



FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: Glance Technologies Inc. (the "Issuer").

Trading Symbol: GET

Date: September 14, 2016

1. New Options Granted:

Date of Grant: September 13, 2016

Name of Optionee	Position	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Laura Gallagher	Officer	Y	55,000	\$0.28	September 13, 2021	25,000

Total Number of optioned shares proposed for acceptance: 55,000

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Director	150,000	\$0.15	October 29, 2015	October 29, 2020
Officer	200,000	\$0.15	January 15, 2016	January 15, 2021
Consultant	25,000	\$0.15	February 11, 2016	February 11, 2021
Consultants	165,000	\$0.15	March 17, 2016	March 17, 2021
Officers/Directors	650,000	\$0.15	March 17, 2016	March 17, 2021
Consultant	25,000	\$0.15	March 17, 2016	March 17, 2017
Officer	800,000	\$0.15	April 15, 2016	April 15, 2021

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Consultants	150,000	\$0.15	April 15, 2016	April 15, 2021
Director	250,000	\$0.15	May 12, 2016	May 12, 2021
Consultant	50,000	\$0.15	May 17, 2016	May 17, 2018
Consultant/Employee	150,000	\$0.15	June 9, 2016	June 9, 2021
Directors	100,000	\$0.15	June 15, 2016	June 15, 2021
Consultants	75,000	\$0.15	June 15, 2016	June 15, 2021
Consultant	50,000	\$0.15	June 30, 2016	June 30, 2021
Consultants/Employees	757,000	\$0.15	July 8, 2016	July 8, 2021
Agent	423,200	\$0.15	August 31, 2016	August 31, 2018
Officer/Directors	550,000	\$0.15	September 6, 2016	September 6, 2021
Employees/Consultants	590,000	\$0.15	September 6, 2016	September 6, 2021

(1) Set out number of optioned shares for each grant with different terms.

3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

N/A

- (b) State the date of the news release announcing the grant of options.

September 16, 2016

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

56,326,216

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

9.2%

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

417,421

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

\$0.15 per share

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

Laura Gallagher was appointed as the Issuer's Vice President of Finance on September 13, 2016

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated September 14, 2016

Penny Green
Name of Director or Senior
Officer

"Penny Green"
Signature

COO & a Director
Official Capacity

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