



NORTHERN SPHERE CEASE TRADE ORDER – DELAY IN FILING ANNUAL FINANCIAL STATEMENTS

TORONTO, ON – May 7, 2019 – Northern Sphere Mining Corp. (CSE:NSM OTC:NSMCF) (“Northern Sphere” or the “Company”) announces a cease trade order has been issued by the Ontario Securities Commission on May 6, 2019 for failure to file its annual financial statements for the year ended December 31, 2018, including the related management discussion and analysis and CEO & CFO certifications (collectively, the “Annual Filings”). The Annual Filings were required to be filed by April 30, 2019.

The Company is working to complete its Annual Filings and will provide updates as further information relating to the Annual Filings becomes available.

Until the Annual Filings are filed, the Company intends to provide information in accordance with National Policy 12-203 Cease Trade Orders for Continuous Disclosure Defaults.

About Northern Sphere

Northern Sphere is a mineral exploration company focused on the acquisition, exploration and development of precious and base metal projects. For further details on Northern Sphere, please refer to our web site (www.northernsphere.com) and Northern Sphere's Canadian regulatory filings on SEDAR at www.sedar.com.

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CAUTIONARY STATEMENT: The Canadian Securities Exchange does not accept responsibility for the adequacy or accuracy of this release. No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein. This news release contains forward-looking information, which is not comprised of historical facts. Forward-looking information involves risks, uncertainties and other factors that could cause actual events, results, performance, prospects and opportunities to differ materially from those expressed or implied by such forward-looking information. Forward looking information in this news release includes, but is not limited to, Northern Sphere’s objectives, goals or future plans, statements regarding exploration results, exploration plans and the timing of a potential resource estimate. Factors that could cause actual results to differ materially from such forward-looking information include, but are not limited to, uncertainties inherent to preparing a resource estimate within expected timeline, capital and operating costs varying significantly from estimates, the preliminary nature of metallurgical test results, delays in obtaining or failures to obtain required governmental, environmental or other project approvals, political risks, uncertainties relating to the availability and costs of financing needed in the future, changes in equity markets, inflation, changes in exchange rates, fluctuations in commodity prices, delays in the development of projects and the other risks involved in the mineral exploration and development industry, and those risks set out in Northern Sphere’s public documents filed on SEDAR. Although Northern Sphere believes that the assumptions and factors used in preparing the forward-looking information in this news release are reasonable, undue reliance should not be placed on such information, which only applies as of the date of this press release, and no assurance can be given that such events will occur in the disclosed time frames or at all. Northern Sphere disclaims any intention or obligation to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, other than as required by law. We seek safe harbour.