



LAGUNA BLENDS INC. ANNOUNCES STOCK OPTION GRANT AND EXTENSION OF EXPIRY DATE OF STOCK OPTIONS

KELOWNA, BC – October 1, 2015 – Laguna Blends Inc. (CSE: LAG) (the “**Company**” or “**Laguna**”) announces that it has granted options to acquire 100,000 common shares of the Company (each, a “**Share**”) at a price of \$0.28 per Share for a period of two years to a consultant of the Company in consideration for certain endorsement services to be provided to the Company.

The Company also announces that the expiry date of 1,000,000 stock options exercisable at \$0.16 per Share have been extended for a 6 month period to January 8, 2016.

About Laguna Blends Inc.

The Company's business is focused on the nutritional health benefits derived from hemp. Laguna is a network marketing company that intends to generate retail sales through independent affiliates. Affiliates utilize tools and technology that enable them to build an international business from their own home or while travelling. The first products to be launched are functional beverage products that provide high levels of protein and or nutrition.

Laguna's products are made from high quality hemp protein. Some of the current products are, “Caffe” an instant, “just add water” hot coffee beverage that contains both whey and hemp protein. In addition, the Company plans to market a product called Pro369. This unique single serving "on-the-go" hemp protein is served cold and comes in 4 delicious flavors. Pro369 is water soluble and can be directly mixed in water or added to milk, almond milk or coconut milk. Pro369 can be blended in a shake or smoothie. The Company intends to sell its products through its independent affiliates in the USA and Canada and anticipates launching its business in the fall of 2015.

ON BEHALF OF THE BOARD

"Stuart Gray"

President, Chief Executive Officer,
Chief Financial Officer and Director

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Forward-Looking Information:

This news release contains "forward-looking information" within the meaning of applicable securities laws relating to statements regarding the Company's business, products and future plans including, without limitation, statements regarding the expected launch date for the Company's business, its product offerings and plans for sales and marketing. Although the Company believes that the expectations reflected in the forward looking information are reasonable, there can be no assurance that such expectations will prove to be correct. Readers are cautioned to not place undue reliance on forward-looking information. Such forward looking statements are subject to risks and uncertainties that may cause actual results, performance and developments to differ materially from those contemplated by these statements depending on, among other things, the risks that the Company's products and plan will vary from those stated in this news release and the Company may not be able to carry out its business plans as expected. Except as required by law, the Company expressly disclaims any obligation, and does not intend, to update any forward looking statements or forward-looking information in this news release. The statements in this news release are made as of the date of this release.