



OPEN SOURCE HEALTH

FOR IMMEDIATE RELEASE:

Open Source Health Grants Options

Toronto, Canada – November 25, 2014: Open Source Health Inc. (CSE: OSH) (the “**Company**”), a cloud based patient engagement system that puts control in the hands of women to Educate, Advocate and Collaborate on their own healthcare, is pleased to announce that it has granted 100,000 options to purchase common shares of the Company exercisable at a price of \$0.50 per share and expiring on September 19, 2024, to a consultant of the Company. The common shares issuable upon exercise of the options are subject to a four-month hold period from the original date of grant.

About Hormone Soup:

Hormone Soup (www.hormonsoup.com) is a women’s hormone health website where Founder and President, Sonya Satveit publishes her story and research. As an empowered patient and women’s health advocate she has touched women with her story in over 100 countries. These women and their similar health struggles helped inspire the creation of the Integrative Healthcare platform within Open Source Health. Sonya continues to publish her stories with the hope that this information may make a difference in women’s day-to-day lives.

About Open Source Health Inc.:

Open Source Health takes a truly patient-centered approach and is in the business of providing a real-time integrative healthcare solution for women in an open source architecture. Open Source Health Inc. is set to lead the current healthcare revolution by leveraging the latest trends in digital health, personalized health, social health and participatory medicine.

For more information, visit www.opensourcehealth.com

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Forward Looking Statements

Certain information set forth in this news release may contain forward-looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of OSH, including, but not limited to, the uncertainty of the Transaction proceeding, the impact of general economic conditions, industry conditions, dependence upon regulatory and shareholder approvals, the execution of definitive documentation and the uncertainty of obtaining additional financing. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. Forward-looking statements contained in this press release are expressly qualified by this cautionary statement.

The forward-looking statements contained in this press release are made as of the date of this press release, and the Company does not undertake any obligation to update publicly or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities law.