

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Manning Ventures Inc. (the "Issuer").

Trading Symbol: MANN

Number of Outstanding Listed Securities: 18,000,000

Date: December 5, 2019

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

- 1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.
Manning is a British Columbia based company involved in the acquisition and exploration of copper-gold porphyry mineral properties, with a focus in Canada.
- 2. Provide a general overview and discussion of the activities of management.

Please see item 1.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

N/A

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

The Company entered into an amending agreement dated November 1st, 2019 (the "Amending Agreement") to amend the terms of the option agreement dated September 26, 2018 (the "Original Option Agreement") between the Company and Metals Creek Resources Corp. ("MEK"), pursuant to which the Company has the option to acquire a 75% interest in MEK's Squid East Property located in the northwest extension of the White Gold District, Yukon (the "Property").

In order to exercise the option, Manning must spend a total of \$1,150,000 on exploration of the Property, issue a total of 1,200,000 common shares of the Company to MEK, and make a total of \$65,000 in cash payments to MEK. Manning must also make annual advance minimum royalty ("AAMR") payments of \$100,000 each to MEK. The Amending Agreement amends the timing of these option exercise requirements and the AAMR payments, as follows:

	Original Option Agreement	Amending Agreement
Exploration Expenditures	<ol style="list-style-type: none">1. \$50,000 by December 31, 20192. \$100,000 between January 1, 2020 and December 20203. \$300,000 between January 1, 2021 and December 31, 20214. \$700,000 between January 1, 2022 and December 31, 2022	<ol style="list-style-type: none">1. \$50,000 by December 31, 20202. \$100,000 between January 1, 2021 and December 20213. \$300,000 between January 1, 2022 and December 31, 20224. \$700,000 between January 1, 2023 and December 31, 2023
Share Issuances	<ol style="list-style-type: none">1. 600,000 common shares on or before the Company's listing date2. 300,000 common shares on or before December 31, 20193. 300,000 common shares on or before December 31, 2020	<ol style="list-style-type: none">1. 600,000 common shares on or before the Company's listing date2. 600,000 common shares on or before December 31, 2020
Cash Payments	<ol style="list-style-type: none">1. \$35,000 on or before the Company's listing date2. \$15,000 on or before December 31, 2019	<ol style="list-style-type: none">1. \$35,000 on or before the Company's listing date2. \$30,000 on or before December 31, 2020

	3. \$15,000 on or before December 31, 2020	
AAMR Payments	\$100,000 beginning on May 31, 2020 and annually thereafter	\$100,000 beginning on May 31, 2021 and annually thereafter

The terms of the Original Option Agreement are disclosed in the Company's prospectus dated August 30, 2019.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

N/A

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

N/A

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

See item 4 above.

8. Describe the acquisition of new customers or loss of customers.

N/A

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

N/A

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

N/A

11. Report on any labour disputes and resolutions of those disputes if applicable.

N/A

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal

parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

N/A

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

N/A

14. Provide details of any securities issued and options or warrants granted.

N/A

Security	Number Issued	Details of Issuance	Use of Proceeds⁽¹⁾

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

N/A

16. Provide details of any changes in directors, officers or committee members.

N/A

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

N/A

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated December 5, 2019.

Zula Kropivnitski
Name of Director or Senior
Officer

"Zula Kropivnitski"
Signature
Chief Financial Officer
Official Capacity

Issuer Details Name of Issuer MANNING VENTURES INC.	For Month End November, 2019	Date of Report YY/MM/D 19/12/05
Issuer Address Suite 303, 750 West Pender Street		
City/Province/Postal Code Vancouver, B.C. V6C 2T7	Issuer Fax No. (604)681-0094	Issuer Telephone No. (604)681-0084
Contact Name Zula Kropivnitski	Contact Position Chief Financial Officer	Contact Telephone No. 604-681-0084
Contact Email Address zkropivnitski@preaknessgroup.com	Web Site Address	