FORM 7

# MONTHLY PROGRESS REPORT
July 2019

Name of Listed Issuer: **SHAMROCK ENTERPRISES INC.** (the "Issuer").

Trading Symbol: **SRS**

Number of Outstanding Listed Securities: **51,614,723**

Date: **August 7, 2019**

## Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

   On July 8, Shamrock announced a non-brokered private placement of both Flow-Through and Non-Flow Through Units. Each Non-Flow Through Unit will consist of one common share and one share purchase warrant exercisable at $0.04 per share for two years from the date of issuance. Each Flow-Through Unit will consist of one Flow-Through share and one common share purchase warrant exercisable at $0.05 per share for two years from the date of issuance. The offering is open to existing shareholders of the Company as of the close of business on July 5, 2019 and subject to a minimum subscription requirement.

   The Company closed the first tranche of the above-noted private placement on July 29, 2019, issuing 4,750,000 Non-Flow Through Units for aggregate proceeds of $95,000.

   In addition, the company has entered into a debt settlement agreement to settle obligations owed to a consultant of the company in the amount of $52,500 through the issuance of an 1,500,000 common shares of Shamrock at deemed value of $0.035 per share.

2. Provide a general overview and discussion of the activities of management.

   Not applicable.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

   Not applicable.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

   Not applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

   Not applicable.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

   Not applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

   Not applicable.

8. Describe the acquisition of new customers or loss of customers.

   Not applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

   Not applicable.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

    Not applicable.

11. Report on any labour disputes and resolutions of those disputes if applicable.

    Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

    Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

    Not applicable.

14. Provide details of any securities issued and options or warrants granted.

    On July 29, the Company issued 4,750,000 common shares and 4,750,000 share purchase warrants pursuant to a private placement. The Company also issued 1,500,000 common shares, at a deemed price of $0.035 per share, pursuant to a debt settlement agreement.

15. Provide details of any loans to or by Related Persons.

    Not applicable.

16. Provide details of any changes in directors, officers or committee members.

    Not applicable.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

    Not applicable.

## Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there were no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CSE Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

**Dated: August 7, 2019**

*"Bob Faris"*
*CEO*

**For Month Ended: July 2019**

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