

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Orchid Ventures Inc. (the "Issuer").

Trading Symbol: ORCD

Number of Outstanding Listed Securities: 52,437,123

Date: November 2, 2021

Report on Business

1. *Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.*

In 2021, the Issuer has started to gain traction with its new strategy in terms of revenue and has managed to significantly reduce costs, create more internal processes and financial discipline, resulting in improved cash flow and a transition closer to a positive cash flow position. Given these developments the Issuer has decided to leverage the capital markets and raise the necessary funds to accelerate growth and progress its strategic directives. Corporate activities undertaken by the Issuer in October 2021 are outlined below.

2. *Provide a general overview and discussion of the activities of management.*
- Efforts continue to reposition the Issuer, the message and the product offer through increased awareness, intelligence, and analysis of market trends.
 - Social media demographic analysis help increase visibility and tune up the message.
 - The redesigned Puretec website is near completion. The Issuer is reviewing its product offering to focus on specific target groups.

3. *Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.*

Though several new product designs are in consideration, no new product or service offer was developed during the month.

4. *Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.*

There were no new products or services discontinued in October 2021 other than in the ordinary course of business.

5. *Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.*

The issuer entered into no new business relationships, either directly or through its affiliates.

6. *Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.*

The issuer did not terminate any major contracts or agreement or any existing or previously announced financing arrangements during October 2021.

7. *Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.*

There were no acquisitions by the Issuer or dispositions of the Issuer's assets during October 2021 other than as described above.

8. *Describe the acquisition of new customers or loss of customers.*

The Issuer is in various stages of negotiations and expect to acquire several new customers.

9. *Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.*

There were no new developments or effects on intangible products of the Issuer during October 2021.

10. *Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.*

There were no new hiring or termination of employees during October 2021.

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11. *Report on any labour disputes and resolutions of those disputes if applicable.*

There were no labour disputes in October 2021.

12. *Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.*

The Issuer did not become a party to any legal proceedings during October 2021.

13. *Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.*

No new indebtedness was entered into or repaid during October 2021.

14. *Provide details of any securities issued and options or warrants granted.*

The Issuer issued no new securities and granted no new options or warrants during October 2021.

15. *Provide details of any loans to or by Related Persons.*

There were no new loans to or by related parties in October 2021.

16. *Provide details of any changes in directors, officers or committee members.*

There were no changes in directors, officers or committee members in October 2021.

17. *Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.*

No new applicable trends became active or relevant during the month of October 2021.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated 11 / 02 / 2021.

Corey Mangold
Name of Director or Senior
Officer

Signature Corey Mangold

CEO & Chairman
Official Capacity

Issuer Details	For Month End	Date of Report
Name of Issuer Orchid Ventures Inc.	October 2021	November <u>2</u> , 2021
Issuer Address 1998 E Heitman Cir		
City/Province/Postal Code La Center, WA 98629	Issuer Fax No. n/a	Issuer Telephone No. (949) 357-5818
Contact Name Corey Mangold	Contact Position Chief Executive Officer	Contact Telephone No. (949) 357-5818
Contact Email Address corey@orchidessentials.com	Web Site Address www.orchidessentials.com	

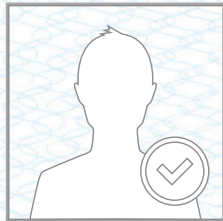
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Signature Certificate

Document Ref.: AMYQU-B6IUC-T2FSK-SUOEC

Document signed by:



Corey Mangold

E-mail:
corey@orchidessentials.com
Signed via link

IP: 174.243.180.37

Date: 02 Nov 2021 22:44:35 UTC



Document completed by all parties on:
02 Nov 2021 22:44:35 UTC

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