

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **FAR RESOURCES LTD** (the "Issuer", "Far Resources", "Far", "we" or "our")

Trading Symbol: FAT

Number of Outstanding Listed Securities: 104,210,529

Date: February 7, 2019

Report on Business

1. *Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month.*

The Issuer continues its exploration program as previously described. In January, the Issuer announced it had completed 16 diamond drill holes at its 100% owned Zoro Lithium Project near Snow Lake in mining friendly Manitoba, resulting in both new discoveries and expansion of known mineralization.

This round of drilling, the company's fifth successful campaign at Zoro, has resulted in the expansion of Dyke 8, a high-grade spodumene-bearing pegmatite dyke discovered last year by Far, and has led to the discovery of additional spodumene-bearing dykes and unique lithologies suspected of being lithium and caesium-enriched to the north and north west of the existing dyke swarm.

Three additional drill holes from the planned 21-hole program have also been completed for the collection of core samples for metallurgical testing. The remaining exploration holes will be drilled in January/February 2019. Further information is available in the Company's news release dated January 18, 2019.

After cancelling 7,468,000 stock options priced at \$0.295 and above effective December 2018, the Company reorganized its options outstanding, and granted 9,000,000 options in January 2019.

Zoro Lithium Property NI 43-101 Technical Report

In September 2018, the Issuer filed an NI 43-101 Technical Report describing the first ever resource estimate for Dyke 1 on its Zoro Lithium Property located in mining friendly Manitoba. Dyke 1 contains an inferred resource of 1,074,567 tonnes grading 0.91% Li₂O, 182 ppm Be, 198 ppm Cs, 51 ppm Ga, 1212 ppm Rb, and 43 ppm Ta (at a cut-off of 0.3% Li₂O). Dyke 1 is open at depth and to the north and south where additional exploration is ongoing. The estimate has an effective date of July 6, 2018, and was prepared by Scott Zelligan P. Geo., an independent resource geologist of Coldwater, Ontario. Dyke 1 is one of eight known spodumene-mineralized pegmatite dykes on the property. The remaining dykes are currently the object of ongoing exploration

including drill-testing. Further information is available in the Issuer's news releases dated July 6, 2018 and September 5, 2018.

Zoro Lithium Property Ongoing Exploration Program

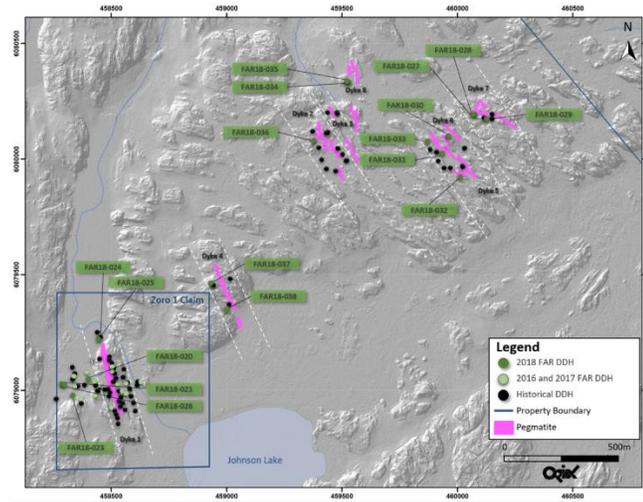
On November 15, 2018, the Issuer announced it had commenced its fifth round of drilling at its 100% owned Zoro Lithium Project in Manitoba, where it is completing a twenty-one hole programme focusing on both existing discoveries and new targets. Three holes will be drilled to complete metallurgical test studies. See news release dated November 15, 2018 for full details.

The Issuer's summer exploration program has been completed. On September 6, 2018 the Issuer announced it had completed field work, including Mobile Metal Ions Technology ("MMI") soil geochemical surveys, geological mapping, drill core sampling and prospecting. See the Issuer's news release for full details. A total of 784 soil samples were collected based on sampling protocols established early in the exploration program. In July 2018, the Issuer announced the discovery of a large 1.5 km long and up to 100 m wide Mobile Metal Ions (MMI) soil geochemical anomaly for lithium. The lithium and related element anomaly was defined by ongoing data interpretation for soil samples collected by the Company's field crews during surveys conducted in the fall and winter of 2017.

On October 2, 2018, the Issuer issued a news release detailing the results of the Final Mobile Metal Ion (MMI) analytical reports received from SGS Mineral Services (Burnaby) for the 784 soil samples collected from the Project. This new 2018 data defines numerous extensions to anomalies identified in previous MMI surveys on the Project, thereby increasing the target size for diamond drilling. On October 23, 2018 the Issuer announced it has finalised plans for the upcoming drilling programme at the Zoro Lithium Project where over 50 lithium targets have been identified. Fifteen of these new lithium anomalies will be tested this winter, as well as further drilling on the high-grade lithium mineralisation discovered at Dyke 8. See the Issuer's noted news releases for full details.

In May the Issuer provided results from its 2018 winter drill program at its Zoro Lithium Project including drilling the highest grade intercept to date, 16 metres of 1.8% Li₂O in deep drilling on Dyke 1. The program consisted of 16 drill holes and 2,472 metres targeting the spodumene-bearing pegmatites on the property (see January 19, 2018 news release; Figure 1). A summary of significant assay results is presented in Table 1.

Figure 1. Location of high-grade lithium-bearing pegmatite dykes on the Zoro Lithium Project and a summary of Far drill holes including those drilled in 2018.



Adding to Resource Potential at Dyke 1

The 2018 winter drill program tested Dyke 1 below 150m to assess the continuity of lithium mineralization. Drill hole FAR18-23 intersected 5 metres of 1.6% Li₂O confirming the continuation of high-grade mineralization at deeper levels in the dyke. The high-grade nature of Dyke 1 was further confirmed in DDH FAR18-20 intersecting nearly 16 metres of 1.8% Li₂O. This intercept represents the highest-grade intercept over significant widths drilled to date on Dyke 1.

New Discovery at Dyke 8

The new discovery of a previously unknown high-grade lithium-bearing dyke was announced March 12, 2018. The drilling targeted a lithium-tantalum Mobile Metal Ions (“MMI”) soil geochemical anomaly. Assay results from drill hole FAR18-35 that tested this new discovery are summarized in Table 1 and include three separate intercepts of high-grade lithium including 12.3 metres of 1.1% Li₂O, 4.4 metres of 1.2 % Li₂O and 2.2 metres of 1.5% Li₂O. These results are interpreted to be comparable to those for Dyke 1 and signify the potential for a second major lithium resource on the property. Additional drilling of Dyke 8 has been conducted to expand this new discovery in three dimensions.

Confirmation of Grade at Dykes 2, 5 and 7

Narrow intercepts from shallow drill holes testing Dykes 2, 5 and 7 were obtained from the 2018 winter program. Of these, Dyke 5, tested by drill hole FAR18-30, intersected 1 metre of 1.2% Li₂O. Overall the results for each of these dykes were consistent with historic exploration results.

In January 2018, the Issuer mobilized a drill to its Zoro Lithium Property to test deeper portions of Dyke 1 and to test adjacent high-grade dyke targets. In February of the same year, the Issuer reported that initial drilling has intersected wide zones of spodumene in Dyke 1 (see news release dated February 13, 2018).

As reported in December 2017, the Issuer identified an extension to Dyke 1 (the “Dyke 1 Extension”). Upon review of historic assessment information followed by outcrop stripping and field mapping the Issuer’s exploration team has defined the Dyke 1 Extension; it is approximately 75 metres long and extends from the north end of Dyke 1 in a northeast direction.

Zoro Lithium Project Magnetic Survey Flown by Drone

In April, the Issuer completed, in joint venture with Strider Resources Ltd., an aeromagnetic survey of its Zoro Lithium Project in Snow Lake, Manitoba (“Zoro”). The survey was flown by drone, or unmanned aerial vehicle (“UAV”). The survey covered a 1 km x 2.5 km grid, with 25 metre line spacing, for a total of 100 line km of UAV-Mag surveying. The survey was flown over many of the known dykes on the Project as well as the newly discovered dyke drilled on the Mobile Metal Ion (“MMI”) anomaly, as well as ground to the northeast along the trend of the known Zoro dyke occurrences. The MMI survey has already proven to be a technical success. Drilling of a covered MMI anomaly during the winter program led to the discovery of a previously unknown eighth lithium-bearing dyke at Zoro.

Zoro Lithium Property Previous Exploration by the Issuer

Details and results of the Issuer’s exploration programs including the Fall 2017 and Summer 2017 Exploration Programs and Drill Programs 1 and 2 can be found in the Issuer’s previous reports on Form 7, and on the Far Resources’ website at www.farresources.com, as well as in the Issuer’s news releases available on www.sedar.com.

The scientific and technical information regarding Far Resources’ lithium claims has been approved by Mark Fedikow, P.Geo., a consultant of Far Resources and a “qualified person” as defined in NI 43-101.

Hidden Lake Option

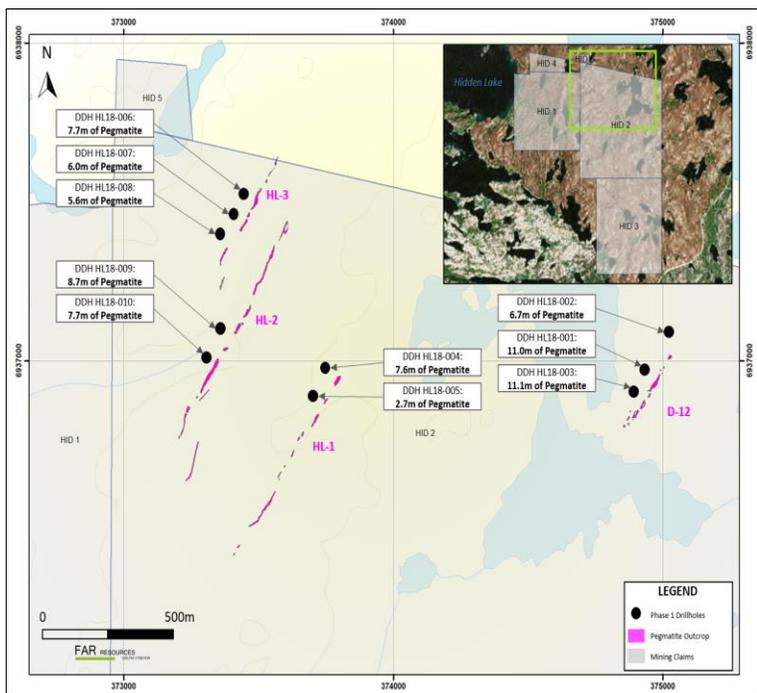
The Issuer has completed requirements to acquire the first option on the Hidden Lake Property. In September, the Issuer announced results of its inaugural drilling program at its Hidden Lake Lithium Project in Northwest Territories (the “Project”), where it targeted pegmatite with high-grade lithium assays of up to 1.75% Li₂O in surface outcrop channel samples and assessed the widths and extent of the four target pegmatite dykes at depth. Far received assay results for 197 core samples collected from 1,079 m of drilling at ten holes. Assays were completed by SGS Mineral Services at its Lakefield facility. *Complete details can be found in the Issuer’s news release of September 9, 2018.* The program initially drilled a minimum of 1,100 metres on the four main dykes with the goal of extending the historical sampling to depth. Previous sampling has returned significant lithium values over substantial intervals for each of the four dykes targeted for drilling, including a maximum value of 1.75% Li₂O over 6.01 metres in channel samples. In June the Issuer announced it had successfully completed a ten hole, 1,079 m drill program at Hidden Lake.

The drill program targeted pegmatite with high-grade lithium assays in surface outcrop channel samples and assessed the widths and extent of the four target pegmatite dykes at depth. Recently collected channel samples defined significant lithium mineralization over substantial intervals for each of the four surveyed dykes, including a maximum value of 1.75% Li₂O over 6.01 metres. Surface exposures of the pegmatite are laterally continuous for up to 800 m but are locally overlain by organic and inorganic soil so their total strike length is likely greater. Ten drill holes were completed on pegmatite dykes HL-001 through HL-004 Spodumene-bearing pegmatite was intersected in each hole varying from 2.65 m to 11.12 m. The spodumene was present in drill core as <1 cm aggregates of anhedral ragged crystals to elongate subhedral laths that were up to 12 cm in core length. Their colour varied from light green to whitish green and occurred in association with potash feldspar, albite, quartz, lesser muscovite and rare tourmaline. Variable hematitic and potassic alteration was observed in some pegmatite drill core intersections. Host rocks to the pegmatites are quartz-biotite-cordierite aluminous metasediments.

Pegmatite intersections in the drill core have been sawn in half and one half of the sample collected for assay. A total of 197 core samples have been shipped to SGS Mineral Services (Vancouver) for lithium and multi-element analysis including over-range lithium. The samples will be digested with a sodium peroxide fusion followed by ICP-OES/MS analysis. Results are pending but will be reported when assays are received.

Although this drill campaign targeted four dykes, the Project itself hosts a swarm of at least ten lithium-bearing spodumene pegmatite dykes that have been identified by previous explorers.

Very recent mineralogical evaluation and metallurgical testing of samples from the Hidden Lake



pegmatites by SGS Mineral Services (Vancouver) indicated a lithium concentrate of >6% Li₂O with a recovery of >80% achievable. These results indicate the Hidden Lake pegmatites can be treated using standard industry practices for spodumene beneficiation.

The Hidden Lake Project consists of five contiguous mineral claims totalling approximately 1,659 hectares within the central parts of the Yellowknife Lithium Pegmatite

Belt along Highway 4, approximately 40 km east of Yellowknife. 92 Resources' 2016 exploration results returned 1.90% Li₂O over 9 m and grab samples up to 3.3% Li₂O. Metallurgical test work has produced a high-grade mineral concentrate of 6.16% Li₂O with an average spodumene lithium content of 3.8 per cent lithium (8.2% Li₂O). Thus far, historic exploration by 92 Resources, including the extensive channel sampling of four dykes with lengths that vary from 275 m to 790 m and widths of up to 10 m, returned an average lithium concentration of 1.03% Li₂O for the 308 samples with maximum values of up to 3.3% Li₂O. Due to the success of the programs, preliminary metallurgical test work including lithium extraction tests were conducted. The scoping test work achieved an overall extraction of 97%, indicating that the industry standard techniques applied to spodumene concentrates are applicable to concentrates produced from the pegmatites at Hidden Lake. The Hidden Lake Project is paved highway and gravel road accessible and its proximity to infrastructure provides for numerous development advantages.

Under the option, the Issuer has the right to acquire up to a 90% undivided interest in the Hidden Lake Project in consideration for a combination of cash, common shares and exploration expenditures. Details on these terms can be found in the Issuer's monthly report for March 2018.

The Issuer will be operator of the Hidden Lake Project and shall have the right to accelerate the exercise of the option in its sole discretion. However, if Far Resources exercises the option to earn less than 90% of the Hidden Lake Project and a joint venture with 92 Resources is formed, the Issuer will be responsible for funding the initial \$1,000,000 in joint venture expenditures.

The scientific and technical information regarding Far Resources' lithium claims has been approved by Mark Fedikow, P.Geo., a consultant of Far Resources and a "qualified person" as defined in NI 43-101.

Winston Project

In June 2017, the Issuer acquired a 100% interest in its Winston gold project located in Sierra County, New Mexico (the "Winston Project") from Redline Mineral Inc. and Southwest Land & Exploration Inc. (together the "Vendors"). The Winston Project consists of 16 unpatented mining claims, the "LG Claims", owned directly by the Vendors and the right to acquire an additional 4 unpatented mining claims, the "Little Granite" claims, and 2 patented mining claims, the "Ivanhoe/Emporia claims" located in Sierra County, New Mexico. The Issuer originally acquired an option (the "Option") in October 2014 (as subsequently amended) to earn up to an 80% undivided interest in the Winston Project for cash payments totalling \$430,000 (\$250,000 paid), 4,300,000 common shares of the Issuer (1,800,000 shares issued) and \$1,200,000 in exploration expenditures (see news releases dated October 21, 2014 and June 28, 2016).

The Issuer has engaged James Moors, P. Geo. to prepare a Technical Report on the Winston property located in New Mexico (the "Winston Property") in accordance with the requirements of NI 43-101 (the "Technical Report") and a team of experts have visited the Winston Property (as

reported in December), including James Moors P.Geo., co-author of the Technical Report, Ray Strafehl of Redline Minerals Ltd, who has long experience and first-hand knowledge of the Winston Property, and several others who will be reviewing alternatives for an initial exploration program that the Issuer intends to undertake in the new year.

The issuance of securities described in this report is subject to acceptance by the Canadian Securities Exchange and will be subject to statutory hold periods of four months and one day from date of issue where applicable. All amounts quoted in this news release are in Canadian funds.

For further information regarding the Issuer please visit the CSE Disclosure Hall at www.thecse.com, or view the Issuer's filings posted on SEDAR, www.SEDAR.com.

2. *Provide a general overview and discussion of the activities of management.*

Most recently, Management conducted a winter drilling program. See Item 1 for further details. The Issuer has filed its NI43-101 Technical Report that included a maiden inferred resource on its Zoro Lithium Property. The Issuer has completed requirements to acquire the first option on the Hidden Lake Property.

3. *Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.*

Please see Item 1 for details of the Issuer's current activity on its Zoro Lithium Property near Snow Lake, Manitoba and the Hidden Lake project, NWT.

4. *Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.*

This does not apply to the Issuer.

5. *Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.*

The Issuer continues to engage certain service providers for its drill program and ongoing corporate development goals.

6. *Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.*

This does not apply to the Issuer.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer’s assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

This does not apply to the Issuer.

8. Describe the acquisition of new customers or loss of customers.

This does not apply to the Issuer.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

This does not apply to the Issuer.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

This does not apply to the Issuer.

11. Report on any labour disputes and resolutions of those disputes if applicable.

This does not apply to the Issuer.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

This does not apply to the Issuer.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

This does not apply to the Issuer.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds(1)
Options	9,000,000	9,000,000 stock options with an exercise price of \$0.12 per option share were granted effective January 17, 2019.	n/a

15. Provide details of any loans to or by Related Persons.

This does not apply to the Issuer.

16. *Provide details of any changes in directors, officers or committee members.*

In December, 2018, the Issuer held its annual general meeting of shareholders at which shareholders elected the following directors:

Toby Mayo - director, President and CEO

Frank Anderson – director, member of the Audit Committee

Lindsay Bottomer – director, Lead Director and Chair of the Audit Committee

Shastri Ramnath – director

Mr. Murray Seitz – director and member of the Audit Committee

Mr. James Royall - director

Mr. Cyrus Driver continues in his role as CFO.

17. *Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.*

This does not apply to the Issuer.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated February 7, 2019

Toby Mayo

Name of Director or Senior Officer

/s/ Toby Mayo

Signature

Director and CEO

Official Capacity

Issuer Details		For Month End	Date of Report
Name of Issuer FAR RESOURCES LTD.		January 31, 2019	YY/MM/DD 2019/02/07
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Contact Name Terri Ann Welyki		Contact Position VP Corporate Communications	Contact Telephone No. (833) 327-7377
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