

SENTINEL COMPLETES PHASE ONE OF 2020 WORK PROGRAM AT PASS PROPERTY

Vancouver, British Columbia, August 10, 2020 – Sentinel Resources Corp. (CSE: SNL)(Pink: SNLRF) (“Sentinel” or the “Company”) is pleased to announce that Phase One of the 2020 work program at the Company’s 100% owned Pass property, located near Castlegar, B.C., is now complete.

Company President & CEO, Rob Gamley, commented, “I am pleased that our field team, led by Greg Bronson our Chief Geologist and Qualified Person, was able to complete this first phase of field exploration work so quickly and efficiently. We are looking forward to receiving, compiling and assessing assay results from our sampling program and at that point, designing and executing the second phase of work at the Pass Project.”

The first phase of the 2020 field season focused on further investigation of the geophysical anomalies through collection of detailed soil geochemistry over the anomalous locations along with detailed mapping, prospecting and rock sampling in the main mineralized area, known as the Granite Creek skarn having now been completed. Sentinel field crew also followed up on anomalous copper-gold mineralization in rock samples discovered due to recent logging activity on the property and located in a previously unexplored area. The Company collected samples for detailed soil geochemistry analysis in this unexplored area along with conducting some detailed geological mapping and prospecting and rock sampling. A second phase of field work is being planned for later in 2020 to follow up on those targets successfully characterized in the first round of field work.

The Pass property is located within the Nelson mining district, where numerous high-grade gold occurrences and deposits have been discovered in quartz veins, sulfide zones and skarns adjacent to the contact of mid to late Jurassic intrusions such as the Bonnington Pluton and the Rossland Group volcanics and sediments. The area has been actively explored since the late 1800’s.

The Pass property shares similar geology to the third largest intrusion related producer in the province, the Second Relief mine, which is located 2.5 km to the east of the property. The main mineralized zone on the property is referred to as the Granite Creek skarn and is a steeply dipping stratiform, tabular or lensoidal zone of gold enriched skarn. This body has had only historical artisanal work performed on it as evidenced by a short adit on the south bank of Granite Creek. Samples from the tailings pile of the adit assayed up to 9.2 g/t gold and 50g/t silver.

A second mineralized zone is located approximately 460m northwest of the Granite Creek skarn in a shallow trench located in a clear cut above the Munson Forest Service road. Samples of a silicified hornfelsed mineralized volcanic taken from the open cut assayed up to 4.68 g/t gold.

(Assay information has been drawn from the Company's Technical Report, available under Sentinel's profile on SEDAR at www.sedar.com.)

About Sentinel Resources

Sentinel Resources is a Canadian-based exploration company focused on the acquisition and exploration of prospective resource properties. Its current portfolio includes the Pass and Little Bear projects in British Columbia. The Company's guiding principles are based on acquiring strategic exploration properties in mining-friendly jurisdictions with historical mining industries, low-cost of entry or acquisition, and easy access to infrastructure to minimize capital and operational costs in explorational periods.

The scientific and technical information contained in this news release has been reviewed and approved by Greg Bronson, P. Geo, a director of the Company and a "Qualified Person" as defined in National Instrument 43-101 - Standards of Disclosure for Mineral Projects. Greg Bronson, P. Geo., a Qualified Person as defined by NI 43-101, has reviewed and approved the contents of this news release.

For more information regarding the Company please contact Rob Gamley, President, at 604-689-7422.

"Rob Gamley"

President and Chief Executive Officer

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