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**Canada House Wellness Group Reports Third Quarter Fiscal Year 2020 Results and
Provides Business Update Regarding COVID-19**

Toronto, March 25, 2020 (CNW). Canada House Wellness Group Inc. (CSE: CHV) (“**Canada House**” or the “**Company**”) is pleased to report its financial results for the three and nine months ending January 31, 2020. All amounts are stated in thousands of Canadian dollars. Additional details can be found at www.sedar.com.

Canada House also reports that the Company and its wholly owned subsidiaries, Abba Medix Corp. (“**Abba**”) and Canada House Clinics Inc. (“**Canada House Clinics**”), are acting proactively in their response to COVID-19 and remain open for business with necessary changes to internal practices consistent with the guidelines of public health authorities. The Company continues to monitor the COVID-19 pandemic and is following government directives and best practices, including social distancing, working from home, and staying home when symptomatic, to prioritize the health and safety of its customers and employees while ensuring uninterrupted operations through the entire organization and allowing the continued service of Canada House's valued patients, particularly military veterans.

Financial Highlights:

- Cash position of \$869 as at January 31, 2020 compared to \$3,427 as at April 30, 2019. Subsequent to the quarter ending January 31, 2020, on March 11, 2020, the Company secured \$2.7 million of new financing.
- Revenue for the three months ending January 31, 2020 was \$1,342, an increase of \$166 or 14% from \$1,176 in the prior year and \$3,923 for the nine months ending January 31, 2020, an increase of \$277 or 8% compared to \$3,646 for the same period in the prior year.
- General and administrative expenses decreased by \$538 or 25% for the three months ending January 31, 2020, and \$762 or 12% for the nine months ending January 31, 2020, to \$1,626 and \$5,807 respectively, compared to \$2,164 and \$6,569 for the same periods in the prior year.
- Loss from operations for the three months and nine months ending January 31, 2020 was (\$1,448) and (\$5,533) respectively, an improvement of 52% or \$1,574 and 22% or \$1,541 compared to (\$3,022) and (\$7,074) for the same periods in the prior year.
- Net loss and comprehensive loss for the three months ending January 31, 2020 was (\$364) compared to loss and comprehensive loss of (\$3,263) for the same period in the prior year. For the nine-month period ending January 31, 2020, net loss and comprehensive loss was (\$3,803) compared to (\$8,301) for the same period in the prior year.

“Our double-digit increase in revenue was from growth in both Canada House Clinics and Abba Medix Corp, as this was our first full quarter since Abba obtained its sales licence.” says Chris Churchill Smith, CEO, Canada House. “The reduction in general and administrative expenses and the much-improved loss from operations evidences our focus on cost containment and our path to profitability, with Canada House Clinics now being solidly profitable.” Mr. Churchill-Smith continues “As revenue continues to increase, we will continue to align our cost structure through disciplined cost management to grow stronger and drive profitability on a go-forward basis.”

Business Update:

Cannabis is considered an essential service pursuant to federal and provincial government directives in response to COVID-19. Canada House is pleased to report that the Company, Canada House Clinics, and Abba remain open for business and will continue to support their clients, partners, and most importantly, their medical patients, while following government directives and best practices to reduce the risk of COVID-19 exposure and spread during these trying and uncertain times.

In this respect, Canada House Clinics employees have suspended all travel and are working from home while clinic services will continue to be offered to existing and prospective patients via Telemedicine. All Canada House Clinics patients, including our Veterans, continue to have direct access to prescriber and education services. The Canada House Clinics team is dedicated to ensuring that clinic patients continue to receive the services and medicine necessary to meet their health and wellness needs.

Abba has provided its employees with additional personal protective gear to reduce the risk of COVID-19 exposure and spread and has deployed more rigorous cleaning and sanitization efforts at its Pickering, Ontario facility in order to safely continue the production and distribution of medical cannabis to its registered patients and recreational cannabis to its provincial distribution partners. Abba has experienced an increase in medical patient registrations, specifically veteran patient registrations, and wishes to confirm for its growing patient base that they can continue to rely on Abba’s diverse strain offering to meet their medical needs during the COVID-19 pandemic. Abba’s product offering is available for sale to registered Abba patients at www.abbamedix.com.

“The completion of our recent fundraise has significantly strengthened our balance sheet and put our Company in a strong position to see through this very challenging macroeconomic environment,” said Canada House CEO Chris Churchill-Smith. “As a medical and veteran focused Company, it is important that our employees, medical patients, partners, and clients rest assured that we are monitoring this situation closely and are taking necessary steps to protect their health while continuing operations and providing uninterrupted access to cannabis products and services.”

About Canada House Wellness Group Inc.

Canada House Wellness Group Inc. is the parent company of Abba Medix Corp., a Licensed Producer in Pickering, Ontario that produces high quality medical grade cannabis; Canada House Clinics Inc., with clinics across the country that work directly with primary care teams to provide specialized cannabinoid therapy services to patients suffering from simple and complex medical conditions; and Knalysis Technologies, a provider of fully customizable, cloud-based software that links physician, provider, and patient to data that supports treatment with medical cannabis.

Canada House Wellness Group's goal is to become the leading cultivator of premium craft cannabis and provider of cannabinoid therapy, targeting the medical cannabis markets globally. Please visit www.canadahouse.ca or the Company's public filings at www.sedar.com.

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Cautionary Statement Regarding Forward-Looking Information. This press release contains forward-looking statements, including statements that relate to, among other things, the Company's clinic, production and technology businesses, its future plans, the Company's markets, objectives, goals, strategies, intentions, beliefs, expectations and estimates, and can generally be identified by the use of words such as "may", "will", "could", "should", "would", "likely", "possible", "expect", "intend", "estimate", "anticipate", "believe", "plan", "objective" and "continue" (or the negative thereof) and words and expressions of similar import. Although the Company believes that the expectations reflected in such forward-looking statements are reasonable, such statements involve risks and uncertainties, and undue reliance should not be placed on such statements. Certain material factors or assumptions are applied in making forward-looking statements, and actual results may differ materially from those expressed or implied in such statements. Material assumptions used to develop forward-looking information in this news release include, among other things, the regulations related to cannabis use under the Access to Cannabis for Medical Purposes Regulations and the act respecting cannabis and to amend the Controlled Drugs and Substances Act, the Criminal Code and other Acts, passed by the Canadian Federal government, making cannabis and cannabis based edibles, vapes and oils legal for recreational use on October 17, 2018 and October 17, 2019; Company liquidity and capital resources, including the availability of additional capital resources to fund its activities; level of competition; the ability to adapt products and services to the changing market; the ability to attract and retain key executives; and the ability to execute strategic plans. Additional information about material factors that could cause actual results to differ materially from expectations and about material factors or assumptions applied in making forward-looking statements may be found in the Company's most recent annual and interim Management's Discussion and Analysis under "Risk and Uncertainties" as well as in other public disclosure documents filed with Canadian securities regulatory authorities. The Company does not undertake any obligation to update publicly or to revise any of the forward-looking statements contained in this document, whether as a result of new information, future events or otherwise, except as required by law.

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