

FORM 7

MONTHLY PROGRESS REPORT – August 2019

Name of Listed Issuer: **Planet 13 Holdings Inc.** (the “Issuer”).

Trading Symbol: **PLTH**

Number of Outstanding Listed Securities: 81,403,619

Number of Outstanding Restricted Voting Shares: 55,232,940

Total Number of Issued Shares on an as Converted Basis: 136,636,559

Number of Outstanding Warrants, Options and RSUs: 21,077,660

Date: October 7, 2019

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term “Issuer” includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

- 1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.**
 - Customer traffic during the month of September continued to meet expectations in both total customer visits, conversion to paying customers and average revenue per customer. The Company had 101,228 total visitors during the month of September 2019 and had 59,091 paying customers, or an average of 1,970 customers per day each spending an average of US\$94.73.
- 2. Provide a general overview and discussion of the activities of management.**
 - During the month of August 2019, Management continued its focus on driving solid financial returns for shareholders from the Superstore, both out of its current footprint of 16,000 square feet of dispensary space as well as through the profitable expansion into the full 112,000 square feet of available space on the site that are part of its planned cannabis entertainment complex. The Phase II expansion, which includes the coffee shop/bistro, event space, Planet M CBD store and merchandise store and customer facing production facility are on budget and on schedule to open in Q3, 2019.
- 3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.**
 - . See answer to #1 and #2.
- 4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.**
 - Not Applicable.
- 5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.**
 - Not Applicable
- 6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.**
 - Not Applicable.
- 7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration**

paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

- Not Applicable.
8. Describe the acquisition of new customers or loss of customers.
- See the answer to #1 above for additional detail.
9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.
- Not applicable.
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.
- Not Applicable.
11. Report on any labour disputes and resolutions of those disputes if applicable.
- Not Applicable.
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.
- Not Applicable
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.
- Not Applicable.
14. Provide details of any securities issued and options or warrants granted.
- The Company issued 33,000 common shares on the exercise of Restricted Share Units that had vested as at September 30, 2019 and issued 73,437 common shares on the exercise of warrants that resulted in cash proceeds to the Company of CAD\$72,812 during the month of September 2019.
15. Provide details of any loans to or by Related Persons.
- Not Applicable.
16. Provide details of any changes in directors, officers or committee members.
- Not Applicable
17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

- The recent Vaping health crisis has not had any meaningful impact on the Company's sales of vaping related products. There have been no other changes in industry trends. Additional details and discussion can be found in the Company's consolidated financial statements for the year ended December 31, 2018 as well as Management's discussion and analysis for the three months and year ended December 31, 2018 that were filed on SEDAR on April 30th, 2019 as well as in the Company's MD&A and unaudited interim consolidated financial statements for the three and six months ended June 30, 2019

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated October 7, 2019

Dennis Logan
Name of Director or Senior
Officer

"Dennis Logan"
Signature
Chief Financial Officer
Official Capacity

Issuer Details Name of Issuer Planet 13 Holdings Inc.	For Month End September 30, 2019	Date of Report YY/MM/D 19/10/07
Issuer Address 4850 W. Sunset Rd		
City/Province/Postal Code Las Vegas/Nevada/89118	Issuer Fax No.	Issuer Telephone No.
Contact Name Jon Ross	Contact Position IR – Loderock Advisors Inc.	Contact Telephone No. (416) 283-0178
Contact Email Address ir@planet13lasvegas.com	Web Site Address www.planet13holdings.com	

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