

FORM 6

CERTIFICATE OF COMPLIANCE

TO: CANADIAN SECURITIES EXCHANGE (“CSE”)

Eat Well Investment Group Inc. (the “**Issuer**”) hereby certifies to CSE that, except for the matters contemplated by the cease trade order issued by the British Columbia Securities Commission on July 7, 2023, the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in Policy 1).

Date: December 14, 2023.

Signed: (s) “Marc Aneed”
(Signature)

Marc Aneed
(Print Name)

Chief Executive Officer
(Print Office)