

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: **RAPID DOSE THERAPEUTICS CORP.** (the "Issuer").

Trading Symbol: **DOSE**

Number of Outstanding Listed Securities: **75,791,327**

Date: **August 6, 2019**

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

On July 16, 2019, the Company announced the signing of a twelve-month distribution agreement with Ukraine Pharma to export QuickStrip™ nutraceutical products to Ukraine and a number of other Eastern European countries, along with the receipt of a US\$2.1 million purchase order.

On July 25, 2019, the Company announced the completion of the last phase of the Managed Strip Services Agreement signed in January 2019 with Flower One Holdings Inc., pursuant to which Flower One was granted Gold Vendor Status to manufacture, distribute and sell RDT's QuickStrip™, an innovative, proprietary delivery technology, for the cannabis market in Nevada, USA.

On July 30, 2019, the Company reported its financial results for the first quarter of fiscal 2020, which ended on May 31, 2019, and provided an operations update.

The Company continues to focus on execution of its business strategy to provide proprietary drug delivery technologies designed to improve patient outcomes.

2. Provide a general overview and discussion of the activities of management.

The Company's management continue to execute on its business strategy.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

N/A

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

N/A

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

Refer to section 1 above.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

N/A

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

N/A

8. Describe the acquisition of new customers or loss of customers.
Refer to sections 1 and 5 above.
9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.
N/A
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.
N/A
11. Report on any labour disputes and resolutions of those disputes if applicable.
N/A
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.
N/A
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.
N/A
14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds⁽¹⁾
N/A	N/A	N/A	N/A

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.
N/A
16. Provide details of any changes in directors, officers or committee members.
N/A
17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.
The Company has licensees in the cannabis business which involves certain risks and uncertainties that may have impact on the Company. Please refer to the "Risk Factors" section of the Listing Statement dated December 12, 2018 which is available on SEDAR at www.sedar.com.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated **August 6, 2019**_____.

IAN FODIE_____
Name of Director or Senior
Officer

Signed "Ian Fodie"_____
Signature
Chief Financial Officer_____
Official Capacity

Issuer Details		For Month End	Date of Report YY/MM/D
Name of Issuer RAPID DOSE THERAPEUTICS CORP.		July 31, 2019	19/08/06
Issuer Address 1121 Walkers Line, Unit 3A			
City/Province/Postal Code Burlington, ON, L7N 2G4		Issuer Fax No. (416) 361-1333	Issuer Telephone No. (416) 477-1052
Contact Name IAN FODIE		Contact Position Chief Financial Officer	Contact Telephone No. (416) 509-6509
Contact Email Address ifodie@rapid-dose.com		Web Site Address www.rapid-dose.com	