

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **Appia Energy Corp.** (the "Issuer").

Trading Symbol: **"API"**

Number of Outstanding Listed Securities: **41,616,078 common shares**

Date: **October 2, 2014**

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact. **There were no developments relating to the Company's mineral properties. Plans were advanced to fly an airborne survey over some of the Company's claims North of the Athabasca Basin in Saskatchewan.**

2. Provide a general overview and discussion of the activities of management. **Administrative matters normal to a public company were handled by Management.**
3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law. **N/A**
4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned. **N/A**
5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship. **N/A**
6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced. **N/A**
7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship. **N/A**
8. Describe the acquisition of new customers or loss of customers. **N/A**
9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks. **N/A**
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs. **N/A**
11. Report on any labour disputes and resolutions of those disputes if applicable. **N/A**
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings. **N/A**
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness. **N/A**
14. Provide details of any securities issued and options or warrants granted. **N/A**

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons. **Because the CEO is not drawing the monthly fee owing to him for his services, the amount owing to him increases by \$5,000 per month. The amount owing to the CEO at September 30, 2014 is \$418,306.**

16. Provide details of any changes in directors, officers or committee members. **N/A**

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends. **The economic value of the Company's exploration and evaluation assets is dependent, among other factors, on the market price of uranium and rare earth element metals ('REEs'). Uranium has been in oversupply for some time as downgraded material from the dismantling of nuclear warheads, is being used as fuel for nuclear reactor electricity generation. This source of supply has largely come to an end. More recently, the tsunami in Japan resulted in the shut-down of all of its 48 nuclear reactors. China's build program for more nuclear reactors will be increasing demand in the next few years.**

From a low of US\$28 per pound in May, the spot price has improved to a reported price of US\$36.50 per pound at the end of September.

With regard to REEs, China is said to control 90% of the world supply, although exact quantities are difficult to confirm.

The consensus in the industry is that uranium prices will continue to strengthen in the coming year, and China's production of REEs is no longer adequate to supply its own requirement of certain REEs. The developing shortage is expected to increase prices to a level required to make new mining projects economically viable over the next few years.

Appia's mineral resources at Elliot Lake, Ontario have a combined uranium and REEs content, recoverable in the same flotation process and subsequent recovery treatments.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: **October 2, 2014.**

Frank van de Water
Name of Director or Senior
Officer

"F. van de Water"
Signature

Chief Operating Officer
Official Capacity

<i>Issuer Details</i> Name of Issuer Appia Energy Corp.	For Month End September, 2014	Date of Report YY/MM/D 14/10/02
Issuer Address 20 Toronto Street Suite 1220		
City/Province/Postal Code Toronto, ON, M5C 2B8	Issuer Fax No. (416) 218 9772	Issuer Telephone No. (416) 546 2707
Contact Name Frank van de Water	Contact Position COO, Sec	Contact Telephone No. 416 546 2707
Contact Email Address appia@appiaenergy.ca	Web Site Address www.appiaenergy.ca	