FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer:	Crest Resources	Inc. (the "	lssuer").
Trading Symbol: CRES				

Date: April 8, 2019

1. New Options Granted:

Date of Grant: April 5, 2019

	Position (Director/ Officer/ Employee/ Consultant/ Management	Insider Yes or	No. of Optioned	Exercise	Expiry	No. of Options Granted in Past 12
Name of Optionee	Company	No?	Shares	Price	Date	Months
Ty Consulting Inc.(1)	Consultant	Yes	100,000	\$0.12	April 5, 2023	Nil

⁽¹⁾ Sean Ty, the principal of Ty Consulting Inc., is the CFO of the Issuer.

Total Number of optioned shares proposed for acceptance: 100,000.

2. Other Presently Outstanding Options:

	No. of Optioned	Exercise	Original Date of	
Name of Optionee	Shares ⁽¹⁾	Price	Grant	Expiry Date
Duster Capital Corp.	75,000	\$0.10	July 13, 2018	July 13, 2023
Mark Lotz	75,000	\$0.10	July 13, 2018	March 31, 2020
John E. Hiner	75,000	\$0.10	July 13, 2018	December 31, 2019
Paul V. John	200,000	\$0.10	July 13, 2018	July 13, 2023
Haywood Securities Inc.	244,380(2)	\$0.10	October 22, 2018	October 22, 2020
Mackie Research Capital Corporation	39,520(2)	\$0.10	October 22, 2018	October 22, 2020
Leede Jones Gable Inc.	102,000(2)	\$0.10	October 22, 2018	October 22, 2020
TOTAL:	810,900			

⁽¹⁾ Set out number of optioned shares for each grant with different terms.

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⁽²⁾ Not granted pursuant to the Issuer's stock option plan.

3. Additional Information

(a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

Not Required.

(b) State the date of the news release announcing the grant of options.

April 5, 2019.

(c) State the total issued and outstanding share capital at the date of grant or amendment.

12,809,001.

(d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

7.11% as at April 5, 2019.

(e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

755,900 (385,900 options held by parties in Section 2 were issued outside the Issuer's stock option plan).

(f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A.

(g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

N/A.

4. Certificate of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated April 8, 2019	_•
	Dušan Berka Name of Director or Senior Officer
	<i>"Dušan Berka"</i> Signature
	CEO, President and director Official Capacity