

## FORM 9

### **NOTICE OF PROPOSED ISSUANCE OF LISTED SECURITIES** **(or securities convertible or exchangeable into listed securities<sup>1</sup>)**

Please complete the following:

Name of Listed Issuer: Alternate Health Corp. (the "Issuer").

Trading Symbol: AHG.

- Date: December 21, 2018.

Is this an updating or amending Notice:       Yes       No

If yes provide date(s) of prior Notices: \_\_\_\_\_.

Issued and Outstanding Securities of Issuer Prior to Issuance: 54,888,096.

Date of News Release Announcing Private Placement: October 31, 2018.

Closing Market Price on Day Preceding the Issuance of the News Release: \$0.425

**1. Private Placement (if shares are being issued in connection with an acquisition (either as consideration or to raise funds for a cash acquisition), proceed to Part 2 of this form)**

Full Name & Residential Address of Placee	Number of Securities Purchased or to be Purchased	Purchase price per Security (CDN\$)	Conversion Price (if Applicable)	Prospectus Exemption	No. of Securities, directly or indirectly, Owned, Controlled or Directed	Payment Date(1)	Describe relations -hip to Issuer (2)
PI Financial Corp. For: Mark Goliger Burlington, ON	125,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(j)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Bob Dales Calgary, AB	250,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(j.1)	Nil	December 10, 2018	N/A
PI Financial Corp. For: David & Penny Wilson Family Foundation Strathmore, AB	250,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A
PI Financial Corp. For: 710719 Alberta Ltd. Strathmore, AB	250,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A

<b>Full Name &amp; Residential Address of Placee</b>	<b>Number of Securities Purchased or to be Purchased</b>	<b>Purchase price per Security (CDN\$)</b>	<b>Conversion Price (if Applicable)</b>	<b>Prospectus Exemption</b>	<b>No. of Securities, directly or indirectly, Owned, Controlled or Directed</b>	<b>Payment Date(1)</b>	<b>Describe relations -hip to Issuer (2)</b>
PI Financial Corp. For: OK Radio Group Ltd. Strathmore, AB	500,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Stephen John Cruise Sidney, BC	62,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(j)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Andrew MacGillivray Victoria, BC	250,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(d)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Tosh Matsumura Victoria, BC	250,000 Common shares	\$0.40	N/A	NI #45-106 section 2.3(j.1)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Connor Cruise North Vancouver, BC	250,000 Common Shares	\$0.40	N/A	NI #45-106 section 2.3(j)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Kristen Cruise North Vancouver, BC	25,000 Common Shares	\$0.40	N/A	NI #45-106 section 2.3(j)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Sinson Investments Ltd. Victoria, BC	187,500 Common Shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Stuart Morton Kelowna, BC	250,000 Common Shares	\$0.40	N/A	NI #45-106 section 2.3(j.1)	Nil	December 10, 2018	N/A
PI Financial Corp. For: John Adam Dell Brackendale, BC	25,000 Common Shares	\$0.40	N/A	NI #45-106 section 2.3(e)	Nil	December 10, 2018	N/A
PI Financial Corp. For: Mary Dales Victoria, BC	75,000 Common Shares	\$0.40	N/A	NI #45-106 section 2.3(j.1)	Nil	December 10, 2018	N/A
Radical Capital Ltd. Vancouver, BC	289,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(t)	Nil	December 10, 2018	N/A
Christian Glezos Verdun, Quebec	100,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A

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Mizajuana 2018 Trust Trustee: Mizael Bolduc Sainte-Catherine-de-hatley, QC	500,000 common shares	\$0.40	N/A	NI #45-106 section 2.10	Nil	December 10, 2018	N/A
Donato Pica Ottawa, ON	200,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
1155459 Ontario Inc. Ottawa, ON	250,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A
Fried Kemper Ottawa, On	125,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(k)	Nil	December 10, 2018	N/A
Sandra Tisiot Ottawa, ON	50,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	1,000 common shares	December 10, 2018	N/A
Salvatore Chiarello Ottawa, ON	2,500,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A
KelJay Ltd Ottawa, ON	100,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
Greg Wilson Ottawa, ON	100,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(j.1)	Nil	December 10, 2018	N/A
Eli Farhat Ottawa, ON	62,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(m)	Nil	December 10, 2018	N/A
Michelle Farhat Ottawa, ON	50,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
Christian Farhat Ottawa, ON	62,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
Paul A.G. McCarney Ottawa, ON	250,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A

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McCarney Family Foundation Ottawa, ON	250,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(r)	Nil	December 10, 2018	N/A
Alexandre Karam Ottawa, ON	62,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
Paul Leblond Ottawa, ON	62,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
David Ross Ottawa, On	37,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(k)	Nil	December 10, 2018	N/A
Rocco Meliambro Ottawa, ON	750,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(l)	53,000 common shares	December 10, 2018	N/A
National Bank Financial ITR Tara Randall Surrey, BC	75,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
BMO Nesbitt Burns ITR Cindy Diane Smith Ottawa, ON	125,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(k)	Nil	December 10, 2018	N/A
BMO Nesbitt Burns ITR Nathan Phillip Smith Ottawa, ON	37,500 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
Rajiv Bhatia Ottawa, ON	100,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
Mizael Bolduc Sainte-Catherine-de- Hatley, QC	100,000 common shares	\$0.40	N/A	NI #45-106 section 2.3(i)	Nil	December 10, 2018	N/A
PI Financial Corp. ITF Paskwayak Business Development Corporation Ltd. Opaskwyak, Manitoba	3,750,000 common shares	\$0.40	N/A	NI #45-106 section 2.10	Nil	December 10, 2018	N/A
<b>TOTAL:</b>	<b>12,739,000 common shares</b>						

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- (1) Indicate date each Placee advanced or is expected to advance payment for securities. Provide details of expected payment date, conditions to release of funds etc. Indicate if the placement funds been placed in trust pending receipt of all necessary approvals.
- (2) Indicate if Related Person.

<sup>1</sup>An issuance of non-convertible debt does not have to be reported unless it is a significant transaction as defined in Policy 7, in which case it is to be reported on Form 10.

1. Total amount of funds to be raised: **\$5,095,600**
2. Provide full details of the use of the proceeds. The disclosure should be sufficiently complete to enable a reader to appreciate the significance of the transaction without reference to any other material. **The proceeds will be used to support the Company's distribution and product development activities in addition to being used for general working capital.**
3. Provide particulars of any proceeds which are to be paid to Related Persons of the Issuer: **N/A**
4. If securities are issued in forgiveness of indebtedness, provide details and attach the debt agreement(s) or other documentation evidencing the debt and the agreement to exchange the debt for securities.
5. Description of securities to be issued:
  - (a) Class **Common shares**
  - (b) Number **12,739,000**
  - (c) Price per security **\$0.40**
  - (d) Voting rights **one vote per Common share**
6. Provide the following information if Warrants, (options) or other convertible securities are to be issued:
  - (a) Number **N/A**
  - (b) Number of securities eligible to be purchased on exercise of Warrants (or options) \_\_\_\_\_
  - (c) Exercise price \_\_\_\_\_
  - (d) Expiry date \_\_\_\_\_
7. Provide the following information if debt securities are to be issued:
  - (a) Aggregate principal amount security **N/A**

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- (b) Maturity date \_\_\_\_\_ .
- (c) Interest rate \_\_\_\_\_ .
- (d) Conversion terms \_\_\_\_\_ .
- (e) Default provisions \_\_\_\_\_ .

8. Provide the following information for any agent's fee, commission, bonus or finder's fee, or other compensation paid or to be paid in connection with the placement (including warrants, options, etc.): **5% of \$1,100,000 attributable to PI Financial Corp.**

- (a) Details of any dealer, agent, broker or other person receiving compensation in connection with the placement (name, address. If a corporation, identify persons owning or exercising voting control over 20% or more of the voting shares if known to the Issuer): \_\_\_\_\_ .

Name of Finder	Cash	Broker Warrants
PI Financial Corp. 1900- 666 Burrard Street Vancouver, BC	\$52,500	N/A

- (b) Cash **\$52,500** \_\_\_\_\_ .
- (c) Securities **Nil** \_\_\_\_\_ .
- (d) Other **Nil** \_\_\_\_\_ .
- (e) Expiry date of any options, warrants etc. **Nil** \_\_\_\_\_ .
- (f) Exercise price of any options, warrants etc. **Nil** \_\_\_\_\_ .

9. State whether the sales agent, broker, dealer or other person receiving compensation in connection with the placement is Related Person or has any other relationship with the Issuer and provide details of the relationship \_\_\_\_\_

**N/A** \_\_\_\_\_ .

10. Describe any unusual particulars of the transaction (i.e. tax "flow through" shares, etc.).

**N/A** \_\_\_\_\_ .

11. State whether the private placement will result in a change of control.

**No** \_\_\_\_\_ .

12. Where there is a change in the control of the Issuer resulting from the issuance of the private placement shares, indicate the names of the new controlling shareholders.  N/A

13. Each purchaser has been advised of the applicable securities legislation restricted or seasoning period. All certificates for securities issued which are subject to a hold period bear the appropriate legend restricting their transfer until the expiry of the applicable hold period required by National Instrument 45-102. **Yes**

**2. Acquisition**

1. Provide details of the assets to be acquired by the Issuer (including the location of the assets, if applicable). The disclosure should be sufficiently complete to enable a reader to appreciate the significance of the transaction without reference to any other material:  N/A

2. Provide details of the acquisition including the date, parties to and type of agreement (eg: sale, option, license etc.) and relationship to the Issuer. The disclosure should be sufficiently complete to enable a reader to appreciate the significance of the acquisition without reference to any other material:  N/A

3. Provide the following information in relation to the total consideration for the acquisition (including details of all cash, securities or other consideration) and any required work commitments:  N/A

(a) Total aggregate consideration in Canadian dollars: \_\_\_\_\_ .

(b) Cash: \_\_\_\_\_ .

(c) Securities (including options, warrants etc.) and dollar value: \_\_\_\_\_ .

(d) Other: \_\_\_\_\_ .

(e) Expiry date of options, warrants, etc. if any: \_\_\_\_\_ .

(f) Exercise price of options, warrants, etc. if any: \_\_\_\_\_ .

(g) Work commitments: \_\_\_\_\_ .

4. State how the purchase or sale price was determined (e.g. arm's-length negotiation, independent committee of the Board, third party valuation etc).

5. Provide details of any appraisal or valuation of the subject of the acquisition known to management of the Issuer: \_\_\_\_\_

6. The names of parties receiving securities of the Issuer pursuant to the acquisition and the number of securities to be issued are described as follows:

Name of Party (If not an individual, name all insiders of the Party)	Number and Type of Securities to be Issued	Dollar value per Security (CDN\$)	Conversion price (if applicable)	Prospectus Exemption	No. of Securities, directly or indirectly, Owned, Controlled or Directed by Party	Describe relationship to Issuer <sup>(1)</sup>

(1) Indicate if Related Person

7. Details of the steps taken by the Issuer to ensure that the vendor has good title to the assets being acquired: \_\_\_\_\_
8. Provide the following information for any agent's fee, commission, bonus or finder's fee, or other compensation paid or to be paid in connection with the acquisition (including warrants, options, etc.):
- (a) Details of any dealer, agent, broker or other person receiving compensation in connection with the acquisition (name, address. If a corporation, identify persons owning or exercising voting control over 20% or more of the voting shares if known to the Issuer): \_\_\_\_\_
  - (b) Cash \_\_\_\_\_
  - (c) Securities \_\_\_\_\_
  - (d) Other \_\_\_\_\_
  - (e) Expiry date of any options, warrants etc. \_\_\_\_\_
  - (f) Exercise price of any options, warrants etc. \_\_\_\_\_
9. State whether the sales agent, broker or other person receiving compensation in connection with the acquisition is a Related Person or has any other relationship with the Issuer and provide details of the relationship. \_\_\_\_\_
10. If applicable, indicate whether the acquisition is the acquisition of an interest in property contiguous to or otherwise related to any other asset acquired in the last 12 months. \_\_\_\_\_



## Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance on behalf of the Issuer.
2. As of the date hereof there is not material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CSE Policy 1).
4. All of the information in this Form 9 Notice of Issuance of Securities is true.

Dated December 21, 2018.

**Marcelin O'Neill**

\_\_\_\_\_  
Name of Director or Senior Officer

***/s/ "Marcelin O'Neill"***

\_\_\_\_\_  
Signature

**Chief Compliance Officer**

\_\_\_\_\_  
Official Capacity