

**Form 51-102F3**  
**Material Change Report**

**Item 1 Name and Address of Company**

Alternate Health Corp.  
309 - 1485 West 6th Avenue  
Vancouver, BC V6H 4G1

**Item 2 Date of Material Change**

April 10, 2017

**Item 3 News Release**

A news release was issued by Alternate Health Corp. (the “**Company**”) on April 10, 2017.

**Item 4 Summary of Material Change**

**GENERAL WESLEY CLARK JOINS ALTERNATE HEALTH CORP. BOARD OF DIRECTORS**

**PLANO, Texas, April 10, 2017** – [Alternate Health Corp.](#) (CSE:AHG) (OTC:AHGIF) today announced that [General Wesley K. Clark](#), former NATO Supreme Allied Commander, has joined the Board of Directors of Alternate Health, a diverse healthcare company that uses its expertise in technology and data analytics to revolutionize patient care and service delivery. General Clark will assist and advocate for the company in its work to develop new treatments for patients suffering from post-traumatic stress disorder (PTSD).

**Item 5 Full Description of Material Change**

See the news release attached as Schedule “A” hereto.

**Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51 102**

Not Applicable.

**Item 7 Omitted Information**

Not Applicable.

**Item 8 Executive Officer**

To obtain further information please contact:  
Jim Griffiths, Director of Investor Relations at 1.416.607.5757.

**ITEM 9. DATE OF REPORT**

DATED at Vancouver, BC this 10<sup>th</sup> day of April, 2017.

          /s/ “Marcelin O’Neill”          

Marcelin O’Neill  
Compliance Officer



## SCHEDULE 'A'

### GENERAL WESLEY CLARK JOINS ALTERNATE HEALTH CORP. BOARD OF DIRECTORS

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Dr. Jamison Feramisco, CEO of Alternate Health said: “We are honoured that General Clark has joined the Board. As one of our country’s most decorated public servants and a champion of the health of our veterans, General Clark will bring critical energy and resources to Alternate Health’s work.”

General Clark said: “Over my career, I’ve seen thousands of veterans return home each year with medical issues and ailments ranging from acute injuries to ongoing PTSD. We must explore innovative options for treating these and other debilitating conditions, and Alternate Health is on the frontlines of this effort. I’m looking forward to working with them to address veterans conditions and improve the lives of many Americans and international citizens.”

General Clark served a distinguished career in the U.S. Army and rose to a four-star general as NATO’s Supreme Allied Commander. Since retiring from the military in 2000, he has served in several capacities in the private sector and has chaired several public and private companies in the energy, banking and business services field. In addition to being a noted author and political commentator, he graduated first in his class at West Point and completed degrees in Philosophy, Politics and Economics at Oxford University as a Rhodes scholar. Among his awards are the Presidential Medal of Freedom, the Silver Star, Purple Heart and honorary knighthoods from the United Kingdom and the Netherlands.

#### **About Alternate Health Corp.**

[Alternate Health Corp](#) is a diversified healthcare company that uses its expertise in technology to revolutionize patient care and service delivery in both traditional and complementary medical fields. With investments in research, education and cutting edge

technology, Alternate Health is a leader in software applications and processing systems for the medical industry using proprietary technology platforms. Through its subsidiaries, Alternate Health offers services ranging from medical practice and controlled substance management software to blood analysis and toxicology labs, to clinical research and continuing education programs. Alternate Health's goal is to continue to lead the medical industry with data-driven results in patient care and product development.

**Contact:**

For further information please contact:

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646-805-2024

Neither the CSE nor its Regulation Services Provider (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release. Statements included in this announcement, including statements concerning our plans, intentions and expectations, which are not historical in nature are intended to be, and are hereby identified as "forward-looking statements". Forward-looking statements may be identified by words including "anticipates", "believes", "intends", "estimates", "expects" and similar expressions. The Company cautions readers that forward-looking statements, including without limitation those relating to the Company's future operations, business prospects and financing plans, are subject to certain risks and uncertainties that could cause actual results to differ materially from those indicated in the forward looking statements.