

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Affinor Growers Inc. (the "Issuer").

Trading Symbol: AFI

Number of Outstanding Listed Securities: 99,848,361

Date: February 29, 2016

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.
 - On February 2, 2016, the Issuer announced that it has signed a Letter of Intent with Ontario license holder, Urban Vertical Farms, to finance the Quebec Vertical Farm. The injection of funds will be project specific to continue the technologically advanced greenhouse and infrastructure of the facility bringing it into the next phase of development. The terms of the deal will be a joint venture partnership with final terms and agreement released when a definitive agreement is completed and executed. Affinor Growers is very excited to continue the development of the Quebec Vertical Farm

with the ultimate goal of providing clean, safe, local, organically grown produce and strawberries to the fresh fruit and produce market.

- On February 24, 2016, the Issuer announced that Mr. Gabriel V. Arcoleo has been appointed to Affinor's Advisory Board. Mr. Arcoleo has 20 years of experience in the strawberry and produce industry and is based in the world's "salad bowl", Salinas, California. Mr. Arcoleo was recently the Director of IT for Tanimura & Antle, a Salinas, California, agriculture company and one of the world's largest lettuce growers with eight locations worldwide and revenues estimated at over \$500 million a year.

Mr. Arcoleo served as the Chief Information Officer for California Pacific Specialty Foods, in Moss Landing, California. California Pacific Specialty Foods is the industry leader in processing strawberry applications, consuming approximately two thirds of California's strawberry crop each year. Affinor Growers looks forward to working with Mr. Arcoleo in the United States and benefitting from his experience and significant agricultural industry contacts.

Mr. Arcoleo is currently the Principal at Arcoleo Consulting, a technology business development group based in Monterey, CA.

Mr. Arcoleo joins the four current members of the Affinor Advisory Board:

- Andrew Riseman, Ph.D., Associate Professor of Plant Breeding and Genetics at the University of British Columbia;
- Mr. Thomas Baumann, Director of Pacific Berry Resource Centre at the University of the Fraser Valley;
- Mr. Rick Easthom, retired Director of Corporate Brands for the Overwaitea Food Group; and
- Chief Gilbert "Gibby" Jacob, Hereditary Chief of the Squamish First Nation.

Stock Option Grant

The Board of Directors of Affinor has also granted 200,000 stock options with an exercise price of \$0.10 for a period of three years.

2. Provide a general overview and discussion of the activities of management.

- On February 2, 2016, the Issuer announced that it has signed a Letter of Intent with Ontario license holder, Urban Vertical Farms, to finance the Quebec Vertical Farm. The injection of funds will be project specific to continue the technologically advanced greenhouse and infrastructure of the facility bringing it into the next phase of development. The terms of the deal will be a joint venture partnership with final terms and agreement released when a definitive agreement is completed and executed. Affinor Growers is very excited to continue the development of the Quebec Vertical Farm with the ultimate goal of providing clean, safe, local, organically grown produce and strawberries to the fresh fruit and produce market.
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3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.
- On February 2, 2016, the Issuer announced that it has signed a Letter of Intent with Ontario license holder, Urban Vertical Farms, to finance the Quebec Vertical Farm. The injection of funds will be project specific to continue the technologically advanced greenhouse and infrastructure of the facility bringing it into the next phase of development. The terms of the deal will be a joint venture partnership with final terms and agreement released when a definitive agreement is completed and executed. Affinor Growers is very excited to continue the development of the Quebec Vertical Farm with the ultimate goal of providing clean, safe, local, organically grown produce and strawberries to the fresh fruit and produce market.
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4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned. N/A
5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.
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6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced. N/A
7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets

acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship. N/A

8. Describe the acquisition of new customers or loss of customers. N/A
9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks. N/A
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs. N/A
11. Report on any labour disputes and resolutions of those disputes if applicable. N/A
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings. N/A
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness. N/A
14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds⁽¹⁾
Options	200,000	Stock Option Grant	Stock Option Grant

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons. N/A
16. Provide details of any changes in directors, officers or committee members. N/A
17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends. N/A

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated March 1, 2016.

Mark T. Brown
Name of Director or Senior
Officer

"Mark T. Brown"
Signature
CFO
Official Capacity

Issuer Details Name of Issuer Affinor Growers Inc.	For Month End February 29, 2016	Date of Report YY/MM/D 16/03/01
Issuer Address 410-325 Howe Street		
City/Province/Postal Code Vancouver, BC V6C 1Z7	Issuer Fax No. (888)889-4874	Issuer Telephone No. (604)687-3520
Contact Name Mark T. Brown	Contact Position CFO	Contact Telephone No. 604-687-3520 ext 242
Contact Email Address mtbrown@pacificopportunity.com	Web Site Address www.affinorgrowers.com	