



## **LiveWell Announces Stock Option Grants**

**OTTAWA, ONTARIO, March 11, 2019**, – LiveWell Canada Inc. ("**LiveWell**" or the "**Company**"), (CSE: LVWL), today announced that it has granted an aggregate of 9,350,000 options to purchase common stock to certain officers, employees and consultants. The options are exercisable at a price of \$0.74 per share and will vest one third on each December 31<sup>st</sup> starting with December 31, 2019. These options will expire in five years. All options were granted in accordance with LiveWell's stock option plan as approved by the shareholders in December 2018.

### **About LiveWell**

LiveWell is an innovative Canadian health and wellness company focused on the advanced research of CBD and other cannabinoids. Utilizing state-of-the-art manufacturing facilities, LiveWell aims to cost-effectively extract and refine large quantities of hemp-derived CBD, better enabling it to develop, market and distribute wholesale and consumer products.

Neither the Canadian Securities Exchange nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

### **SOURCE LiveWell Canada Inc.**

For more information, visit [livewellcorp.com](http://livewellcorp.com)

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