

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **Renforth Resources Inc. (the "Issuer")**

Trading Symbol: **RFR**

Number of Outstanding Listed Securities: **227,296,669**

Date: **October 6, 2020**

Report on Business for month ending September 30, 2020.

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

- **On September 8, 2020, The Issuer announced that it has commenced a Fall 2020 drill program on Renforth's wholly owned Parbec Gold Property. This program will consist of 26 planned holes totalling 7261m.**
- **On September 22, 2020, the Issuer announced that the 1000m drilled mark has been crossed for the Fall 2020 drill program at Parbec.**
- **On September 30, 2020 the Issuer announced that its Surimeau Project has been interpreted to host a large-scale sulphide nickel/PGE system associated with ultramafic rocks and, at the same time, a VMS system.**

2. Provide a general overview and discussion of the activities of management.

During the month Management:

- **Managed items noted in #1, and continued general corporate operations**

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

Not applicable.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

Not applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

Not applicable.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None.

8. Describe the acquisition of new customers or loss of customers.

Not applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

Not applicable.

10. Report on any employee hires, terminations or lay-offs with details of anticipated length of lay-offs.

Not applicable.

11. Report on any labour disputes and resolutions of those disputes if applicable.

Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not applicable.

14. Provide details of any securities issued and options or warrants granted/expired.

None

15. Provide details of any loans to or by Related Persons.

Not applicable.

16. Provide details of any changes in directors, officers or committee members.

None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Issuer's level of activity and expenditures during a specific quarter are influenced by the availability of working capital, the availability of additional external financing, the time required to gather, analyze and report on geological data related to mineral properties, the results of the Company's prior exploration activities on its properties and the amount of expenditure required to advance its projects. There is no certainty in this industry that any expenditures on mineral exploration and development activities and/or programs will result in the discovery of an economic ore body.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated October 6, 2020

Kyle Appleby

Name of Director or Senior Officer

"Kyle Appleby"

Signature

CFO

Official Capacity

<i>Issuer Details</i> Name of Issuer Renforth Resources Inc.	For Month End: September 30, 2020	Date of Report YY/MM/DJ 20/10/06
Issuer Address 269-1099 Kingston Road,		
City/Province/Postal Code Pickering, Ontario/L1V1B5	Issuer Fax No.	Issuer Telephone No. 905-831-9606
Contact Name Nicole Brewster	Contact Position President and CEO	Contact Telephone No. 905-831-9606
Contact Email Address nicole@renforthresources.com	Web Site Address www.renforthresources.com	