

THC Form 7

MONTHLY PROGRESS REPORT

December 2019

Name of CSE Issuer **THC Biomed Intl Ltd.**
Trading Symbol: **THC**
Number of Outstanding Listed Securities **152,867,404 common shares and 52,152,982 reserved for Issuance**
Date: **January 6, 2020**

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

On December 12, 2019 the Issuer announced that it had granted an aggregate of 2,700,000 stock options, of which 200,000 were granted to the directors and 2,500,000 to certain employees, contractors and consultants of the Issuer. The options will vest 25% on issuance, 25% 4 months from date of issuance and 25% at 8 and 12 months from the date of issuance and may be exercised at an exercise price of CAD\$0.15 per common share, for a period of 2 years from the date of issuance or earlier in accordance with the Issuer's incentive stock option plan.

During the year ended July 31, 2019 and up to December 12, 2019, 4,926,250 previously outstanding stock options were terminated or expired.

Following the grant of stock options, the Issuer now has a total of 14,200,000 stock options representing approximately 9.29% of the outstanding common shares of the Issuer.

2. Provide a general overview and discussion of the activities of management.

Management continues to work on the conduct of the company's business plan, growth and harvest of product, new product testing and expansion plans.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None.

8. Describe the acquisition of new customers or loss of customers.

The Issuer has continued to register new patients.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

None.

10. Report on any employee hiring's, terminations or lay-offs with details of anticipated length of lay-offs.

None, except in the ordinary course of business.

11. Report on any labour disputes and resolutions of those disputes if applicable.

None.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾
Options	2,700,000	On December 12, 2019, 2,700,000 stock options were granted to various directors, employees, consultants and contractors of the Issuer at an exercise price of \$0.15 per share for a maximum period of 2 years from the date of issuance or earlier in accordance with the Issuer's stock option plan. The options will vest 25% on issuance, 25% 4 months from date of issuance and 25% at 8 and 12 months from the date of issuance.	Not applicable.

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

None.

16. Provide details of any changes in directors, officers or committee members.

None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Issuer's business involves certain risks and uncertainties that are inherent to the Issuer's industry. For disclosure on risks related to an investment in the Issuer, please refer to the Issuer's most recent Management's Discussion and Analysis under the titles "Financial Instruments and Risk Management" and "Other Risks and Uncertainties", which is available on SEDAR at www.sedar.com.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CSE that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CSE Requirements (as defined in CSE Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: **January 6, 2020.**

John Miller
Name of Director or Senior Officer

"John Miller"
Signature

President and CEO
Official Capacity

Issuer Details		
Name of Issuer: THC Biomed Intl Ltd.	For Month End December	Date of Report: YYYYMMDD 2020/01/6
Issuer Address: P.O. Box 20033 Towne Centre		
City/Province/Postal Code: Kelowna, BC V1Y 9H2	Issuer Fax No.: N/A	Issuer Telephone No. (250) 870-2512

Contact Name: John Miller	Contact Position: President & CEO	Contact Telephone No. (250) 870-2512
Contact Email Address: info@thcbiomed.com	Web Site Address: www.thcbiomed.com	