



SPEARMINT **RESOURCES INC.**

SPMT-CSE SPMTF-USA A2AHL5-GER

SPEARMINT RESOURCES INC.

2905 - 700 West Georgia St.

Vancouver BC V7Y 1C6

Drill Program Completed on the Goose Gold Project in Newfoundland

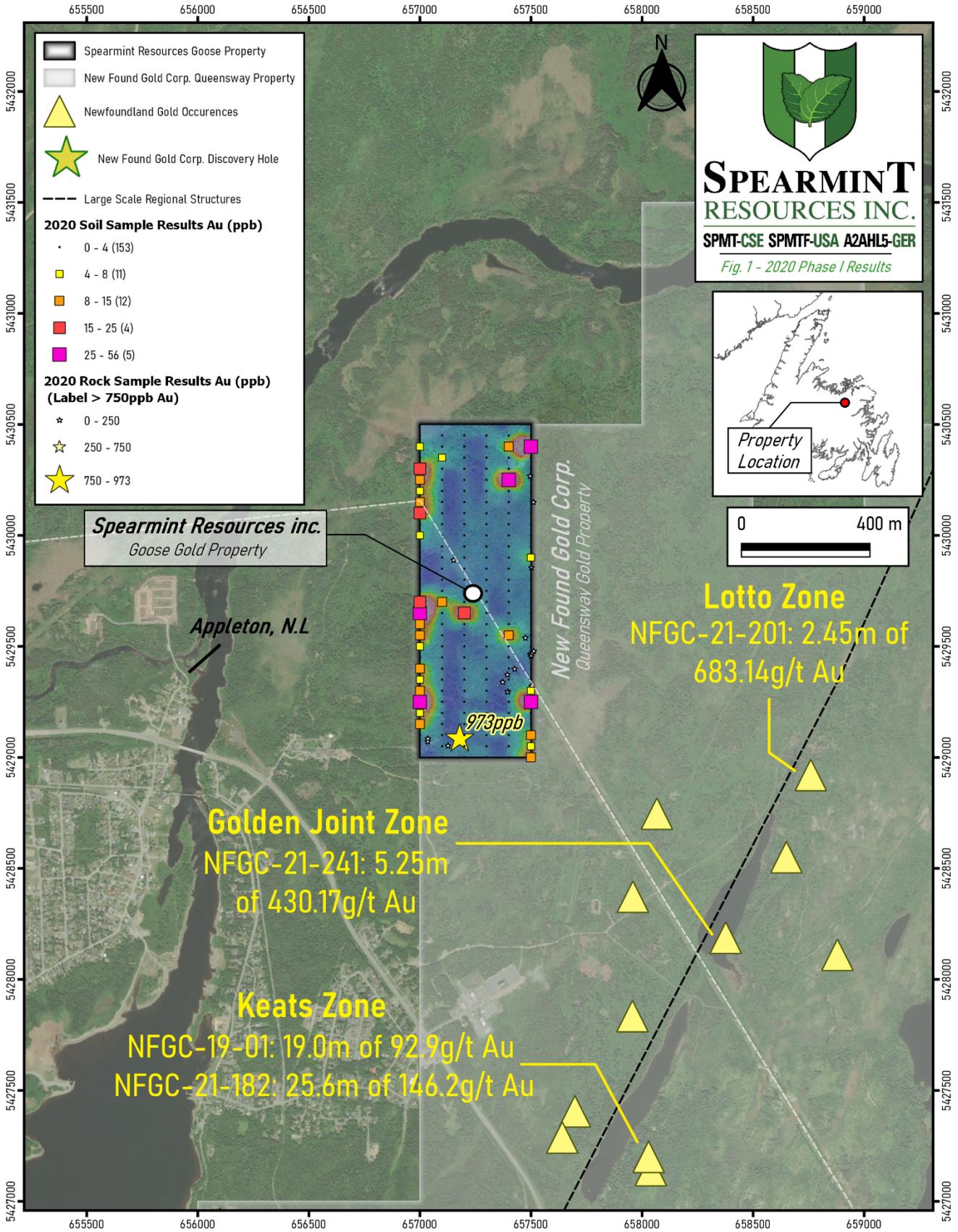
August 12, 2022 - SpearMint Resources Inc. (CSE: SPMT) (OTC Pink: SPMTF) (FSE: A2AHL5) (the “Company” or “SpearMint”) is wishes to announce that the maiden drill program has now been completed on the 100-percent owned “Goose Gold Project” directly bordering New Found Gold Corp.’s (NFGC-NYSE, NFG-TSX.V) Queensway project in Newfoundland (see map below). Four diamond drill holes (DDH) were located and drilled for a total 677 meters of drilling completed.

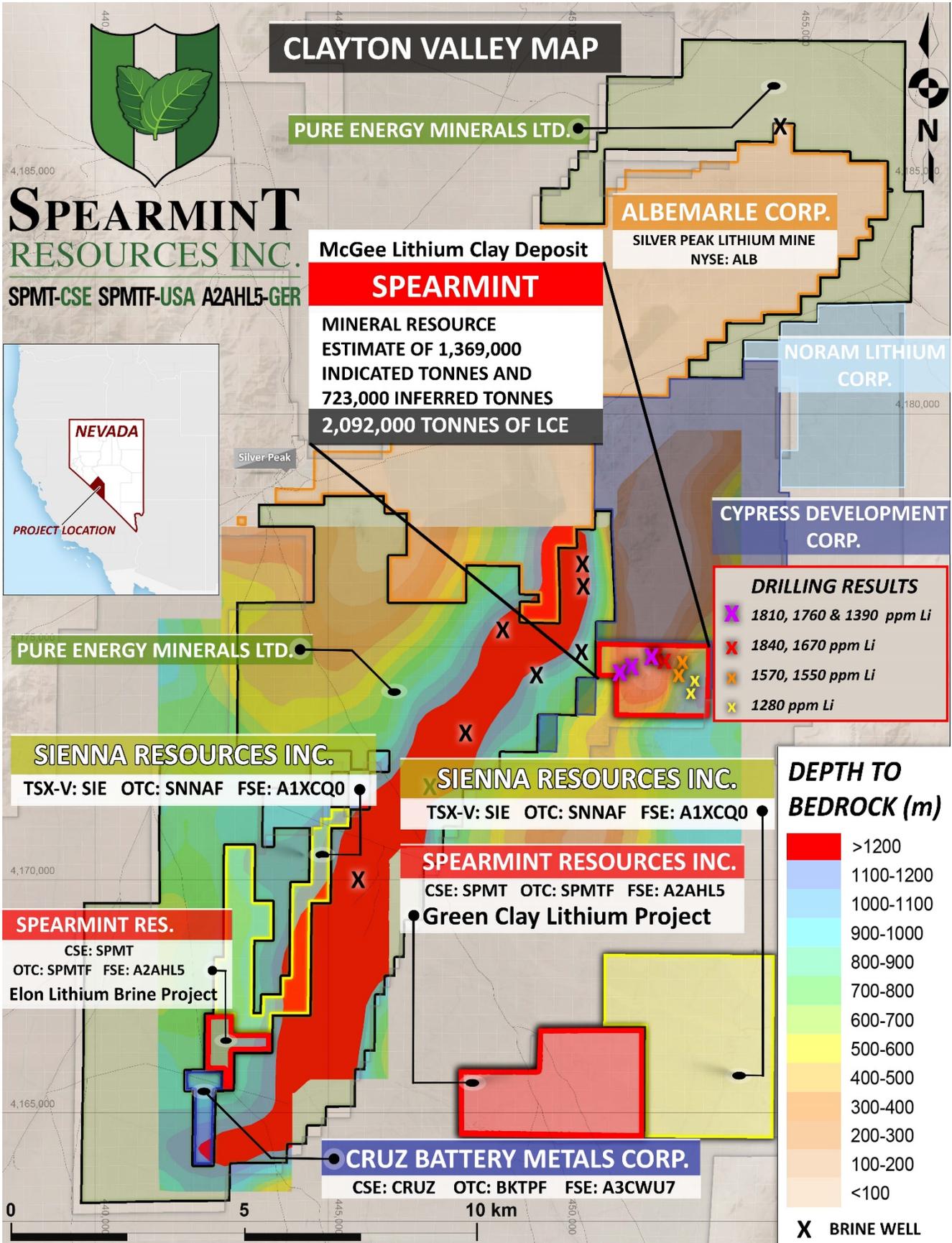
The 2022 Drill program was designed to test targets identified along a major NE-trending magnetic lineament and several narrow, magnetic trends that also contained overlapping geochemical anomalies. These targets were generated as a result of the phase one program completed in 2021.

SpearMint wishes to report that the 2022 diamond drilling program identified multiple mineralized and altered fault zones. All DDH holes completed Goose Gold property have intersected faulting and shearing zones consisting of graphitic shale alteration and containing multiple generations of quartz veining and stockwork. Several generations of quartz carbonate veins were observed to contain sulfide mineralization including boulangerite, chalcopyrite and arsenopyrite. Minor vuggy quartz veining with stylolitic textures were noted to be present in multiple segments of core within each hole drilled.

James Nelson, President of SpearMint Resources stated, "We are pleased to have now completed the much-anticipated maiden drill program on our ‘Goose Gold Project’ directly bordering New Found Gold Corp.’s (NFGC-NYSE) (NFG-TSX.V) Queensway project. We look forward to receiving the drill results. SpearMint also recently announced a major upgrade to our resource estimate in Nevada on our McGee Lithium Clay Deposit, having more than doubled the previous amount of lithium carbonate equivalent (LCE) to 1,369,000 indicated tonnes and 723,000 inferred tonnes of LCE for a total of 2,092,000 tonnes of LCE. We feel the second half of 2022 could have a significant impact for our shareholders.”

On June 17, 2022, the Company announced that it has received the updated Technical Report and Mineral Resource estimate for the 100-per-cent-owned McGee Lithium Clay Deposit in Clayton Valley, Nevada. The Technical Report included an updated Mineral Resource estimate of 1,369,000 indicated tonnes and 723,000 inferred tonnes of lithium carbonate equivalent (LCE) for a total of 2,092,000 tonnes of LCE, more than doubling the maiden resource estimate announced on June 11, 2021. The Technical Report and Mineral Resource Estimate was prepared by Derek Loveday, P.Geol. and Mariea Kartick, P.Geol. of Stantec Consulting Services Ltd. (“Stantec”) in conformity with CIM “Estimation of Mineral Resource and Mineral Reserves Best Practices” guidelines and were reported in accordance with the Canadian Securities Administrators NI 43-101.





Qualified Person

Mr. Frank Bain, P.Geo., a Qualified Person as defined by National Instrument 43-101 has reviewed and approved the scientific and technical disclosure contained within this news release.

About Spearmint Resources

Spearmint's primary projects include three lithium projects in Clayton Valley, Nevada; the 'McGee Lithium Clay Deposit' which has a resource estimate of 1,369,000 indicated tonnes and 723,000 inferred tonnes of lithium carbonate equivalent (LCE) for a total of 2,092,000 tonnes of LCE., directly bordering Pure Energy Minerals (PE.v) & Cypress Development Corp. (CYP.v); the 'Elon Lithium Brine Project' which has access to some of the deepest parts of the only lithium brine basin in production in North America; and the recently acquired 'Green Clay Lithium Project' comprised of 97 contiguous claims totaling approximately 2,000 acres.

Spearmint's other primary projects include the 'Goose' Gold project directly bordering New Found Gold Corp. (NFG.v) where Spearmint has sampled up to 973 ppb gold, and the Perron-East Gold Project consisting of 5 mineral claim blocks covering 11,608 acres located in the Abitibi greenstone belt of northwestern Quebec in the direct vicinity of Amex Exploration Inc.'s (AMX.v) Perron property and past-producing Normetal mine. For a complete list of Spearmint's projects please visit spearmintresources.ca. Management cautions that past results or discoveries on properties in proximity to Spearmint may not necessarily be indicative to the presence of mineralization on the Company's properties.

If you would like to be added to Spearmint's news distribution list, please send your email address to info@spearmintresources.ca

Contact Information

Tel: 1604646-6903

www.spearmintresources.ca

"James Nelson"

President

Spearmint Resources Inc.

The CSE has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this release.