

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: **Network Life Sciences Inc.** (the "Issuer").

Trading Symbol: **NOI**

Date: **August 17, 2015**

1. New Options Granted:

Date of Grant: **August 17, 2015**

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Manfred Nostitz	Director, CEO, President	Yes	750,000	\$0.25	August 17, 2017	0
Bill Thomas	Director, CFO, Secretary, Treasurer	Yes	500,000	\$0.25	August 17, 2017	0
Alexander Goumeniouk	Director	Yes	500,000	\$0.25	August 17, 2017	0
Meris Kott	Consultant	No	250,000	\$0.25	August 17, 2017	0
Adam Ross	Consultant	No	100,000	\$0.25	August 17, 2017	0
			2,100,000			

Total Number of optioned shares proposed for acceptance: **2,100,000**.

2. Other Presently Outstanding Options: N/A

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date

(1) Set out number of optioned shares for each grant with different terms.

3. Additional Information

(a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held. **N/A**

(b) State the date of the news release announcing the grant of options.

August 17, 2015

(c) State the total issued and outstanding share capital at the date of grant or amendment.

26,836,392 common shares issued and outstanding

(d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

Approximately 7.83% of the issued and outstanding common shares of the Issuer.

(e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

583,639 common shares.⁽¹⁾

⁽¹⁾ Pursuant to the Issuer's stock option plan, the number of common shares reserved for issuance will not exceed 10% of the issued and outstanding common shares of the Issuer. Consequently, 2,683,639 common shares can be reserved for issuance under the plan.

(f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

N/A

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated August 17, 2015.

Bill Thomas
Name of Director or Senior
Officer

"Bill Thomas"
Signature

CFO
Official Capacity