

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: PlantX Life Inc. (the "Issuer").

Trading Symbol: VEGA

Date: September 16, 2021

1. New Options Granted

Date of Grant: September 15, 2021

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Darran Quinn	Subsidiary Director	Yes	100,000	\$0.42	15- Sept-26	Nil
Paul Hemingway	Consultant	No	20,000	\$0.42	15- Sept-26	Nil

Total Number of optioned shares proposed for acceptance: 120,000.

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Alexandra Hoffman	997,036	\$0.25	10-Aug-20	10-Aug-25
Avnish Ghai	100,000	\$0.25	10-Aug-20	10-Aug-25
Bernie Tevel	50,000	\$0.25	10-Aug-20	10-Aug-25
Cal Jacob	25,000	\$0.25	10-Aug-20	10-Aug-25
Fred Leigh	200,000	\$0.25	10-Aug-20	10-Aug-25
Jaclyn Hoffman	25,000	\$0.25	10-Aug-20	10-Aug-25
Joel Milgram	25,000	\$0.25	10-Aug-20	10-Aug-25
Julia Frank	250,000	\$0.25	10-Aug-20	10-Aug-25
Kumar Abhishek	25,000	\$0.25	10-Aug-20	10-Aug-25
Lorne Rapkin	250,000	\$0.25	10-Aug-20	10-Aug-25
Pawitter Sidhu	75,000	\$0.25	10-Aug-20	10-Aug-25
Reuben Kats	25,000	\$0.25	10-Aug-20	10-Aug-25
Dan Rideout	100,000	\$0.25	10-Aug-20	10-Aug-25
Shawn Kattoula	100,000	\$0.25	10-Aug-20	10-Aug-25
Yosef Adelman	250,000	\$0.25	10-Aug-20	10-Aug-25
GeoLyn Mantei	75,000	\$0.25	10-Aug-20	10-Aug-25
John Di Girolamo	100,000	\$0.25	10-Aug-20	10-Aug-25
Scott Paterson	100,000	\$0.25	10-Aug-20	10-Aug-25
Chad Kanner	50,000	\$0.25	10-Aug-20	10-Aug-25
Peter Simeon	100,000	\$0.25	10-Aug-20	10-Aug-25
Ralph Moxness	100,000	\$0.25	10-Aug-20	10-Aug-25
Todd Shapiro	100,000	\$0.25	10-Aug-20	10-Aug-25
Aaron Palmer	25,000	\$0.25	10-Aug-20	10-Aug-25
Muhammad Athar Rasoo	10,000	\$0.25	10-Aug-20	10-Aug-25
Joel Abbo	100,000	\$0.25	10-Aug-20	10-Aug-25
Quinn Field-Dyte	240,000	\$0.25	10-Aug-20	10-Aug-25
Benjamin Nasberg	50,000	\$0.25	10-Aug-20	10-Aug-25
Percy Wiredu	100,000	\$0.25	10-Aug-20	10-Aug-25
Lexi Namous	10,000	\$0.25	10-Aug-20	10-Aug-25
Stacey Swift	20,000	\$0.25	10-Aug-20	10-Aug-25
Alexandra Hoffman	200,000	\$0.70	2-Dec-20	2-Dec-25

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Name of Optionee	No. of Optioned Shares⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
ANMOHO LLC	265,000	\$0.70	2-Dec-20	2-Dec-25
Shawn Kattoula	200,000	\$0.70	2-Dec-20	2-Dec-25
Scott Koyich	50,000	\$0.70	2-Dec-20	2-Dec-25
Gregg Bealer	150,000	\$0.70	2-Dec-20	2-Dec-25
Johnny Karls	25,000	\$0.70	2-Dec-20	2-Dec-25
Earl Diamond	10,000	\$0.70	2-Dec-20	2-Dec-25
Bill Tolany	50,000	\$0.70	2-Dec-20	2-Dec-25
Katie Cooper	100,000	\$0.70	2-Dec-20	2-Dec-25
John Gilbert	100,000	\$0.70	2-Dec-20	2-Dec-25
Kumar Abhishek	50,000	\$0.70	2-Dec-20	2-Dec-25
Gary Shneir	50,000	\$0.70	2-Dec-20	2-Dec-25
Ralph Moxness	50,000	\$0.70	2-Dec-20	2-Dec-25
Fred Leigh	100,000	\$0.70	2-Dec-20	2-Dec-25
Laura Dinnage	30,000	\$0.70	2-Dec-20	2-Dec-25
Lily Hannigan	30,000	\$0.70	2-Dec-20	2-Dec-25
Cory Balano	100,000	\$0.70	2-Dec-20	2-Dec-25
Grace Dwight	30,000	\$0.70	2-Dec-20	2-Dec-25
John Giammarella	150,000	\$0.70	2-Dec-20	2-Dec-25
Michael Grozman	10,000	\$1.45	16-Dec-20	16-Dec-25
David Parry	10,000	\$1.45	16-Dec-20	16-Dec-25
2200049 Alberta Inc.	500,000	\$1.45	16-Dec-20	16-Dec-25
SRAX Inc	350,000	\$1.45	16-Dec-20	16-Dec-25
1197127 BC Ltd	500,000	\$1.45	16-Dec-20	16-Dec-25
1093780 BC Ltd	500,000	\$1.45	16-Dec-20	16-Dec-25
Kelly Irwin	10,000	\$0.80	5-Apr-21	5-Apr-26
Kay Stratichuck	10,000	\$0.80	5-Apr-21	5-Apr-26
Lara Shriftman	100,000	\$0.80	5-Apr-21	5-Apr-26
Michael Robinson	100,000	\$0.80	5-Apr-21	5-Apr-26
Andrea Bratu	6,000	\$0.80	5-Apr-21	5-Apr-26
Adam Kruger	100,000	\$0.80	5-Apr-21	5-Apr-26
Matthew Kenney	1,000,000	\$0.80	5-Apr-21	5-Apr-26
Venus Williams	800,000	\$0.80	5-Apr-21	5-Apr-26
Shariq Khan	50,000	\$0.80	5-Apr-21	5-Apr-26
Steve Moir	100,000	\$0.80	5-Apr-21	5-Apr-26
Costanza Remonda	500,000	\$0.80	5-Apr-21	5-Apr-26
Lorne Rapkin	250,000	\$0.80	5-Apr-21	5-Apr-26
Alex Hoffman	250,000	\$0.80	5-Apr-21	5-Apr-26
Sean Dollinger	200,000	\$0.80	5-Apr-21	5-Apr-26
YIKES Inc.	375,000	\$0.80	5-Apr-21	5-Apr-26

(1) Set out number of optioned shares for each grant with different terms.

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3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

The stock option plan governing the grant of stock options was approved by shareholders on February 26, 2021.

- (b) State the date of the news release announcing the grant of options:

September 16, 2021.

- (c) State the total issued and outstanding share capital at the date of grant or amendment:

121,460,155.

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options:

9.17%.

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan:

3,816,969.

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors:

Not Applicable.

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer:

Not Applicable.

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated September 16, 2021.

Shariq Khan
Name of Director or Senior Officer

s/ "Shariq Khan"
Signature

Chief Financial Officer
Official Capacity