

CSE - FORM 7

Monthly Progress Report – JULY 2020

Name of CSE Issuer: Bird River Resources Inc. ("Bird River", the "Issuer" or the "Company")

Trading Symbol: BDR

Number of Outstanding Listed Securities: 116,002,334 common shares

Date: August 5, 2020

1. General Overview and Discussion

Bird River Resources Inc. (the Company) is a Manitoba, incorporated company which has been engaged in resource exploration and development for over 62 years. In recent years, the Company has focused on oil and gas exploration in southwestern Manitoba and Alberta by way of joint ventures with other established oil companies.

Bird River owns 100% of High Point Oil Inc. ("High Point"), a private Alberta company that specializes in the exploration and development of conventional light oil reserves that reside in the Devonian carbonate systems of Alberta. High Point has acquired, interpreted and completed the geological integration of approximately 260 square miles of 3D seismic and has acquired prospective mineral leases. Management anticipates additional opportunities will be identified and delineated as the interpretation of the growing seismic database progresses. The first well of the, 2018 three well program, was successful and production began on August 1, 2018. The remaining two wells were found to be uneconomic.

During September 2019, High Point entered into an agreement with an industry partner to acquire certain mineral interests and well bores. During November 2019, the High Point recompleted one of the well bores and has successfully brought it on production. During December 2019, the Corporation recompleted a second well bore and has concluded the well is uneconomic. High Point presently has five producing wells in Alberta.

The Company holds joint venture interests in 12 oil wells near the towns of Sinclair, Pierson and Waskada in southwestern Manitoba, of which 9 are producing. The wells were developed in conjunction with an industry partner which were drilled into the Bakken, Lodgepole and Spearfish formations. The Company also holds a 1% NSR in a nickel-platinum-palladium property in eastern Manitoba.

2. Activities of Management

Due to the collapse of world oil prices during the months of March and April 2020 the Company's subsidiary management decided to temporarily shut-in two producing wells in Alberta due to economic factors. During the month of July oil prices continued to show

improvement on world markets and as WTI and WCS oil prices recover further the subsidiary's management may re-start the shut-in wells. On July 27th the Company filed its interim (second quarter) Financial Statements and MD&A on SEDAR. Immediately thereafter management started the preparation of the interim (third quarter) Financial Statements and MD&A which it intends to file on SEDAR by approximately mid August.

3. New Exploration Activities

None.

4. Exploration Activities – Amended or Abandoned

None - see items 1 above.

5. New Business Relationships

Not applicable.

6. Expiry or Termination of Contracts or Financing Agreements

Not applicable.

7. Acquisition or Disposition of Assets

The Company did not acquire or dispose of any assets during July 2020.

8. Acquisition or Loss of Customers

Not applicable.

9. New Developments or Effects on Intangible Assets

None.

10. Employee Hirings and Terminations

None

11. Labour Disputes and Resolutions

The former CEO and CFO of the Corporation's subsidiary have expressed formal grievances concerning their former employment. The matters remain unresolved.

12. Legal Proceedings

The Company's subsidiary High Point Oil Inc., legal matter with Advantagewon Oil Corp., has yet to be resolved. High Point Oil's management believe this action is without merit and will be strongly defending its position.

13. Indebtedness Incurred or Repaid

The Company did not incur or repay any indebtedness other than in the normal course of operations.

14. Securities Issued and Options or Warrants Granted

Security	Number Issued	Details of Issuance	Use of Proceeds
n/a			

15. Loans to or by Related Parties

The Company does not have any loans to or by Related Parties other than in the normal course of operations.

16. Changes in Officers, Directors or Committee Members

The current officers and directors of the Company are:

<u>Name</u>	<u>Position(s)</u>
Jon Bridgman	Chief Executive Officer and Director
Ed Thompson (a)(b)	CFO, Secretary-Treasurer and Director
Donal Carroll, CPA (a)(b)	Director
David Walters, MBA, CFA (a) (b)	Director

(a) Member of the Audit Committee

(b) Member of the Compensation Committee

17. Trends Impacting the Company

Many risks are discussed below, but these risk factors should not be construed as exhaustive. There are numerous factors, both known and unknown, that could cause actual results or events to differ materially from forecast results.

Risk inherent in oil and gas

Oil and natural gas operations involve many risks that even a combination of experience, knowledge and careful evaluation may not be able to overcome. The long-term commercial success of the Company depends on its ability to find, acquire, develop, and commercially

produce oil and natural gas reserves. Without the continual addition of new reserves, any existing reserves the Company may have at any particular time and the production therefrom will decline over time as such existing reserves are exploited. Any future increase in the Company's reserves will depend not only on the Company's ability to explore and develop any properties it may have from time to time, but also on its ability to select and acquire suitable producing properties or prospects. No assurance can be given that further commercial quantities of oil and natural gas will be discovered or acquired by the Company. The Company's principal risks include finding and developing economic hydrocarbon reserves efficiently and being able to fund the capital program.

Marketing Risk

Perhaps one of the most significant risks facing the oil and gas industry in Alberta at present is the ability to market its product effectively. Severe pipeline constraints have resulted in extreme reductions in value of all weights of crude oil and in natural gas. The Company is currently targeting light oil (which has not been as affected by these constraints) in an effort to mitigate this risk but there is no guarantee that such constraints will not have increasing adverse effects on light oil. This risk is almost impossible to predict as it is highly impacted by policy decisions of all levels of governments in Canada and indeed by world governments and the actions of the Organization of Petroleum Exporting Countries (or "OPEC").

Capital Risk

The Company's need for capital is both short-term and long-term in nature. Short-term working capital will be required to finance accounts receivable, drilling deposits and other similar short-term assets, while the acquisition and development of oil and natural gas properties requires large amounts of long-term capital. In the short term, the Company anticipates that capital requirements will be funded by cash on hand and through internally generated cash flow. In the longer term it anticipates that capital requirements will be met through a combination of internal adjusted funds flow, debt and/or equity financing. There is no assurance that debt and equity financing will be available on terms acceptable to the Company to meet its capital requirements.

Interrelation of Business Components

If any components of the Company's business plan are missing or incomplete, the Company may not be able to execute its' entire business plan.

Environmental Risks

All phases of the oil and natural gas business present environmental risks and hazards and are subject to environmental regulation pursuant to a variety of federal, provincial, and local laws and regulations. Environmental legislation provides for, among other things, restrictions and prohibitions on spills, releases or emissions of various substances produced in association with oil and natural gas operations. The legislation also requires that wells and facility sites be operated, maintained, abandoned and reclaimed to the satisfaction of applicable regulatory authorities. Compliance with such legislation can require significant expenditures and a breach may result in the imposition of fines and penalties, some of which may be material. Environmental legislation is evolving in a manner expected to result in stricter standards and enforcement, larger fines and liability and potentially increased capital expenditures and operating costs. The discharge of oil, natural gas or other pollutants into the air, soil, or water

may give rise to liabilities to governments and third parties and may require the Company's operating entities to incur costs to remedy such discharge. Although the Company intends to be in material compliance with current applicable environmental regulations, no assurance can be given that changes in environment laws will not result in a curtailment of production or a material increase in the costs of production, development or exploration activities or otherwise adversely

affect the Company's financial condition, results of operations or prospects. The Company's involvement in the exploration for and development of oil and natural gas properties may result in the Company becoming subject to liability for pollution, blowouts, property damage, personal injury or other hazards. Prior to drilling, the Company obtains insurance in accordance with industry standards to address certain of these risks. However, such insurance has limitations on liability and may not be sufficient to cover the full extent of such liability. In addition, such risks may not, in all circumstances, be insurable or, in certain circumstances, The Company may elect not to obtain insurance to deal with specific risks due to the high premiums associated with such insurance or other reasons. The payment of such uninsured liabilities would reduce the funds available to the Company. The occurrence of a significant event that was not fully insured against, or the insolvency of the insurer of such event, could have a material adverse effect on the Company's financial position, results of operations or prospects and will reduce income otherwise used to fund operations.

Price Risk

The Company's financial performance and condition are substantially dependent on the prevailing prices of oil and natural gas which are unstable and subject to fluctuation. Fluctuations in oil or natural gas prices could have an adverse effect on the Company's operations and financial condition and the value and amount of its reserves. Prices for crude oil fluctuate in response to global supply of and demand for oil, market performance and uncertainty and a variety of other factors which are outside the control of the Company including, but not limited, to the world economy and OPEC's ability to adjust supply to world demand, government regulation, political stability and the availability of alternative fuel sources. Natural gas prices are influenced primarily by factors within North America, including North American supply and demand, economic performance, weather conditions and availability and pricing of alternative fuel sources. Decreases in oil and natural gas prices typically result in a reduction of a Company's net production revenue and may change the economics of producing from some wells, which could result in a reduction in the volume of the Company's reserves. Declines in the prices of crude oil or natural gas could also result in delay or cancellation of existing or future drilling, development or construction programs or the curtailment of production. All of these factors could result in a material decrease in the Company's net production revenue, cash flows and profitability causing a reduction in its oil and gas acquisition and development activities. In addition, bank borrowings available to the Company will in part be determined by the Company's borrowing base. A sustained material decline in prices from historical average prices could further reduce such borrowing base, therefore reducing the bank credit available. The Company may utilize financial derivatives contracts to manage market risk. All such transactions would be conducted in accordance with a risk management policy that has been approved by the Board of Directors.

Legislative Risk

Included in the above risks is legislative risk. However, the oil and gas industry internationally and particularly in Canada is becoming increasingly subject to public scrutiny. It is virtually impossible to predict how this scrutiny may result in new and unexpected legislation which may adversely affect the Company's ability to obtain capital, its valuations and/or its operations.

Technology Risk

Technological advances are happening at ever increasing rates. The Company believes that there will be a market for its products for the foreseeable future. However, there is no guarantee that new technologies will not largely supplant the need for the Company's products in certain or all industries at some indeterminate point in the future.

Personnel Risk

There is no guarantee that the personnel employed by the Company will continue to be employed in such a manner. They may experience health and or life changes that make this difficult. The Company mitigates against this risk by sufficiently documenting its actions such that an appropriately trained and skilled replacement employee should be functional within a reasonable time period. However, there is no guarantee that all knowledge or skill of existing or future employees would be retained should they depart the Company for any reason. The Company may retain the services of outside consultants from time to time.

Partnership Risk

The Company has entered into joint venture partnerships with other companies and entities in an effort to help finance and minimize financial risk in the drilling and development of certain planned oil wells. There is no guarantee that the personnel employed by joint venture partners will continue to be employed in such a manner. They may experience health and or life changes that make this difficult. There is also no guarantee that the Company's joint venture partners will continue to operate as it has in the past.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the CSE that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CSE Requirements (as defined in CSE Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: August 5, 2020

“Jon Bridgman”

Jon Bridgman
Chief Executive Officer

<i>Issuer Details</i> <i>Name of Issuer</i>	<i>For Month End</i>	<i>Date of Report</i> <i>(YY/MM/DD)</i>
Bird River Resources Inc.	July 2020	2020/08/05
<i>Issuer Address</i> 5204 Roblin Blvd.		
<i>City/Province/Postal Code</i>	<i>Issuer Fax No.</i>	<i>Issuer Telephone No.</i>
Winnipeg, Manitoba R3R 0H1	(416) 531-0312	1-877- 587-0777
<i>Contact Name</i>	<i>Contact Position</i>	<i>Contact Telephone No.</i>
Jon Bridgman	Chief Executive Officer	1-877-587-0777
<i>Contact email address</i>	<i>Web Site Address</i>	
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