FORM 6

CERTIFICATE OF COMPLIANCE

TO: CANADIAN SECURITIES EXCHANGE ("CSE")

Foremost Lithium Resource & Technology Ltd. (the "**Issuer**") hereby certifies to CSE that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in Policy 1).

Date: March 13 2024

<u> </u>
Signed: "Jason Barnard" (Signature)
(Signature)
Jason Barnard
(Print Name)
President and Chief Executive Officer
(Print Office)