time for $1-million.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

Not applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

Not applicable.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not applicable.

Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

On March 8, 2016, the Company entered into an agreement with an arms' length vendor to acquire a 100% interest in the Moab Lithium Project, which covers an area of 3200 acres of placer claims in the Big Smoky Valley, Nevada, directly adjacent to claims controlled by Ultra Lithium.

The Company can earn a 100% interest in the Moab Lithium Project by completing the following;

Consideration	Amount	Date
Common Shares	**3,000,000**	**Upon Exchange approval**
Cash	**$75,000**	**On or before September 6, 2016**
Cash	**$125,000**	**On or before March 8, 2019**
Work Commitments	**$1,000,000**	**On or before March 8, 2019**

A 1% gross overriding royalty has also been granted to the vendors, which can be purchased by the company at any time for $1-million.

The consideration for the acquisition was determined through arms' length negotiations between the Board of Directors of the Company and the Vendor. The Company took into account the staking costs of the property incurred by the Vendor in addition to the results of a regional gravity survey performed on the property in 1975 that identified gravity low anomalies which are the primary target for Lithium Brine exploration in Nevada. Management is not aware of any appraisal or valuations completed on the property.

7. Describe the acquisition of new customers or loss of customers.

Not applicable.

8. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-

marks.

Not applicable.

9. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

Not applicable.

10. Report on any labour disputes and resolutions of those disputes if applicable.

Not applicable.

11. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Not applicable.

12. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not applicable.

13. Provide details of any securities issued and options or warrants granted.

On March 3, 2016, the Company issued a total of 1,000,000 incentive stock options at a price of $0.12 to consultants of the Company. The options are exercisable for a period of 10 years from the date of grant.

On March 3, 2016, 750,000 warrants at a price of $0.05 per share purchase warrant were exercised for a total consideration of $37,500.

On March 4, 2016, 500,000 warrants at a price of $0.05 per share purchase warrant were exercised for a total consideration of $25,000.

On March 8, 2016, the Company issued 3,000,000 common shares (at a fair value of $345,000) pursuant to the Moab Lithium Project.

14. Provide details of any loans to or by Related Persons.

Not applicable.

15. Provide details of any changes in directors, officers or committee members.

Not applicable.

16. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

Changes in commodity prices, in particular metal prices, and changes in the share performance of other junior mineral exploration companies may affect the Issuer's ability to raise financing.

A full description of the trends and risk factors are disclosed in the Issuer's Management Discussion and Analysis dated March 29, 2016, which is available on the SEDAR website at www.sedar.com.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

Dated April 1, 2016.

Anita Algie
Name of Director or Senior Officer

"Anita Algie"
Signature

CFO
Official Capacity

Issuer Details Name of Issuer	For Month End	Date of Report YY/MM/D
Avarone Metals Inc.	March 2016	16/04/01
Issuer Address Suite 610-700 West Pender Street		
City/Province/Postal Code Vancouver, BC V6C 1G8	Issuer Fax No. (604)669-9768	Issuer Telephone No. (604)669-9788
Contact Name Anita Algie	Contact Position CFO	Contact Telephone No. (604) 669-9788
Contact Email Address anita@mosamventures.com	Web Site Address N/A	