FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer:	Dimension Five Technologies Inc. (the "Issuer").	
Trading Symbol: DFT		
umber of Outstanding Listed Securities: 23,078,001		

Date: December 2, 2019

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

During the month ended November 30, 2019, the Issuer conducted due diligence on a new prospective technology company and terminated the previously announced non-binding letter of intent entered into in September 2019 with Emergent Waste Solutions Inc. The Issuer also completed routine maintenance on the investorbase App, including modifications to enhance cloud server speed.

2. Provide a general overview and discussion of the activities of management.

See Item 1 above.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

See Item 1 above.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any

valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provides details of the relationship.

None.

8. Describe the acquisition of new customers or loss of customers.

None.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

None.

10. Report on any employee hiring's, terminations or lay-offs with details of anticipated length of lay-offs.

None.

11. Report on any labour disputes and resolutions of those disputes if applicable.

None.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None.

14. Provide details of any securities issued and options or warrants granted.

None.

15. Provide details of any loans to or by Related Persons.

None.



16. Provide details of any changes in directors, officers or committee members.

None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Issuer's success depends on the continuation of stock trading and the ability of products to add new users, sell licensing and generate revenue. Future revenues will be largely dependent on the Issuer's ability to generate revenue from third parties advertising within the Issuer's products. Changes in media trends which affect user adoption and marketing habits may significantly affect the Issuer's ability to collect revenue in the future. If third party marketers decide that the Issuer's products are experimental or unproven, or if third party policies limit the Issuer's ability to deliver or target advertising on mobile devices and desktop, or if adverse legal developments arise relating to advertising, including legislative and regulatory developments and developments in litigation, or if the Issuer's products are unable to sustain or increase the value of its ads or marketers' ability to analyze and measure the value of its ads, or if trends for advertising on mobile devices or on personal computers changes, the Issuer's advertising revenue could be adversely affected.

It is unknown at this time whether an agreement will be reached or a transaction will complete with the potential target company, whose name has not yet been disclosed. In the event an agreement is reached, the Issuer will have to reapply to the CSE to be listed with its new business, which would entail a shareholder vote obtaining the majority of the minority approval, and other regulatory filings.



Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated <u>December 2, 2019</u>	
	Chris Parr
	Name of Director/Senior Officer
	"Chris Parr"
	Signature

President, CEO and Director
Official Capacity

Issuer Details Name of Issuer Dimension Five Technologies Inc. Issuer Address #1450 – 789 West Pender Street	For Month End November 2019	Date of Report YY/MM/DD 19/12/02
City/Province/Postal Code Vancouver, BC, V6C 1H2	Issuer Fax No. 604-681-8240	Issuer Telephone No. 604-681-1568
Contact Name Chris Parr	Contact Position President, CEO and Director	Contact Telephone No. 604-681-1568
Contact Email Address chris@dimensionfive.ca	Web Site Address www.dimensionfive.ca	1

