

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of CNSX Issuer: Open Source Health Inc. (the "Issuer").

Trading Symbol: OSH

Date: November 26, 2014

1. New Options Granted:

Date of Grant: September 19, 2014

Name of Optionee	Position (Director/Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Ian Hersey	Consultant	N	100,000	\$0.50	September 19, 2024	Nil

Total Number of optioned shares proposed for acceptance: 100,000.

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Sonya Satveit	50,000	\$0.15	April 15, 2013	April 15, 2023
Gary Bartholomew	100,000	\$0.15	April 15, 2013	April 15, 2023
Guy Zajonc	10,000	\$0.15	April 15, 2013	April 15, 2023
Dr. Martin Charron	10,000	\$0.15	April 15, 2013	April 15, 2023
Kathi L. Haugrud (Magnolia)	10,000	\$0.15	April 15, 2013	April 15, 2023
Lee Satveit	5,000	\$0.15	April 15, 2013	April 15, 2023
Sonya Satveit	50,000	\$0.60	April 15, 2013	April 15, 2023
Mark Olson	20,000	\$0.60	June 1, 2013	June 1, 2023
Guy Zajonc	15,000	\$0.60	September 1, 2013	September 1, 2023

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Dr. Martin Charron	15,000	\$0.60	September 1, 2013	September 1, 2023
Lee Satveit	5,000	\$0.60	September 9, 2013	September 1, 2023
Seth Brouwers	15,000	\$0.60	October 1, 2013	October 1, 2023
Not Only Development, LLC	100,000	\$0.60	December 1, 2013	December 1, 2023
Doug Beynon	25,000	\$0.60	December 1, 2013	December 1, 2023
Heather Heaman	25,000	\$0.67	March 24, 2014	March 24, 2024
Dr. Joseph Geraci	125,000	\$0.64	March 27, 2014	March 27, 2024
2222263 Ontario Inc.	100,000	\$0.27	August 27, 2014	August 27, 2024

(1) Set out number of optioned shares for each grant with different terms.

3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

Prior approval of the stock option plan was made at the Annual General Meeting of the Shareholders of the Company (then Sunshine Capital Corporation) on October 15, 2013.

- (b) State the date of the news release announcing the grant of options.

September 30, 2014

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

9,534,221

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

780,000 (8.18% of the issued and outstanding common shares of the Issuer)

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

173,422

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

Not Applicable

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

Not Applicable

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated: November 26, 2014.

Andres Tinajero
Name of Director or Senior
Officer

"Andres Tinajero" (signed)
Signature

Chief Financial Officer
Official Capacity