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**PREMIER HEALTH GROUP INC.**

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**Premier Health Announces Appointment of Dr. Essam Hamza as Chief  
Executive Officer**

VANCOUVER, British Columbia, August 31st, 2018 – Premier Health Group Inc. (CSE:PHGI) (“**Premier Health**” or the “**Company**”), is pleased to announce the appointment of current Director, Dr. Essam Hamza, as the Company’s new Chief Executive Officer, effective immediately.

“I am excited to be taking a leadership role at Premier. I am keen to focus on health care business opportunities that exist domestically and abroad. Utilizing technology such as telemedicine and artificial intelligence (AI) to assist in the delivery of timely and more accessible health care is going to be an immediate focus for us,” said Dr. Hamza.

The Company would like to thank Mr. Yari Nieken for his services as the interim-CEO.

**About Dr. Essam Hamza, MD**

Dr. Hamza completed his medical and family practice degrees at the University of Alberta. Doctor Hamza founded the first HealthVue (formally Cambie Plaza) Medical Clinic in Richmond in 2005. He has since opened up a chain of inter-connected high-tech clinics and championed the introduction of telemedicine for his patients.

ON BEHALF OF THE BOARD OF DIRECTORS

“Donald Gordon”

Chief Financial Officer and Director

**About Premier Health**

Premier Health is a Canadian company that is strategically poised to take advantage of business opportunities in the global health care industry. We are developing innovative health care approaches that combine human skill based expertise with emerging technologies such as telemedicine and artificial intelligence. Premier Health’s subsidiary, Premier Clinicas de Rehabilitacion, is a multidisciplinary rehabilitation facility operating in the Dominican Republic for over three years and based on the most current North American practices and methods

**Cautionary Statements**

*This news release contains forward-looking statements that are based on Premier Health's expectations, estimates and projections regarding its business and the economic environment in which it operates, including with respect to its business plans. Although Premier Health believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not*

*guarantees of future performance and involve risks and uncertainties that are difficult to control or predict. Therefore, actual outcomes and results may differ materially from those expressed in these forward-looking statements and readers should not place undue reliance on such statements. These forward-looking statements speak only as of the date on which they are made, and Premier Health undertakes no obligation to update them publicly to reflect new information or the occurrence of future events or circumstances, unless otherwise required to do so by law.*

*The Canadian Securities Exchange does not accept responsibility for the adequacy or accuracy of this release.*

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