

# FORM 7

## MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **Renforth Resources Inc. (the "Issuer")**

Trading Symbol: **RFR**

Number of Outstanding Listed Securities: **176,238,163**

Date: **September 5, 2019**

### Report on Business for month ending August 31 2019.

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

#### During the month the Issuer:

- **Completed field programs at New Alger and Parbec**
- **Commenced a field program at Malartic West**
- **Continued general operations**

2. Provide a general overview and discussion of the activities of management.

#### During the month Management:

- **Managed items noted in #1, and continued general corporate operations**

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

**New Alger - Sampling in the areas of the two access trails to the Discovery Veins stripped area was completed, outcropping on surface in several locations and on each trail was blue/grey quartz veining with sulphides present. In one instance several veins of varying thickness and with blowouts extends over a length (E/W) of approximately 20m and a width (N/S) of approximately 5m, this is thought to be the surface expression of a 1930's horizontal hole drilled during the advancement of a tunnel which ends under the main blast pit of the Discovery Veins. • At the SW and NE end of the previously stripped gold bearing Discovery Vein system, and along the northern edge of the central portion, Renforth was able to complete additional sampling which was not completed during the initial program, visually this sampling continues the quartz veining structures, the presence of mineralization will be determined by assaying which is currently being done to samples obtained. • Renforth completed preliminary prospecting and some initial soil sampling in the southern claims at New Alger where government data offers some of the highest soil samples obtained in the area. Initial positive results from the July 2019 program at New Alger, which include 2.56 g/t Au over 0.45m, this extends the Discovery Veins mineralization strike by approximately 30m to the west. The total strike of the surface, gold bearing Discovery Veins, is now approximately**

260m, on high ground approximately 250m south of the Thompson-Cadillac Mine Area resource, and the 1.4 km of the Cadillac Break, at New Alger.

Additional positive results from the July surface channel sampling program in and on the Discovery Vein area of Renforth's wholly owned New Alger Property, contiguous to Agnico Eagle's LaRonde Mine, in the Cadillac Gold Camp of Quebec.

- Eastern Extension Area – results include 20.8 g/t Au over 0.5m, within a channel which averaged 5.4 g/t Au over 2.05m on surface. These results extend mineralization approximately 10m to the east, past the previous eastern most mineralization on the Discovery Veins. In addition, the Discovery Vein occurrence widens with these results approximately 15m to the north-east.

- New Occurrence – prospecting and channel sampling approximately 100m west of the Discovery Vein stripped area yielded results including 3.55 g/t Au over 0.4m in a surface channel. These results are within the ~500m corridor of surface gold results called the Discovery Veins horizon, with 230m stripped in the fall of 2017, recent results extended the stripped area's surface mineralization to ~270m in a generally west to east direction. This discovery is interpreted to be a new vein, further work will be required to determine the nature and extent.

- ATV Trail results –two lines of sampling, in a north-south direction, separated by 100m along each access trail were taken, several results are still pending in the west. The eastern trail gave the highest surface result obtained of 2.19 g/t over 0.55m, taken from blue quartz and white quartz-carbonate-feldspar veining set in biotitic, weakly schistose sediments, located ~90m north of the Discovery Veins. This surface showing is entirely new, though it does correlate with historic underground drill results which record the presence of gold at a depth of 300 feet, and distinct from the Discovery Veins, additional work will be required to determine the extent and nature of this new vein which the sample was taken from.

**Parbec** - Renforth was able to complete the washing, mapping and a bit more sampling at Parbec as planned, both within the Cadillac Break and the diorite splay within the Pontiac.

**Malartic West** - Renforth received this project back while our geologists were in the field so the opportunity was taken by Renforth to do some initial prospecting and sampling on the property. The targets of this effort were reported copper and gold showings on the property, Renforth will report on this program and its results once they are received.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

**Not applicable.**

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

**Not applicable.**

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

**Not applicable.**

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

**None.**

8. Describe the acquisition of new customers or loss of customers.

**Not applicable.**

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

**Not applicable.**

10. Report on any employee hires, terminations or lay-offs with details of anticipated length of lay-offs.

**Not applicable.**

11. Report on any labour disputes and resolutions of those disputes if applicable.

**Not applicable.**

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

**Not applicable.**

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

**Not applicable.**

14. Provide details of any securities issued and options or warrants granted/expired.

**None.**

15. Provide details of any loans to or by Related Persons.

**Not applicable.**

16. Provide details of any changes in directors, officers or committee members.

**None.**

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

**The Issuer's level of activity and expenditures during a specific quarter are influenced by the availability of working capital, the availability of additional external financing, the time required to gather, analyze and report on geological data related to mineral properties, the results of the Company's prior exploration activities on its properties and the amount of expenditure required to advance its projects. There is no certainty in this industry that any expenditures on mineral exploration and development activities and/or programs will result in the discovery of an economic ore body.**

## Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

**Dated September 5, 2019**

**Kyle Appleby**  
Name of Director or Senior Officer

**"Kyle Appleby"**  
Signature

**CFO**  
Official Capacity

<i>Issuer Details</i> Name of Issuer <b>Renforth Resources Inc.</b>	For Month End: <b>August 31, 2019</b>	Date of Report YY/MM/DJ <b>19/09/05</b>
Issuer Address <b>269-1099 Kingston Road,</b>		
City/Province/Postal Code <b>Pickering, Ontario/L1V1B5</b>	Issuer Fax No.	Issuer Telephone No. <b>905-831-9606</b>
Contact Name <b>Nicole Brewster</b>	Contact Position <b>President and CEO</b>	Contact Telephone No. <b>905-831-9606</b>
Contact Email Address <b>nicole@renforthresources.com</b>	Web Site Address <b>www.renforthresources.com</b>	