FORM 7
MONTHLY PROGRESS REPORT

Name of CNSX Issuer: Renforth Resources Inc. (the “Issuer”)
Trading Symbol: RFR
Number of Outstanding Listed Securities: 280,166,846
Date: August 2, 2022


1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

   On July 26, 2022, the Issuer provided an update on its summer 2022 Surimeau prospecting program.

2. Provide a general overview and discussion of the activities of management.

   During the month Management:
   - Managed items noted in #1, and continued general corporate operations, and planned future work programs.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

   Surimeau update – July 26, 2022 update see press release for details
   - The summer 2022 prospecting at Surimeau concluded with, amongst other findings, the extension of the known Lalonde surface battery metals mineralization to a strike length of 9 kms.
   - During this program Renforth’s field crew, along with prospecting various targets, dug 8 different trenches between the Lalonde and Victoria polymetallic mineralized systems. In each trench some amount of mineralization was exposed, with the best mineralization (confirmed visually and with XRF) coming from Lalonde. Interestingly, each trench exposed different portions of each mineralized system, helping to define the orientation of the mineralization, and in some cases making clear that the trench should be extended to capture the entire cross section of the mineralization. Renforth has discovered that at Victoria there is a second horizon of mineralization sitting to the north of the mineralized horizon uncovered during the Fall 2021 stripping at Victoria, the northern crosscut ended ~40m short of where it would have intersected the northern mineralization. Each trench is described in the July 26 2022 press release. Channels were cut in each trench and samples sent for assay; results will be released once available. Due to the success of this program Renforth is now
planning additional stripping to cross-cut strike at Victoria in addition to a series of larger cross-cutting stripped trenches along strike at Lalonde in order to further define the extent of mineralization. At Victoria the cross-cutting trenches, which will start at the south and north side of the currently stripped area, will extend well into the sediments, hopefully capturing any additional mineralized horizons.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

**Not applicable.**

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

**Not applicable.**

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

**Not applicable.**

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

**None**

8. Describe the acquisition of new customers or loss of customers.

**Not applicable.**

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

**Not applicable.**

10. Report on any employee hires, terminations or lay-offs with details of anticipated length of lay-offs.

**None.**

11. Report on any labour disputes and resolutions of those disputes if applicable.
Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not applicable.

14. Provide details of any securities issued and options or warrants granted/expired.

None.

15. Provide details of any loans to or by Related Persons.

Not applicable.

16. Provide details of any changes in directors, officers or committee members.

Not Applicable.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Issuer’s level of activity and expenditures during a specific quarter are influenced by the availability of working capital, the availability of additional external financing, the time required to gather, analyze and report on geological data related to mineral properties, the results of the Company’s prior exploration activities on its properties and the amount of expenditure required to advance its projects. There is no certainty in this industry that any expenditures on mineral exploration and development activities and/or programs will result in the discovery of an economic ore body.
Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

Dated August 2, 2022

Kyle Appleby
Name of Director or Senior Officer

“Kyle Appleby”
Signature

CFO
Official Capacity

<table>
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<tr>
<th>Issuer Details</th>
<th>For Month End:</th>
<th>Date of Report</th>
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<td>YY/MM/DJ 22/08/02</td>
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<td>Renforth Resources Inc.</td>
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<tr>
<th>Issuer Address</th>
<th>Issuer Fax No.</th>
<th>Issuer Telephone No.</th>
</tr>
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<tbody>
<tr>
<td>Unit 1B 955 Brock Road</td>
<td></td>
<td>905-831-9606</td>
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</tbody>
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<table>
<thead>
<tr>
<th>City/Province/Postal Code</th>
<th>Contact Name</th>
<th>Contact Position</th>
<th>Contact Telephone No.</th>
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</thead>
<tbody>
<tr>
<td>Pickering, Ontario/L1X 2X9</td>
<td>Nicole Brewster</td>
<td>President and CEO</td>
<td>905-831-9606</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact Email Address</th>
<th>Web Site Address</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="mailto:nicole@renforthresources.com">nicole@renforthresources.com</a></td>
<td><a href="http://www.renforthresources.com">www.renforthresources.com</a></td>
</tr>
</tbody>
</table>