

**FORM 11
NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT**

Name of CNSX Issuer: Quinsam Capital Corporation (the "Issuer").

Trading Symbol: QSA

Date: July 27, 2014

1. New Options Granted:

Date of Grant: July 27, 2014

Name of Optionee	Position	Insider?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Eric Szustak	Director, President, Secretary	Y	380,000	\$0.10	July 27, 2019	150,000
Roger Dent	Director and CEO	Y	818,000	\$0.10	July 27, 2019	100,000
Michael Newman	Director	Y	98,000	\$0.10	July 27, 2019	50,000
Mark Steinley	Director	Y	90,000	\$0.10	July 27, 2019	50,000
Bryan Knebel	CFO	Y	255,000	\$0.10	July 27, 2019	50,000
John Lewis	Consultant	N	260,000	\$0.10	July 27, 2019	50,000
Jeff Malc	Consultant	N	25,000	\$0.10	July 27, 2019	0
TOTAL			1,926,000			450,000

2. Other Presently Outstanding Options

Name of Optionee	No. of Optioned Shares⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Eric Szustak	150,000	\$0.10	Oct. 29/13	Oct. 29/18
Roger Dent	100,000	\$0.10	Oct. 29/13	Oct. 29/18
Michael Newman	50,000	\$0.10	Oct. 29/13	Oct. 29/18
Mark Steinley	50,000	\$0.10	Oct. 29/13	Oct. 29/18
Bryan Knebel	50,000	\$0.10	Oct. 29/13	Oct. 29/18
John Lewis	50,000	\$0.10	Oct. 29/13	Oct. 29/18
TOTAL	450,000			

⁽¹⁾ Set out number of optioned shares for each grant with different terms.

Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

N/A

- (b) State the date of the news release announcing the grant of options.

July 27, 2014

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

23,777,660 common shares

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

9.99%

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

1,766

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

None at this time.

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated July 28, 2014

Eric Szustak
Name of Director or Senior Officer

"Eric Szustak"
Signature

President
Official Capacity