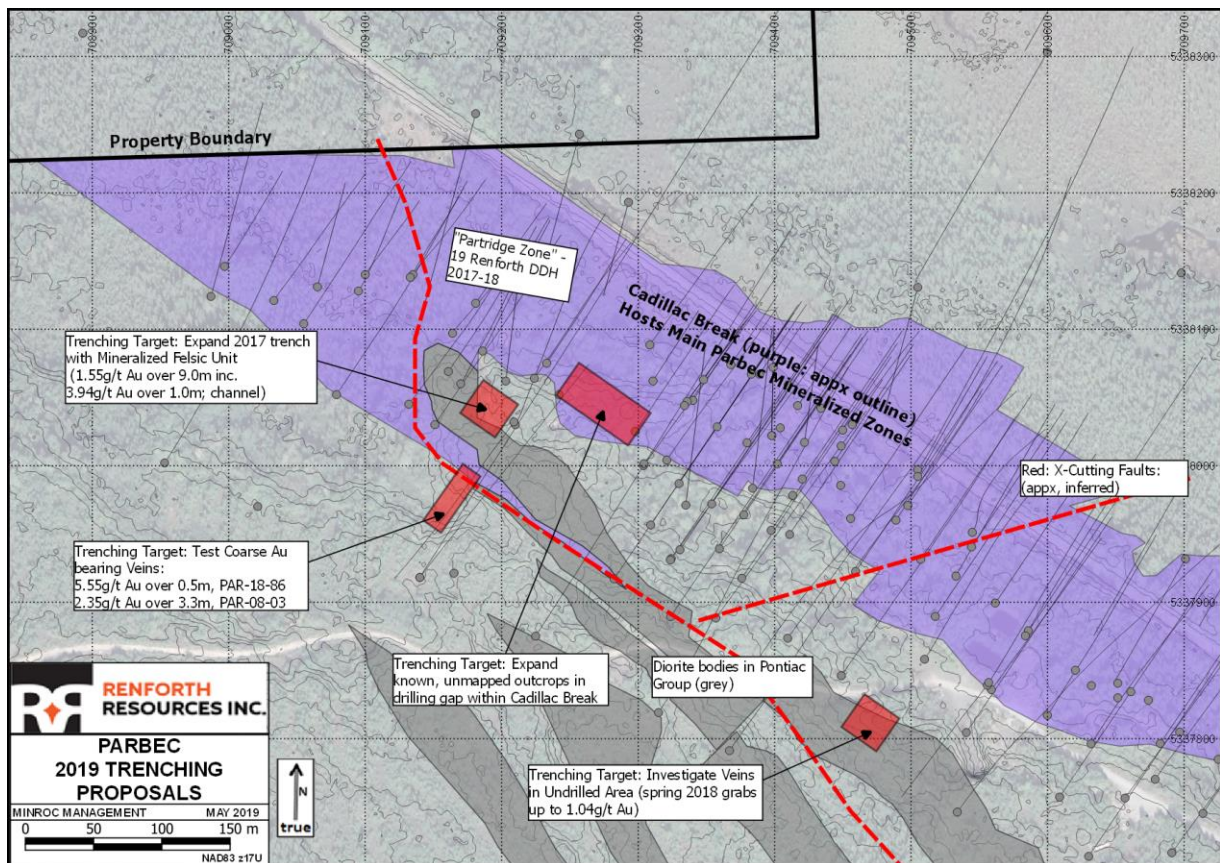


May 9, 2019
 For Immediate Release

CSE: RFR

Renforth Commences Exploration of Parbec’s Surface Gold Showings Associated with Diorite Splays

Renforth Resources Inc. (CSE – RFR) (OTC Pink – RFHRE) (“Renforth” or the “Company”) is pleased to announce that field exploration has commenced at Parbec. This program is expected to consist of structural mapping, sampling, and limited stripping, which will commence with an area which was stripped and channel sampled in 2017, yielding assay results which averaged 1.55 g/t Au over 9m, including 3.94 g/t Au over 1m and two other 1m channels which assayed over 2 g/t Au (results not previously released). These sample results were obtained from strongly k-spar altered and silicified felsite veins with in the sediments on the south side of the Cadillac Break and close to the diorite contact, the target area of the current program. There is also an interpreted fault within meters of the best assay results, the relationship, if any, between the fault and the presence of gold is not yet known.



It is planned that mapping and sampling will proceed south from the initial “Trenching Target Expand

2017 trench” depicted in the map above to the “Trenching Target Test Coarse Au” area, crossing the breadth of the diorite splay and into the sediments to the south, uncovering the contact area. Renforth’s recent discovery of the diorite splays into the sediment included the observation that gold is present in elevated values in the sediment, the diorite body is also seen to host low grade gold, possibly associated with micro-veinlets. This program is designed too, with these first two target areas, give the geologists a good look at this environment in order to get a better understanding of how and where the gold is occurring and advance our geological model of the property and guide future exploration.

The two other targets of this program are areas where there is no drilling, and therefore no structural information. The Cadillac Break area is a quartz vein observed in a mound of outcrop, this is one of the only locations of the Cadillac Break outcropping on the property. The easternmost target area of this program is located slightly west of the ramp collar, a single grab sample returned a value of 1.04 g/t Au. Stripping and structural mapping in both these areas will be instrumental in advancing our understanding of the structures on the property, in part because there is no drilling. There are cross-cutting and oblique veining and structures on the property, a surface exposure of these structures will allow mapping and sampling to a greater degree than possible in drill core, advancing the property model.

Sample results referred to in this press release were obtained in the field by Mark Wellstead P.Geol and Francis Newton P.Geol OGQ, bagged and tagged in the field, sealed and securely transported to Laboratoire Bourlemaque where they were fire assayed for gold.

Brian H. Newton P.Geol, a qualified person pursuant to the guidelines contained in National Instrument 43-101, has approved the technical information found in this press release.

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No securities regulatory authority has approved or disapproved of the contents of this news release.

Forward Looking Statements

This news release contains forward-looking statements and information under applicable securities laws. All statements, other than statements of historical fact, are forward looking. Forward-looking statements are frequently identified by such words as ‘may’, ‘will’, ‘plan’, ‘expect’, ‘believe’, ‘anticipate’, ‘estimate’, ‘intend’ and similar words referring to future events and results. Such statements and information are based on the current opinions and expectations of management. All forward-looking information is inherently uncertain and subject to a variety of assumptions, risks and uncertainties, including the speculative nature of mineral exploration and development, fluctuating commodity prices, the risks of obtaining necessary approvals, licenses and permits and the availability of financing, as described in more detail in the Company’s securities filings available at www.sedar.com. Actual events or results may differ materially from those projected in the forward-looking statements and the reader is cautioned against placing undue reliance thereon. Forward-looking information

speaks only as of the date on which it is provided and the Company assumes no obligation to revise or update these forward-looking statements except as required by applicable law.