FORM 7  
  
MONTHLY PROGRESS REPORT

Name of Listed Issuer: CITY VIEW GREEN HOLDINGS INC. (the “Issuer”).

Trading Symbol:       CVGR

Number of Outstanding Listed Securities:               320,421,359

Date:     November 7, 2022

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

**General Instructions**

1. Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
2. The term “Issuer” includes the Issuer and any of its subsidiaries.
3. Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

**Report on Business**

1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

During the month of October City View Green Holdings Inc. announced the shipment of three (3) cannabis-infused sauces – BBQ, Sweet & Sour and Honey Garlic – as an add-on order for a nationally recognized and regulated medical marijuana licensed producer and distributor (the "Client"). The Client will make the sauces available to customers via its online portal and retail channel partners throughout Canada.

This shipment will mark an additional multiple SKU order for City View, as based on its expertise in cannabis edibles processing techniques for sauces, gummies, chocolates, and baked goods. As such, City View expects to continue developing additional white-labeled cannabis-infused product SKUs for the Client moving forward.

In addition to this Client, City View is in discussions with several other licensed producers to manufacturer cannabis-infused consumables such as chocolates, baked goods, sauces, and gummies. City View is further preparing the production of two (2) cannabis-infused consumable product SKUs for its own City View brand, with details to be formally announced in the coming weeks.

City View also reported that the Board and Management has begun a review of various opportunities in the cannabis industry to take advantage of low-cost, potential acquisition opportunities. The cannabis industry and the subsequent investor interest in it, has fluctuated significantly during the last several years. Despite these market fluctuations, City View expects that several new projects will emerge as potential acquisition, merger or joint venture candidates. Although there is no guarantee a transaction may occur, over the next quarter Management expects to shortlist a number of proposed cannabis acquisition opportunities for City View and establish, what it believes will be the optimal structure to complete such acquisitions (whether by asset acquisition, joint venture or share purchase of any entity in the cannabis space). Along with the cannabis acquisitions the Company is reviewing operations at its existing facility to reduce costs and streamline operations with any proposed new targets to complement the aforementioned. In addition, City View expects to explore funding partners to secure the assets and will draw on cannabis consulting experts to complement any acquisition, joint venture, or merger opportunities for the Company.

The Company will provide shareholders with updates on these opportunities as information becomes available.

# Provide a general overview and discussion of the activities of management.

*During the month of October, 2022, management of the Issuer was active in:*

* *Operating equipment to manufacture cannabis-infused consumables and conducting plant tours with potential customers.*

* *continuing its due diligence relating to the potential acquisition of Blue Heaven Café.*

1. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law. *N/A*
2. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned. *N/A*
3. Describe any new business relationships entered into between the Issuer, the Issuer’s affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship. *N/A*
4. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer’s affiliates or third parties or cancellation of any financing arrangements that have been previously announced. N/A
5. Describe any acquisitions by the Issuer or dispositions of the Issuer’s assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship. *N/A*
6. Describe the acquisition of new customers or loss of customers.

See #1 above.

1. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks. *N/A*
2. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs. *N/A*
3. Report on any labour disputes and resolutions of those disputes if applicable. *N/A*
4. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

A preliminary claim has been made against the Company in Brampton Ontario Supreme Court of Justice, by a third party that claims it is owed $224,489 for goods supplied/sold and/or services provided.  The Company is confident the statement of claim is without merit and looks forward to contesting the claim and pursuing the appropriate damages.

1. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness. N/A
2. Provide details of any securities issued and options or warrants granted. N/A
3. Provide details of any loans to or by Related Persons. *N/A*
4. Provide details of any changes in directors, officers or committee members. *N/A*
5. Discuss any trends which are likely to impact the Issuer including trends in the Issuer’s market(s) or political/regulatory trends.

*Refer to the Issuer’s December 31, 2021 audited financial statements, and corresponding MD&A, both of which are filed under its profile on SEDAR (www.sedar.com)*

**Certificate Of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated November 7, 2022 .

*Rob Fia*   
Name of Director or Senior Officer

*“Rob Fia”*   
Signature

President & CEO   
Official Capacity

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| ***Issuer Details***  Name of Issuer  *CITY VIEW GREEN HOLDINGS INC.* | For Month End  *October 2022* | Date of Report  YY/MM/D  *22/11/07* |
| Issuer Address  *132 – 1173 Dundas Street East* | | |
| City/Province/Postal Code  *Toronto, Ontario M4M 3P1* | Issuer Fax No.  *N/A* | Issuer Telephone No.  *416.722.4994* |
| Contact Name  *Rob Fia* | Contact Position  *CEO* | Contact Telephone No.  *416.722.4994* |
| Contact Email Address  *rob@cityviewgreen.ca* | Web Site Address  *www.cityviewgreen.ca* | |