FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: \_\_ParcelPal Technology Inc. (the “Issuer”).

Trading Symbol: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PKG \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Outstanding Listed Securities: 30,451,780 common shares

Date: August 31, 2017.

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

**General Instructions**

1. Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
2. The term “Issuer” includes the Issuer and any of its subsidiaries.
3. Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

**Report on Business**

1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

***During the Month of August, the issuer further developed the version of an application for the technology platform known as ParcelPal. The Company further developed the market for the application known as ParcelPal.***

***The Company launched the iOS application on July 11th and it was available for public download immediately.***

***Users will receive free delivery for their first time use while using the promo code: VANCITY06HO***

***The Company continued to update the iOS and Android courier application to coincide with the newly developed consumer iOS application and has fully launched this within their driver base.***

***The issuer continued enrolling couriers and software development, all as detailed below.***

1. Provide a general overview and discussion of the activities of management.

***During the month of August, management was fully engaged in the above noted activities. Management worked on providing greater value to their current software technology in anticipation of expansion into new markets.***

***The team primarily worked on business development strategies and marketing efforts in the Vancouver and Toronto area aiming at restaurants, liquor stores, dispensaries and eCommerce businesses.***

1. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

***During the month of August, the issuer further developed and tested the consumer-focused application as mentioned above.***

1. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

***There were no products or services discontinued during the month of August.***

1. Describe any new business relationships entered into between the Issuer, the Issuer’s affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

***During the month of August, the company entered into no new contracts.***

Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer’s affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

***During the month of August, the company did not terminate any agreements.***

1. Describe any acquisitions by the Issuer or dispositions of the Issuer’s assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

***The Issuer made no material acquisitions nor did the Issuer sell any of its material assets during the month of August.***

1. Describe the acquisition of new customers or loss of customers.

***During the month of August, the company acquired 7 business customers for the B2B platform and 239 new users or downloads for the iOS application.***

1. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

***During the month of August, the company continued marketing initiatives designed to develop and enhance the ParcelPal brand in Vancouver and Ontario.***

1. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

***NA***

1. Report on any labour disputes and resolutions of those disputes if applicable.

***There were no material labour disputes during the month of August.***

1. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

***There were no legal proceedings to which the Issuer became a party during the month of August.***

1. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

***There was no new indebtedness incurred or repaid by the Issuer during the month of August.***

1. Provide details of any securities issued and options or warrants granted.

***The following stock options expired or were cancelled during the month of August:***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name of Optionee** | **No. of Optioned Shares(1)** | **Exercise Price** | **Original Date of Grant** | **Date Cancelled** |
| Yari Nieken | 200,000  | $0.12 | 11/18/16 | 03/08/2017 |
| Michael Gnagy | 125,000 | $0.12 | 11/18/16 | 03/08/2017 |
| Michael Trinque | 125,000 | $0.12 | 11/18/16 | 03/08/2017 |
| Derrick Lewis | 50,000 | $0.20 | 01/05/2017 | 03/08/2017 |
| Viktor Rudik  | 50,000 | $0.20 | 01/09/2017 | 03/08/2017 |
| Warren Cudney | 100,000 | $0.26 | 02/17/2017 | 03/08/2017 |

1. Provide details of any loans to or by Related Persons.

***NA***

1. Provide details of any changes in directors, officers or committee members.

***NA***

1. Discuss any trends which are likely to impact the Issuer including trends in the Issuer’s market(s) or political/regulatory trends.

***Not applicable.***

**Certificate of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated July 31, 2017 .

 Ben Catalano
Name of Director or Senior Officer

Signature

Chief Financial Officer
Official Capacity

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| ***Issuer Details***Name of IssuerParcelPal Technology Inc. | For Month EndJuly 31, 2017 | Date of ReportYY/MM/DD2017/07/31 |
| Issuer Addressc/o Suite 2600 - 1066 West Hastings Street,  |
| City/Province/Postal CodeVancouver BC V6E 3X1 | Issuer Fax No.(N/A) | Issuer Telephone No.(N/A) |
| Contact NameBen Catalano | Contact PositionCFO | Contact Telephone No.604-671-9411 |
| Contact Email Addressbcatalano@sutton.com | Web Site Addresshttp://www.parcelpal.com |