FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Sproutly Canada Inc. (the "Issuer").

Trading Symbol: SPR

Number of Outstanding Listed Securities: 354,839,292

Date: May 6, 2021

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

(a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.

(b) The term "Issuer" includes the Issuer and any of its subsidiaries.

(c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

   On April 15, 2021, the Issuer announced that, further to its news release dated March 15, 2021, it has closed the second and final tranche of its financing. Under the final tranche of the private placement, the Issuer issued 15,916,037 units of the Issuer (the "Units") at a price of $0.05 per Unit for gross proceeds of approximately $795,802, with each Unit consisting of one

common share and one non-transferable common share purchase warrant. Each warrant entitles the holder to acquire an additional common share at an exercise price of $0.07 for a period of two years from the date of issue. All securities issued in connection with the private placement are subject to a four month and a day transfer restriction from the date of issuance. The placement was completed for the purposes of supporting the Issuer's general working capital. The private placement is subject to the approval of the Canadian Securities Exchange. In connection with the private placement, in consideration for their services, the Issuer paid finder's fees in the amount of $22,500 through the issuance of 450,000 Units on the same terms as described above.

On April 20, 2021, the Issuer announced it executed the definitive agreement (the "Agreement") with CannaHive Inc. ("CannaHive"), consistent with the revised letter of intent that was announced in February of this year. This agreement finalizes the commercial arrangement with CannaHive to produce Cannabis 2.0 products at the Issuer's subsidiary, Toronto Herbal Remedies' ("THR"), licensed facility. The Agreement allows the Issuer to utilize CannaHive's proprietary manufacturing and packaging equipment and intellectual property to manufacture cannabis infused confectionaries, such as gummies and candies, along with their unique cannabis dissolvable powder, at the THR facility.

On April 22, 2021, the Issuer announced that the Company has entered into a fourth supplemental indenture dated April 22, 2021 (the "Fourth Supplemental Indenture") between the Issuer and TSX Trust Company, as trustee, which amends the terms of its convertible debenture indenture dated October 24, 2018 (the "Original Indenture"), as amended by the first supplemental indenture dated April 24, 2020 (the "First Supplemental Indenture") and as further amended by the second supplemental indenture dated July 23, 2020 (the "Second Supplemental Indenture") and as further amended by the third supplemental indenture dated September 23, 2020 (the "Third Supplemental Indenture", and together with the Original Indenture, the First Supplemental Indenture and the Second Supplemental Indenture, the "Indenture") providing for the issuance of 8.0% senior unsecured convertible debentures in the aggregate principal amount of $10,750,000 (the "Debentures").

Pursuant to the Fourth Supplemental Indenture, the Indenture was modified to extend the expiry date by one year, subject to the prior written approval of Debenture holders holding more than 20% of the outstanding Debentures.

As of the date hereof, Debentures in the principal amount of $2,000,000 are currently outstanding and due to mature on April 24, 2021. The Debentures were originally convertible by the holders thereof into common shares of the Issuer at a price of $0.75 per common share. Pursuant to the First Supplement Indenture, the Issuer and the Debenture holders approved an amendment to the conversion price to $0.105 per share. Pursuant to the Second Supplemental Indenture, the Indenture was amended to provide for

certain payments of principal and interest under the Indenture to be settled by the Issuer in cash or common shares of the Issuer. Pursuant to the Third Supplemental Indenture, the Indenture was amended to move the conversion price to $0.06 per share and extend the maturity date by six months to April 24, 2021.

In connection with the execution of the Fourth Supplemental Indenture, the Issuer has extended the maturity date from April 24, 2021 to April 24, 2022.

2. Provide a general overview and discussion of the activities of management. **See point 1 above.**

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law. **None.**

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned. **None.**

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship. **None.**

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced. **None.**

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship. **None.**

8. Describe the acquisition of new customers or loss of customers. **None.**

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks. **None.**

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs. **None.**

11. Report on any labour disputes and resolutions of those disputes if applicable. **None.**

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if

the proceedings are being contested, and the present status of the proceedings. **None.**

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness. **None.**

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds[(1)]
Common Shares	15,916,037	Private Placement	Working Capital
Warrants	15,916,037	Private Placement	N/A
Common Shares	450,000	Private Placement Fees	N/A
Warrants	450,000	Private Placement Fees	N/A

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons. **None.**

16. Provide details of any changes in directors, officers or committee members.

    None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends. **None.**

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: May 6, 2021.

Craig Loverock
Name of Director or Senior Officer

s/ "Craig Loverock"
Signature

Chief Financial Officer
Official Capacity

Issuer Details Sproutly Canada Inc.	For Month End April 30, 2021	Date of Report YY/MM/DD 2021/05/06
Issuer Address 300-100 Homer Street		
City/Province/Postal Code Vancouver/BC/V6B 2Y5	Issuer Fax No. (N/A)	Issuer Telephone No. (778) 945-6868
Contact Name Craig Loverock	Contact Position CFO	Contact Telephone No. 647-984-1244
Contact Email Address Craig.loverock@sproutly.ca	Web Site Address www.sproutly.ca	