FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Lowell Farms Inc. (the "Issuer").

Trading Symbol: LOWL

Number of Outstanding Listed Securities:

100,613,094 Subordinate Voting Shares that are listed and trading. In addition, there are 11,412,862 Subordinate Voting Shares reserved for issuance pursuant to the conversion rights attached to the other classes of equity shares that are issued and outstanding but not listed. The total number of issued shares assuming all are converted into the listed class would be 112,025,956.

Date: October 6, 2022

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

Lowell Farms Inc. ("Lowell") is a vertically-integrated cannabis company with multi-state operations in cultivation, manufacturing and distribution. Indus offers an extensive portfolio of award-winning brands and provides services supporting every step of the supply chain. Established in 2014 as Indus Holding Company, Lowell employs, including a temporary workforce,

approximately 380 people and is headquartered in Salinas, CA. With a continued focus on brand and intellectual property development, Indus will continue to execute strategic acquisitions to create shareholder wealth and expand its footprint nationally. Effective March 5, 2021, Lowell Farms Inc. changed its name from Indus Holdings, Inc. to Lowell Farms Inc.

2. Provide a general overview and discussion of the activities of management.

During September 2022, the Issuer continued to operate in the ordinary course and is actively managing and focusing on the activities discussed in Item 1. Local limitations associated with the Covid-19 pandemic have had a small to moderate impact on operations as the issuer and its customers operate in the current environment. Most limitations were lifted in mid-June and operations are returning to a pre-pandemic environment.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

N/A

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

N/A

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

N/A

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

N/A

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

N/A

8. Describe the acquisition of new customers or loss of customers.

N/A

 Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

N/A

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

The Issuer had approximately 1 new hire and 6 terminations in September.

11. Report on any labour disputes and resolutions of those disputes if applicable.

N/A

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

N/A

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

In August 2022, Lowell Farms Inc. (the "Company") and Indus Holdings Company ("Indus"), a wholly-owned subsidiary of the Company, sold US \$6.6 million in convertible debentures maturing on October 13, 2023 ("Debentures") and warrants. In September 2022, an additional \$0.1 million in convertible debentures were sold. Each purchaser of a Debenture received, for no additional consideration, a warrant (a "Company Warrant") to purchase subordinate voting shares of the Company ("Shares") and a warrant (an "Indus Warrant"; the Company Warrants and the Indus Warrants together, the "Warrants") for the purchase nonvoting shares of Indus ("Indus Shares"). The Debentures sold are convertible into an aggregate of 28,832,300 Shares and the Company Warrants sold are exercisable for an aggregate of 72,080,750 Shares.

Taken together with the sale of Debentures and Warrants reported in the Company's Current Reports on Form 8K filed with the US Securities and Exchange Commission on August 19, 2022 (the "August 19 8K") and August 26, 2022. Reference is made to the August 19 8K for additional material terms of the Debentures and Warrants.

Proceeds from the sale of the Debentures and Warrants are contemplated to be used for working capital purposes, automation investments and expansion into new markets.

14. Provide details of any securities issued and options or warrants granted.

N/A

15. Provide details of any loans to or by Related Persons.

N/A

16. Provide details of any changes in directors, officers or committee members.

N/A

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

Trends and risks which may impact the Issuer are detailed in the Issuer's Annual Information Form dated November 9, 2020 and updated on the Issuer's Form S-1 registration statement filed with the US Securities and Exchange Commission on October 22, 2021 and Annual Report on Form 10-K filed with the IS Securities and Exchange Commission on March 31, 2022. Consistent with all businesses, the COVID-19 outbreak has required modification to certain of the Issuer's operating practices; however the impact, to date, has been reduced as the Issuer's business has been identified as an exempt business where its operations are located. Additionally, in June 2021 California lifted most pandemic-related restrictions and operations are returning to prepandemic conditions. Certain of the Issuer's customers have altered operating procedures as a result of the outbreak and the impact of such changes is being monitored by the Issuer. The Issuer may face disruptions to operations and supply chain delays as a result of the COVID-19 outbreak. There can be no assurance that the Issuer's personnel will not be impacted by COVID-19 and ultimately that the Issuer would see its workforce productivity reduced or incur increased medical costs/insurance premiums as a result of these health risks. The Issuer will continue to monitor the situation and take measures that alter its business operations as may be required by federal, state or local authorities and/or that the Issuer deems are in the best interests of its employees, customers, partners, suppliers, shareholders and stakeholders.

Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: October 6, 2022

Mark Ainsworth
Name of Director or Senior Officer
/s/ Mark Ainsworth
Signature
Chief Executive Officer
Official Capacity

Issuer Details Name of Issuer Lowell Farms Inc.	For Month End September 30, 2022	Date of Report October 6, 2022
Issuer Address 19 Quail Run Circle		
City/Province/Postal Code Salinas, CA	Issuer Fax No.	Issuer Telephone No. (831) 998-8214
Contact Name Steve Neil	Contact Position SVP - Finance	Contact Telephone No. 831-998-8214
Contact Email Address steve@lowellfarms.com	Web Site Address lowellfarms.com	