FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer:	QNB Met	als Inc.	(the "Issuer").	
Trading Symbol:	TIM			
Number of Outstanding Lis	ted Securities: _	9,299,9	61	
Date: February 4, 2	2023			

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered, nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

QNB Metals Inc. is an exploration and development company focused on creating shareholder value through the strategic acquisition of precious and base metals projects while closing and maintaining key partnerships. The Company is engaged in the business of exploration of the Lac La Chesnaye Property, a mineral property located 11km north of Baie-Comeau, in the province of Québec, Canada. The

property covers a total area of 448 Ha and comprises of 8 claims that are in the process of being granted and one claim that was previously acquired from SiO2 Canada Ltd. These claims are 100% held by the Company.

2. Provide a general overview and discussion of the activities of management.

During January 2023, the Company entered into Option Agreements for acquiring certain properties as follows:

Optioner	Property	Effective date	Interest	Conside	eration
				Shares	Cash (\$)
Slam Exploration Ltd.	Goodwin Lake Property		100%	2400000	250000
	Time since effective date			Shares	Cash (\$)
	5 days			500,000	
	12 months			400,000	30,000
	24 months			400,000	40,000
	36 months			400,000	80,000
	48 months			700,000	100,000
Total				2,400,000	250,000
	North-West Miramichi NI- Cu	31-Jan-23	100%	3,000,000	200,000
	Time since effective date			Shares	Cash (\$)
	on effective date			1,000,000	
	12 months			1,000,000	
	24 months			1,000,000	50,000
	36 months				50,000
	48 months				100,000
Total				3,000,000	200,000

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

N/A

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

N/A

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services,

joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

N/A

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

N/A

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provides details of the relationship.

N/A.

8. Describe the acquisition of new customers or loss of customers.

N/A

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

N/A

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

N/A

11. Report on any labour disputes and resolutions of those disputes if applicable.

N/A

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

N/A

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

N/A

14.	Provide details of	any securities	issued and	options or	warrants granted.
	N/A.				

Security	Number Issued	Details of Issuance	Use of Proceeds (1)

- (1) State aggregate proceeds and intended allocation of proceeds.
- 15. Provide details of any loans to or by Related Persons.

N/A

16. Provide details of any changes in directors, officers or committee members.

N/A

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

N/A

Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated _	February 04, 2023	<u></u> .
		Arnab De Name of Director or Senior
		Officer
		(s) Arnab De
		Signature
		<u>CFO</u>
		Official Capacity

Issuer Details Name of Issuer	For Month End	Date of Report YY/MM/D	
QNB Metals Inc.	January 2023	2023/02/04	
2700-1000 Sherbrooke Street W			
City/Province/Postal Code	Issuer Fax No.	Issuer Telephone No. (514) 619-2400	
Montreal (Quebec) H3A3G4 Canada	N/A	(014) 010 2400	
Contact Name	Contact	Contact Telephone No.	
Arnab De	Position CFO	(514) 619-2400	
Contact Email Address arnabde@canadianmetalsinc.com	Web Site Address N/A		