

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: BlissCo Cannabis Corp. (the "Issuer").

Trading Symbol: BLIS

Number of Outstanding Listed Securities: 100,594,338

Date: August 5, 2018

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

On July 3, 2018 BlissCo announced the appointment of Matt Breech, CEO of TallGrass to our Advisory Board.

On July 12, 2018 BlissCo announced that it has signed an agreement with GreenSeal Cannabis Company Ltd. (“GreenSeal”), to purchase 1,700 kilos of dried cannabis and 340 kilos of trim in the first two years of the agreement. The agreement has two renewable one-year options.

On July 18, 2018 BlissCo signed an e-commerce and technology services agreement (the “Agreement”) with Namaste Technologies Inc. (“Namaste”) (TSXV: N). The Agreement provides BlissCo with services including access to Namaste’s technology platforms, software integrations and e-commerce services including those powered by Namaste’s e-commerce artificial intelligence (AI) platform, Findify.io. Under the terms of this Agreement, Namaste will leverage its proprietary technology platforms to develop an innovative online marketplace in partnership with BlissCo to enhance BlissCo’s patient experience.

BlissCo has completed a Good Manufacturing Practices (GMP) Gap Assessment. This Gap Assessment brings BlissCo one step closer to earning its EudraLex GMP certification that will allow the company to export to European markets, including the German market, once the Company has also earned its sales license. It is estimated that demand for medical marijuana in Germany could ultimately reach 126,000 kg per year

On July 31, 2018 BlissCo’s ACMPR license was updated to include a Section 56 exemption in the grow rooms which allows the Company to only have one camera in the grow rooms for monitoring which will reduce the extensive video footage stored in the monitoring stations and thus reduce operations costs.

As well, on July 31, BlissCo’s ACMPR license was updated whereby our Shipping Receiving Area was removed from Sub division C which will allow our facility to operate more efficiently.

2. Provide a general overview and discussion of the activities of management.

In July management submitted an application to amend its ACMPR license to include sales to medical patients and was advised by the regulator that the application is in under active review.

In July management replied to one question from the regulator in regard to the Company’s June 2018 application to amend its ACMPR license to include cannabis oil production.

Management oversaw the completion of the outfitting of its cannabis oil production laboratory which will be commissioned in August and prepared the cultivation space for its first harvest in August.

The Company continued to make updates to its facility in advance of its Good Manufacturing Practices GMP facility audit in July for the purpose of earning EU-GMP.

The Company hired a New Business Development Manager.

Management met with strategic Licensed Producer partners across Canada.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production

programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None in July.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

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6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None

8. Describe the acquisition of new customers or loss of customers.

None

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.
None and not applicable.
11. Report on any labour disputes and resolutions of those disputes if applicable.
None
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.
None
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.
None
14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds⁽¹⁾

(1) State aggregate proceeds and intended allocation of proceeds.

- That BlissCo compensates Namaste for services with 210,000 common stock options (the “Options) with a strike price determined as at the date of closing of the Agreement.
- That it has granted 285,000 Options to employees and Consultants, at an exercise price of \$0.38 per Option. Each Option will have an exercise term of up to three (3) years and vesting will be determined by management

15. Provide details of any loans to or by Related Persons.
None
16. Provide details of any changes in directors, officers or committee members.
On July 18, 2018 Blissco announced the following:
- That Namaste Co-Founder, President and CEO, Sean Dollinger, is joining BlissCo's board as a Director.
 - That Praveen Varshney is stepping down as a Director.
 - That BlissCo Controller Sean Ty, CPA, CA, has been appointed Interim CFO and Interim Corporate Secretary.
 - That Rob Kang is stepping down as CFO and Corporate Secretary.
17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.
None

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated August 5, 2018.

Damian Kettlewell
Name of Director or Senior
Officer

"Damian Kettlewell"
Signature

CEO
Official Capacity

<i>Issuer Details</i> Name of Issuer BlissCo Cannabis Corp	For Month End July 2018	Date of Report YY/MM/D 18/08/05
Issuer Address Suite 2050 – 1055 West Georgia Street,		
City/Province/Postal Code Vancouver, BC, V6E 3P3	Issuer Fax No. (604) 682-4768	Issuer Telephone No. ()
Contact Name Sean Ty	Contact Position CFO	Contact Telephone No. (604) 684-2181