FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer:	CARLYLE COMMODITIES CORP.	(the "Issuer").
Trading Symbol:	ccc	
Date: November 14, 20	22	
1. New Options Gran	ed:	
Date of Grant: Nove	mber 14, 2022	

	Position (Director/ Officer/ Employee/ Consultant/ Management	Insider Yes or	No. of Optioned	Exercise		No. of Options Granted in Past 12
Name of Optionee	Company	No?	Shares	Price	Expiry Date	Months
Patriot Capital Corporation (owned and controlled by Morgan Good)	Director	Y	300,000	\$0.215	November 14, 2027	Nil
Jeremy Hanson	Director	Y	175,000	\$0.215	November 14, 2027	Nil
Bocking Financial Corp. (owned and controlled by Leighton Bocking)	Director	Υ	175,000	\$0.215	November 14, 2027	Nil
Damien Good	Officer	Y	50,000	\$0.215	November 14, 2027	Nil
John Good	Consultant	N	150,000	\$0.215	November 14, 2027	Nil
Scharfe Holdings Inc. (owned and controlled by Bradley Scharfe)	Consultant	N	150,000	\$0.215	November 14, 2027	Nil
Pericles Theoharis	Consultant	N	50,000	\$0.215	November 14, 2027	Nil
MidAtl Capital Associates Ltd. (owned and controlled by Charles Flynn)	Consultant	N	150,000	\$0.215	November 14, 2027	Nil
Omni8 Communications Inc. (owned and controlled by Ryan Johnson)	Consultant	N	150,000	\$0.215	November 14, 2027	Nil
McMillan Strategies (owned and controlled by Chad McMillan)	Consultant	N	100,000	\$0.215	November 14, 2027	Nil

Nicholas Shinder	Consultant	N	50,000	\$0.215	November 14, 2027	Nil
Marc Afilalo	Consultant	N	50,000	\$0.215	November 14, 2027	Nil
Matthew Harrington	Consultant	N	150,000	\$0.215	November 14, 2027	Nil
Peritum Consulting Inc. (owned and operated by Inar Kamaletdinov)	CFO	Υ	50,000	\$0.215	November 14, 2027	Nil

Total Number of optioned shares proposed for acceptance: 1,750,000

2. Other Presently Outstanding Options:

	No. of Optioned	Exercise	Original Date of	
Name of Optionee	Shares (1)	Price	Grant	Expiry Date
Morgan Good	2,857	\$17.50	October 29, 2018	October 28, 2023
Michael Blady	2,857	\$17.50	October 29, 2018	October 28, 2023
Leighton Bocking	2,857	\$17.50	October 29, 2018	October 28, 2023
John Good	2,500	\$17.50	October 29, 2018	October 28, 2023
Duke Fashion Capital Inc. (owned and controlled by Keir Reynolds)	2,857	\$17.50	October 29, 2018	October 28, 2023
Christopher Paul	2,142	\$17.50	October 29, 2018	October 28, 2023
Oliver John Friesen	2,142	\$17.50	October 29, 2018	October 28, 2023
Taylor MacDonald	2,142	\$17.50	October 29, 2018	October 28, 2023
Brayden Sutton	2,500	\$17.50	October 29, 2018	October 28, 2023
2555978 Ontario Ltd. (owned and controlled by Matt Lewis)	2,500	\$17.50	October 29, 2018	October 28, 2023
Sean Kingsley	1,428	\$17.50	October 29, 2018	October 28, 2023
Damien Good	1,071	\$17.50	October 29, 2018	October 28, 2023
Hudson Good	1,071	\$17.50	October 29, 2018	October 28, 2023
Michael E. McAleer	1,071	\$17.50	October 29, 2018	October 28, 2023
Todd Shapiro	1,428	\$17.50	October 29, 2018	October 28, 2023
Dorian Leslie	714	\$17.50	October 29, 2018	October 28, 2023
John Baker	714	\$17.50	October 29, 2018	October 28, 2023
Peter Bell	900	\$17.50	October 29, 2018	October 28, 2023
Omni8 Communications Inc. (owned and controlled by Ryan Johnson)	2,857	\$17.50	March 21, 2019	March 21, 2024
Market Jar Media Inc. (owned and operated by James Young)	2,857	\$17.50	March 21, 2019	March 21, 2024
Morgan Good	25,000	\$1.50	May 15, 2020	May 15, 2025
P.E. Partners Ltd. (owned and controlled by Carl Desjardins)	20,000	\$1.50	May 15, 2020	May 15, 2025
MTHM Consulting Ltd. (owned and controlled by Matthew Harrington)	20,000	\$1.50	May 15, 2020	May 15, 2025
Michael Blady	15,000	\$1.50	May 15, 2020	May 15, 2025
Leighton Bocking	15,000	\$1.50	May 15, 2020	May 15, 2025

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	No. of Optioned	Exercise	Original Date of	
Name of Optionee	Shares (1)	Price	Grant	Expiry Date
514 Finance Inc. (owned and operated by Pericles Theoharis)	12,500	\$1.50	May 15, 2020	May 15, 2025
2411369 Ontario Ltd. (owned and operated by John McKenna)	10,000	\$1.50	May 15, 2020	May 15, 2025
James Frank Callaghan	14,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Peter Krag-Hansen	20,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Patriot Capital Corporation (owned and operated by Morgan Good)	17,500	\$1.40	Feb 19, 2021	Feb 19, 2026
Damien Good	12,500	\$1.40	Feb 19, 2021	Feb 19, 2026
Bocking Financial Corp. (owned and operated by Leighton Bocking)	17,500	\$1.40	Feb 19, 2021	Feb 19, 2026
Michael Blady	17,500	\$1.40	Feb 19, 2021	Feb 19, 2026
Park Place Limited (owned and operated by Sheldon Inwentash)	50,000	\$1.40	Feb 19, 2021	Feb 19, 2026
John Miller	10,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Randy Lamb	10,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Red Fern Consulting Ltd. (owned and operated by Justin Blanchet)	10,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Marc Afilalo	15,000	\$1.40	Feb 19, 2021	Feb 19, 2026
MTHM Consulting Ltd. (owned and operated by Matthew Harrington)	20,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Jenia Reynolds	10,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Taylor MacDonald	10,000	\$1.40	Feb 19, 2021	Feb 19, 2026
Charles Flynn	20,000	\$1.40	Feb 19, 2021	Feb 19, 2026

(1) Set out number of optioned shares for each grant with different terms.

3. Additional Information

(a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

N/A

(b) State the date of the news release announcing the grant of options.

November 14, 2022

(c) State the total issued and outstanding share capital at the date of grant or amendment.

21,704,361 common shares

(d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

		9.99%				
	(e)	If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.				
		9,468				
	(f)	If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.				
		<i>\$0.15</i>				
	(g)	Describe the particulars of any proposed material changes in the affairs of the Issuer.				
		<u>N/A</u>				
4.	Certifi	cate of Compliance				
The ur	ndersign	ed hereby certifies that:				
1.	authori	The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.				
2.		the date hereof there is no material information concerning the Issuer which has not publicly disclosed.				
3.	require	undersigned hereby certifies to the Exchange that the Issuer is in compliance with the irrements of applicable securities legislation (as such term is defined in National rument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).				
4.		of the information in this Form 11 Notice of Proposed Stock Option Grant or endment is true.				
Dated	ted <u>November 14, 2022</u> .					
		Morgan Good Name of Director or Senior Officer				
		/s/ Morgan Good Signature				
		CEO Official Capacity				

4.

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