

# FORM 11

## NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: Captiva Verde Wellness Corp. (the "Issuer").

Trading Symbol: PWR

Date: March 30, 2026

### 1. New Options Granted:

Date of Grant: March 30, 2026

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Josh F.W. Cook	Consultant	No	1,000,000	\$0.05	March 30, 2029	Nil

Total Number of optioned shares proposed for acceptance: 1,000,000

## 2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares <sup>(1)</sup>	Exercise Price	Original Date of Grant	Expiry Date
Anthony Balic	500,000	\$0.05	March 11, 2025	March 11, 2028
Michael Boyd	500,000	\$0.05	March 11, 2025	March 11, 2028
Orest Kostecki	500,000	\$0.05	March 11, 2025	March 11, 2028
Jeff Ciachurski	500,000	\$0.05	March 11, 2025	March 11, 2028
Mark Rodd	500,000	\$0.05	March 11, 2025	March 11, 2028
Joe Michael	500,000	\$0.05	March 11, 2025	March 11, 2028
Jennifer Bellinger	500,000	\$0.05	March 11, 2025	March 11, 2028
Brandon Schilling	500,000	\$0.05	March 11, 2025	March 11, 2028
Nowlen Augustine	4,000,000	\$0.05	March 11, 2025	March 11, 2028
Mark Rodd	500,000	\$0.05	June 5, 2025	June 5, 2028
Simon Lester	1,000,000	\$0.05	June 5, 2025	June 5, 2028
Anthony Balic	2,000,000	\$0.05	July 14, 2025	July 14, 2030
Michael Boyd	2,000,000	\$0.05	July 14, 2025	July 14, 2030
Orest Kostecki	2,000,000	\$0.05	July 14, 2025	July 14, 2030
Jeff Ciachurski	2,000,000	\$0.05	July 14, 2025	July 14, 2030
Brian Conlan	4,000,000	\$0.05	January 9, 2026	January 9, 2029
Will Murphy	1,000,000	\$0.05	January 9, 2026	January 9, 2029
Greg Reitman	2,000,000	\$0.05	March 30, 2026	March 30, 2029

(1) Set out number of optioned shares for each grant with different terms.

## 3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

Shareholders approved the stock option plan at the AGM on May 18, 2023

- (b) State the date of the news release announcing the grant of options.

N/A

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### FORM 11 – NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

January 2015  
Page 2

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

301,491,067 Shares.

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

8.46%

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

4,649,106 Shares.

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

None.

#### **4. Certificate of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

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**FORM 11 – NOTICE OF PROPOSED STOCK OPTION GRANT  
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4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated March 30, 2026

Anthony Balic  
Name of Director or Senior Officer

"Anthony Balic"  
Signature

CFO  
Official Capacity

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